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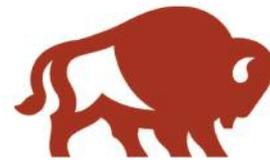
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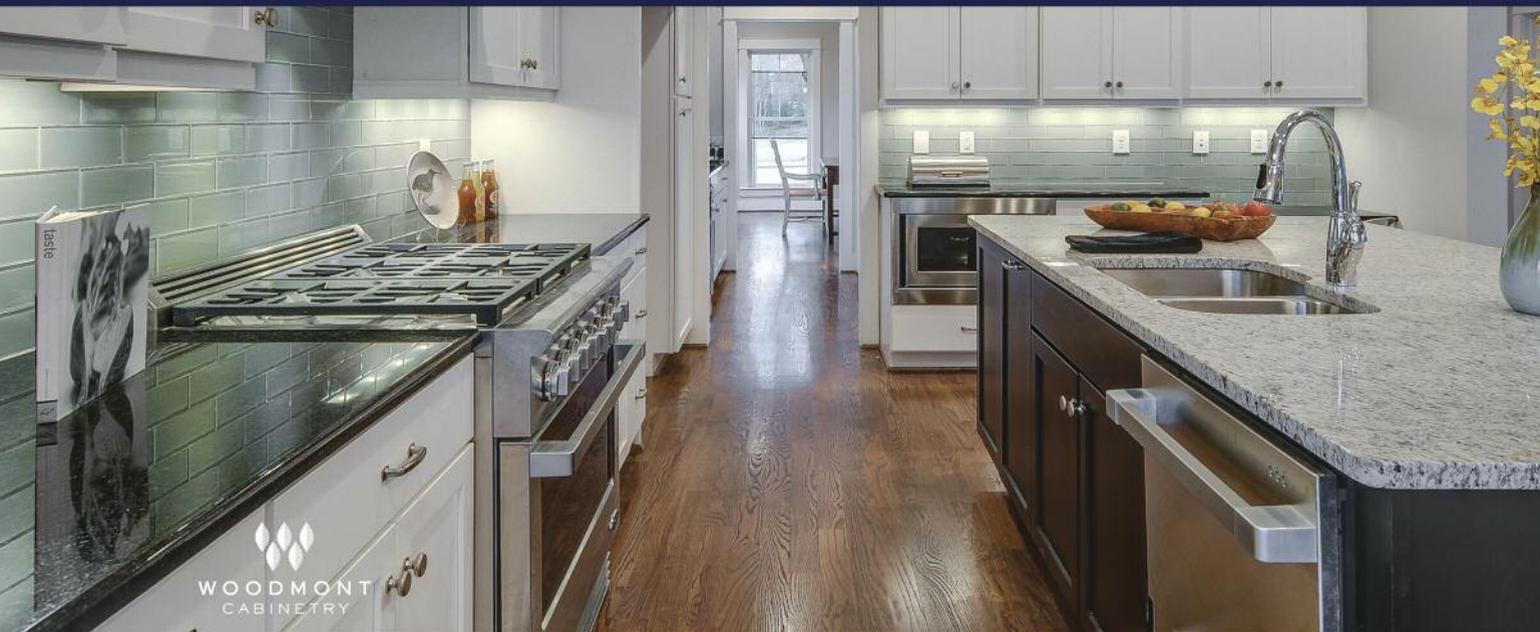


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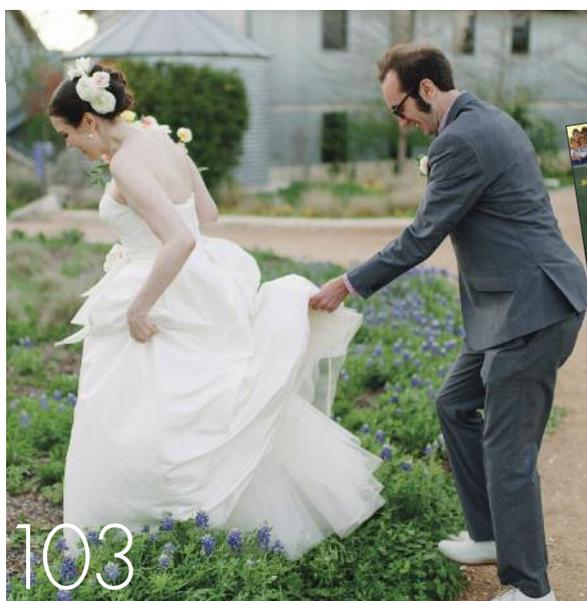
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20 UP FRONT

Friendship has always been part of human communities, but in our busy lives and mobile society it's not easy to keep friendships alive. Here are three stories of women who have made the effort to build and sustain lasting friendships.

26 PROFILE

Kay Scroggins manages a crucial link between the invention of a new drug or medical device and the patients who may someday benefit from them. She has been successfully running Clinical Trials of Texas, one of the largest independent clinical studies sites in the U.S. right here in San Antonio. We meet up with her to find out more about her life journey to this point and making a difference in people's lives.

78 WOMEN IN BUSINESS

Five women attorneys believe passion for the law keeps them serving clients at their highest level. Representing the areas of estate planning, probate, criminal defense, real estate and family law, these powerhouse women recall the moments they received affirmation for their career choice and how their passion fuels a love for law and justice.

103 HILL COUNTRY GUIDE

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PHOTOGRAPHY BY MARIE LANGMORE

FROM THE EDITOR

Nicole Greenberg, Editor
San Antonio Woman

Hello and welcome to the July/August issue of SAN ANTONIO WOMAN.

In this issue we visit with extraordinary San Antonio women who share their perspectives on the life they have led and how finding the freedom to be themselves meant listening to their heart, while also leaning on others. For most, the path was not a straight line, but a circuitous one filled with friends and family providing support.

We begin with our Upfront feature about female friendships — the unique bonds women share with each other. For one pair, their friendships began in childhood. For two other groups of women, their friendships began as adults meeting through gatherings or organizations. We come away enlightened about the unique qualities that define and keep friendships among women thriving.

Our Profile is Kay Scroggins, CEO of Clinical Trials of Texas. Kay found a perfect match in this arena because she truly cares so much about people. In our visits with her she shares her joy about the important work her organization does as well as her collaboration with those she leads on a daily basis. Scroggins' self-starter attitude and her passion for doing something she deeply cares about emerged in her youth and endures in all areas of her life today. We are so lucky to have her here in the Alamo city making a difference in our world.

Of course, finding leaders with passion is our strong suit here at SAN ANTONIO WOMAN. We follow Kay Scroggins' story by introducing you to five women attorneys who hail from various specialties to talk about how they began their careers in law and how their passion drives them every single day.

We also meet three extraordinary people who are living today's headlines regarding the recent upswing in drug addiction that is afflicting so many nationally as well as here at home in San Antonio. Their courage to free themselves of their addiction, through the support of family, friends and organizations like Pay It Forward Ministries, is a journey they share with us in our Health story. It truly is a must read.

Of course, finding freedom as an adult to be ourselves begins with those first steps of independence we take in our youth, like when we earned our drivers license. So many of us could not wait until our 16th birthday arrived and our DMV appointment was part of that special day's ritual. Many of today's teens are delaying this milestone and our Mommy Matters article examines the reasons why. And if your kids are beyond that stage, perhaps planning their next milestone — their wedding, check out our Hill Country Guide story for tips and ideas for making that wedding day a beautiful one in the Hill Country.

And peruse our 2016 San Antonio Woman Lawyers and San Antonio Private Schools directories. You can find helpful information in the pages that follow and online. We also share with you a powerful special section for Texas Organ Sharing Alliance. The stories in this section spotlight the alliance's extraordinary mission, recent accomplishments and how it is truly a lifeline for so many.

Thank you for taking us on your travels, as your beach read or as you settle in to a relaxing evening at home. We truly appreciate the wonderful feedback we receive on Facebook, Instagram and Twitter. We are continuously posting happenings, moments and queries that you may see pop up in our editorial. Keep your comments coming. It's great to hear from friends like you.

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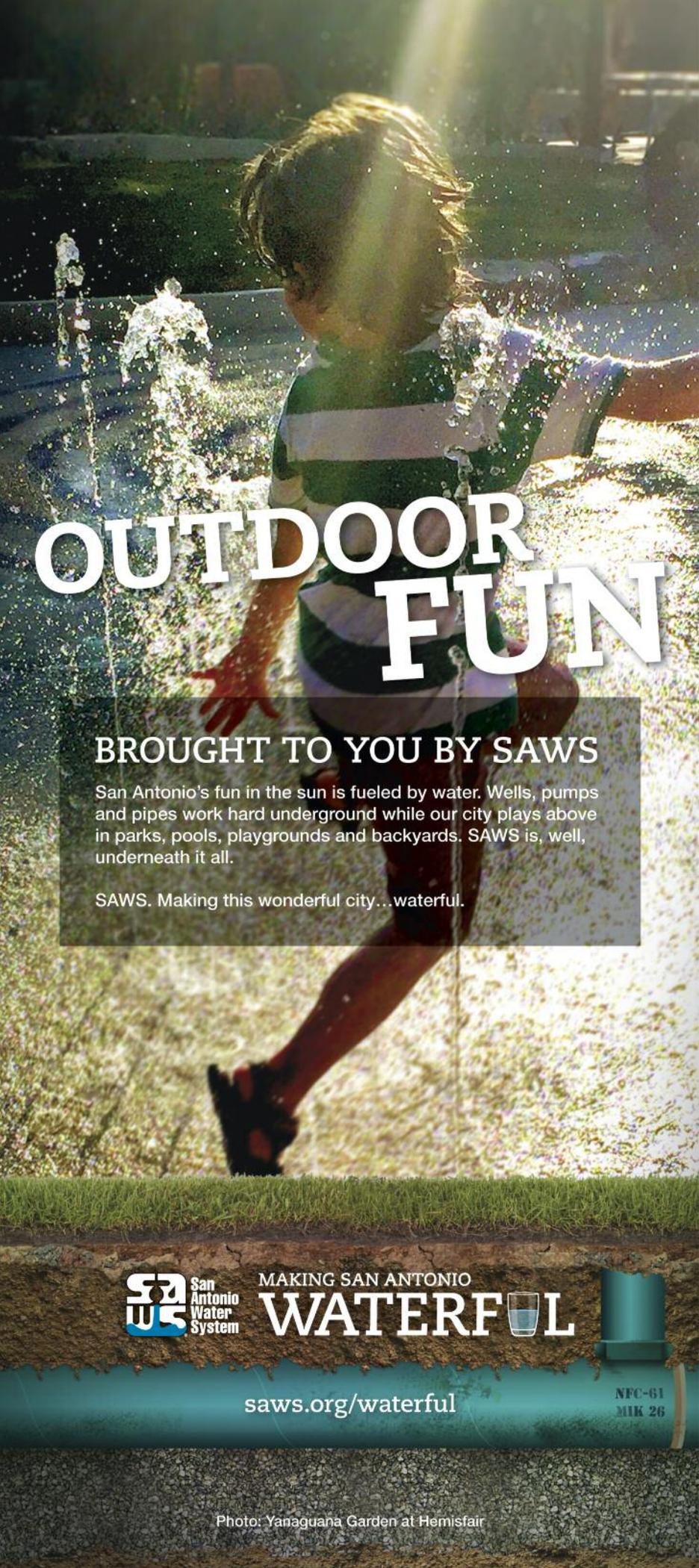




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Photo: Yanaguana Garden at Hemisfair



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JANIS TURK

Janis Turk likes to say her middle name is "Go," as this award-winning travel writer and photographer is forever cruising through customs, en route to adventure. Appearing on the CNN airport network as a travel expert, seeing penguins at Cape Horn from a Zodiac boat, climbing China's Great Wall, and running with the bulls in Pamplona, Turk vagabonds around the globe and then returns home to write about it all. For SAN ANTONIO WOMAN, Turk writes Travel and Hill Country Guide features, then says "Get ready, set, go!" and is gone again, up in the air... in her element.



PAMELA LUTRELL

Pamela Lutrell has loved writing since fifth grade, and is now a full time member of the Pixelworks Publications team. She graduated from the University of Texas in Austin with a journalism degree; worked in marketing after college; and is an award winning high school journalism educator including a Lone Star Award from the Houston Press Club. Presently, she is serving as a writer and online editor for www.sawomanconnect.com, a relaunched site for local businesswomen. Pamela is a speaker and professional blogger for women over 50. But, her first priorities are as a wife to her husband, mother to three adult children, and "Gigi" to her grandchildren.

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Check out the stories and the extraordinary women making it all happen in the current issue of SAN ANTONIO WOMAN.

And if you miss an issue, our website features profiles published throughout our 13 year history — that's more than 80 issues!



THIS ISSUE

Kay Scroggins, CEO of Clinical Trials of Texas, shares her joy about the important work she does and the people with whom she collaborates.

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GO FOR THE GOLD

The summer Olympics kick off August 5 in Rio de Janeiro, Brazil. We can't wait to see champions pursue their dreams.



GET BACK TO SCHOOL

Tax-free weekend is August 5-7. Time to get your kids ready for the upcoming school year and perhaps a little something you've been swooning over.



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Congratulations Saint Mary's Hall Class of 2016!

On May 27, a total of 100 graduates from the Class of 2016 came together on the Saint Mary's Hall campus to take part in the school's 135th Commencement Ceremony.

This year's graduates will attend more than 50 different colleges and universities in 20 states, and the group earned nearly \$8 million dollars in merit scholarships. The class of 2016 also includes two National Merit Scholars, 18 National Merit Commended Scholars, nine National Merit Scholarship Finalists (more than any other school in San Antonio, public or private), and 10 student-athletes who will play a sport at the collegiate level.



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BY JASMINA WELLINGHOFF

Friendship has always been part of human communities, but in our busy lives and mobile society it's not easy to keep friendships alive. Yet both social and neuro-medical scientists increasingly confirm the benefits of social engagement for our health, well-being and even longevity. Here are three stories of women who have made the effort to build and sustain lasting friendships that expand their happiness and enrich their lives.

*"She is my
soulmate."*

Margaret Mitchell

*"She let me love her two
babies and that sure
helped fill a void in my
life. Thanks to Margaret,
I didn't feel like I was
pushed aside because
I didn't have a child."*

Jackie Meyer



Friends since childhood, Jackie Meyer (left) and Margaret Mitchell, continue to live on the same street they grew up on, within walking distance from one another.

PHOTOGRAPHY BY JESSICA GIESEY

Intertwined lives

Jackie Meyer and Margaret Mitchell grew up on the same San Antonio street, two blocks apart from each other. There was never a time that they did not know each other, and yet, oddly, they did not become really close until their college years. Though Margaret, who is two years younger, attended Texas A&M while Jackie studied at UT Austin, the young women found themselves attending the same parties and hanging out with the same circle of people during their visits home. "Our lives became intertwined," says Jackie, and the ties increasingly included the young men who would become their husbands.

Today, the two friends continue to live on the same street they grew up on, within walking distance from each other. Since those carefree college years, they have been there for each other throughout the decades. As newlyweds, they both taught school for a short time, with Jackie helping Margaret to get a job at her school. When Margaret quit to have her first baby, Jackie quit, too, "to keep her company." Margaret then proceeded to have another child while Jackie suffered three miscarriages. "She let me love her two babies and that sure helped fill a void in my life. Everybody was having babies, but thanks to Margaret I didn't feel like I was pushed aside because I didn't have a child," says Jackie, still grateful so many years later. She eventually adopted a little girl and all the kids grew up together, moving from one household to the other as if they belonged both places. Margaret eventually had two more kids and for years, the two families gathered every Friday night

to share dinner and togetherness. The two friends' memories include a lot of moving stories about mutual support in family crises — visits to ER, cancer scares and dying parents.

Beyond family, the women have shared almost everything else in life. They attend the same Bible study at Alamo Heights United Methodist Church, go to the same exercise class, belong to the same organizations, and with their husbands, have traveled together, now that their children are grown. They call each other or text every day, consulting each other on most issues, from trivial to grave. "She is my soulmate," says Margaret.

"Husbands don't always want to talk," she continues. "When we have a situation [that needs discussing] Jackie and I will go over it fifty different ways. Our husbands can handle maybe two ways. Also, sometimes you just need someone to listen to you, not to tell you what to do." Perhaps concerned that these comments may reflect negatively on their spouses, Jackie quickly adds that both have "great husbands" who are also mutual friends.

The women are good for each other in other ways, too. "I have a bit of an Irish temper and she always calms me down," observes Margaret. "And she has this saying from her mother that I love: Don't trouble trouble until trouble troubles you. Isn't that a great saying?" What Jackie especially appreciates is her friend's ability to tell her the unwelcome truth in a loving way. "My husband can tell me something and make me

mad. She can tell me the same thing, and I am fine with it. It's the way she talks to me."

Intertwined as they are, however, the two love to interact with a wider circle of people. "We are not exclusive," notes Jackie, "we embrace other friends. We are attracted to other fun and crazy people (laughs). We like to have fun and laugh. We can have fun shopping or eating lunch, or doing something else; it doesn't matter what it is as long as we are together."

So, what was the most fun thing they ever did?

There were so many, says Jackie, then narrows her choice to the time when Margaret's husband was King Antonio (during Fiesta 2009) and describes it "as a blast." But Margaret surprises us both by saying: "The day they brought her daughter home. We threw a party to welcome the baby."

Many people would envy the closeness and mutual support these two have had for decades. Do they have any advice on how to forgive and nurture long-lasting relationships? Both talk for a while about reaching out to others, being helpful to people, participating in activities, etc. — all valid points — but Margaret sums it up best, perhaps, when she says, "You have to make time for friendship."

Always there for each other

They no longer live in the same city, but the group of women Beverly Watts Davis has summoned to the Ella Austin Community Center on a Saturday afternoon in early June all say they have come simply because she asked them to. That's the kind of mutual commitment they have. But they also like the idea of talking about their friendship that has been a source of support, love and fun for many years. Though most are originally from San Antonio, life has since taken them in different directions. Within eight years of their college graduation, they all got married, many moved away, started families and focused on careers. Then one of them, Bennie Hilliard Brown — whom Houston-based securities lawyer Yava Scott calls "the core of the apple" — suggested that to maintain their friendship it would be good to get together every summer for a weekend of camaraderie, eventually dubbed "The Girls' Weekend." They have been doing it ever since. In the early years, when they used to meet in each other's homes, it wasn't unusual for the husbands to leave the home and spend the weekend at a hotel. "No men allowed" is still the rule. "We predate our husbands," explains Cynthia Clanton, who works for the Department of the Treasury. To which Beverly adds, "We may not always have husbands, but we will always have us."

Just listening to them talk is heartwarming. It's clear that they share a special bond, forged and tested not only by time but also by all sorts of life experiences, from happy milestones they joyfully celebrated together, to disappointments, heartaches, and even deaths. Three of their

"The day I found out my sister passed, someone called Yava. Within a day, she mobilized everyone; the military could not have done it better."

Beverly Watts Davis

"No men allowed... we predate our husbands."

Cynthia Clanton

"What's good about having a group is that you can talk it over with a third person who may give you another perspective, which then helps you overcome the situation."

Yvonne Horne Clemons

members have died, including most recently Beverly's sister, who perished in a house fire. Tears mist the eyes of several women as they speak of her. She had organized this summer's cruise for "The Girls' Weekend" and it will be a bittersweet experience to go without her.

"The day I found out that my sister passed, someone called Yava. Within a day, she mobilized everyone; the military could not have done it better," said Beverly, describing how several group members cleaned her house and stayed with her while Rev. Trudy Huff, a member from Bellaire, TX, prayed for her. "I was in shock [at the time]. Their presence and concern are truly what got me through those days and gave me the strength to keep moving." All seem to have similar stories to share. Yolanda Miller, deputy purchasing officer for the City of Austin, recalls how Trudy stayed with her for a month when she had her first child as a single woman. Then three others came to help. One of them, teacher Yvonne Horne Clemons, became the baby's godmother.

They also feel they have created a mentoring milieu for each other. "You can't get that at work," observes Yolanda. "We help each other to make good decisions." Adds Beverly, "This peer group has shaped how I make decisions. If I messed up, I would have to reckon with them. They would not let me slide. Knowing that has been like wind under my wings."



The longtime friends get together at Ella Austin Community Center to talk about their enduring friendships and to finalize plans for their annual girls' weekend getaway. From left: Rev. Trudy Huff, Cynthia Clanton, Beverly Watts Davis, Yolanda Miller, Yava Scott, and Yvonne Horne Clemons.

PHOTOGRAPHY BY JESSICA GIESEY

Common cause

As a group, they once took part in one of those team-building exercises where you have to depend on each other to overcome difficult physical challenges, like climbing a steep wall or using a rope bridge to cross a creek. They all made it. "We accomplished it as a team," notes vivacious Yolanda. Because they work so well together, they have no desire to bring new people into their circle. It would disrupt the familiar group dynamic. Cynthia even refuses to include her own sister.

How do they deal with disagreements and hurt feelings that must occur from time to time, I ask. The responses vary. "We must get over hurts because we want to go to 'The Girls' Weekend,'" quips Yolanda, while Trudy says softly, "I just cry." Yvonne has another take on the issue. "What's good about having a group," she explains, "is that you can talk it over with a third person who may give you another perspective on the issue, which then helps you overcome the situation." They also agreed that loyalty to each other is a big factor.

At present, several are divorced and their children have left the nest. Yet they have no worries about loneliness. "I'll be honest with you," says Beverly, "The fact that I have these friends makes living as a single woman less of a factor in my life. I don't feel like I need to be married. My friends have played a major role in making me feel complete."

Sometimes joining an organization can be a great way to make friends. Sharon O'Malley Burg and Cynthia Schluter are members of Impact San Antonio, a group that pools its monies to award grants to non-profit agencies in the greater San Antonio area. They met for the first time in a home of another member, then found themselves working together on a committee that reviews the organization's grants to educational nonprofits. "In that context you get a lot of opportunity to get to know someone," says Sharon, who runs her own management consulting business. "We spent a lot of time together. Then we became co-chairs of another committee and..." But before she can finish, Cynthia jumps in with, "Then we basically moved in with each other!" Everyone laughs while Sharon gets to finish her thought: "It became truly a partnership."

Though the necessary organizational work gets handled, the committee members also bond on a personal level. Cynthia recalls a meeting during which the five participants ended up sharing joys and sorrows of their lives. One woman revealed that she had recently lost her husband and another, who had been a widow for a while, offered sympathy and advice based on her own experience. These kinds of conversations in a safe environment create ties that bind, she points out.

While Sharon and Cynthia's friendship started and grew thanks to

"You feel like you are in a camp, that we all collectively accomplished this cool thing."

Cynthia Schluter



The joy of working together on projects they believe in is uplifting for these friends who met through volunteering for Impact San Antonio. From left: Sharon, O'Malley Burg, Sylvia Samano, Kathy Hassenger, and Cynthia Schluter.

PHOTOGRAPHY MARTIN WEDDY OF RAVEN STUDIOS

Impact SA, former teacher Kathy Hassenger actually decided to join the organization because her good friend Sylvia Samano asked her to. Though raised in San Antonio, both women spent many years away from their native city but kept in touch. What's more, Sylvia introduced Kathy to her second husband, who happens to be Sylvia's brother-in-law. A former AT&T executive, Sylvia herself joined at the invitation of a friend and after nearly 40 years away, was delighted to meet local people. Presently, Impact SA has 451 members, from all walks of life. "We are very diverse," she says. "I met so many women whom I wouldn't have met in any other way, from different parts of the city, different ages, backgrounds, occupations." Sharon had a similar experience. When her husband retired from the military and the family relocated to San Antonio, she hardly knew anyone here. Thanks to some other volunteer engagements, she found her way to Impact SA, which she says "put (her) in the epicenter of the community."

Working together on projects they all believe in tends to be uplifting as well. The Impact women are in the organization because they care for the well-being of the community, so when they finalize a project successfully, "you feel like you are in camp, that we all collectively accomplished this cool thing," observes Cynthia. The friendships forged along the way are for life, she adds.

While friendship expresses itself in a myriad of ways, for Kathy the most important thing is knowing that a true friend will always be there for you. Cynthia mentions honesty while Sharon brings up the benefits of two people complementing each other. "Cynthia loves details and I

tend to look at a big picture. I really appreciate what she brings to the relationship; we complement each other. And trust is also essential," she comments. All agree that women are probably better at this friendship business than men.

Then I introduce a difficult question, inspired by something author Barbara Bradley Hagerty wrote about in her book *Life Reimagined*. Should you have to undergo a challenging medical procedure, would you rather have your husband present or your friend? After a short silence, Kathy offers an interesting answer: "I would want my husband there but I think I would get more support from my best friend." To which Cynthia quips: "My husband doesn't do medical stuff well!"

There's a lot of laughter around the table during our conversation as memories of fun activities and outings both in and outside of the organization are shared as well. Clearly, these ladies love Impact SA. But then, the talk shifts to lonely, friendless people and why some women have a hard time making friends. "They are fearful and insecure, so it's hard for them to open up because by opening up you make yourself vulnerable in some ways," says Cynthia. Sharon amplifies the discussion by observing that women often see each other as competitors which prevents them from extending a helpful hand to one another. Referring to her experiences in the IT field back in the mid-80s, she tells us that there were so few women in IT at that time, that they rallied together rather than go against each other. "There is plenty of room for all of us to be successful," says Sharon with conviction. "We should serve as role models for other women and mentor each other."

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Kay Scroggins, a nurse by training, is CEO of Clinical Trials of Texas.

MAKING A DIFFERENCE

KAY SCROGGINS' COMPANY TESTS MEDICAL THERAPIES FOR SAFETY AND EFFECTIVENESS

BY JASMINA WELLINGHOFF

PHOTOGRAPHY BY JESSICA GIESEY

In 2015, Kay Scroggins was one of only five CEOs to receive the inaugural C-Suite Award from the *San Antonio Business Journal* in the category of small/midsize businesses. No one was surprised. Since 2001, Scroggins has been successfully running Clinical Trials of Texas, one of the largest independent clinical studies sites in the U.S., which has participated in nearly 1,000 trials. Clinical trials are a crucial link between the invention of a new drug — or medical device — and the patients who may someday benefit from these inventions.

When I arrive at the Tower II medical building on Floyd Curl Drive to interview Scroggins, she first takes me on a tour of the large facility that occupies 2 ½ floors of the edifice. We walk by exam rooms, data rooms, labs, offices, a climate control drug storage room, a call center (for the recruitment of study participants), an infusion studies facility and even dorms for patients who have to stay overnight — it seems to go on and on. Eighty studies are in progress right now, including research on therapies for diabetes, Alzheimer's, depression,

“ I feel like we are making a difference for the future treatments for many diseases, and we are employing people, helping them to support their families. This last part has become so important to me. ”

— Kay Scroggins

ADHD, sexually transmitted diseases and various dermatological conditions.

In the area of diabetes, CTT is testing new drug delivery systems and blood sugar monitoring devices called wearables. The specific one they are looking at is a quarter-size glucose sensor that patients wear on the arm to continuously monitor their blood glucose levels. “One day, there will be no need to prick your finger to test your blood,” explains the CEO, who is a nurse by training. “Several companies make these devices already, but this one is smaller and hopefully better. Wearables will be huge in this industry.” Another study is testing an under-the-skin implantable device that releases medication for months before it needs replacing, and yet another is following the effects of a non-insulin drug for type I diabetes.

Though diabetes is widespread in San Antonio and all over the U.S., the disease that Scroggins sees as the gravest threat at this time is Alzheimer’s. “One in nine people older than 65 gets Alzheimer’s, and that becomes one in three at age 80,” she says. “At present, no one gets well, and no one gets better. It’s only going to get worse if we don’t crack the nut.” Since studies have shown that the disease starts 10-15 years before symptoms appear, some research is focusing on how to prevent the buildup of the beta-amyloid plaque in the brain that eventually destroys brain cells and their ability to communicate. Dr. Harry Croft, a psychiatrist who is in charge of the studies, explains that certain compounds, called monoclonal antibodies, have been found to target the protein precursors of beta-amyloid and thus prevent the formation of toxic plaque. So one study is collecting data on how that process develops by following brain activity via MRI and PET scans. “These are expensive and time-consuming trials, but Kay insisted we do them,” says the doctor. Meanwhile, more modest projects look for treatments that will help patients and their caregivers manage their lives better. Both Dr. Croft and Scroggins point out that the government spends a lot more money on cancer and heart research than on Alzheimer’s, even though the incidence of the former two is declining while Alzheimer’s is on the rise.

Dr. Croft is one of 30 physicians who are partnering with CTT as supervisors of studies in their specialties. CTT also has a full-time medical director on staff, Dr. Douglas Denham.



The people with whom Kay surrounds herself at home and at work are very important to her. Here she is pictured with sons Rick Greenfield (left) and Luke Scroggins, and granddaughter, Harmony Greenfield.

Volunteers are always needed

A challenge for all clinical trials is to find enough willing volunteers to take part in them, and CTT is no exception. The company employs a range of tactics to recruit participants, who receive free care as well as compensation for expenses. Scroggins emphasizes that the participants not only gain access to medications that may not be available to the general public for years, but that they also get a battery of exams and tests that could be cost-prohibitive otherwise. All are being monitored throughout the process, and the staff is always ready to answer their phone calls. “The volunteers are medical heroes,” she notes. “One man in the Alzheimer’s study said, ‘I just may be the cure for Alzheimer’s. Even if this doesn’t help me, it may help others in the future.’ We are always looking for more volunteers.”

Considered somewhat of an innovator in the field of clinical studies, Scroggins adopted a novel model of operation. In the past, most clinical studies were done in academic settings or doctors’ offices. Now, companies like hers are the link between the pharmaceutical manufacturers that develop the drugs (“sponsors” in industry parlance) and the physi-



cians, a link that provides a research site, recruiting and data handling expertise. Needless to say, it's a highly regulated industry, where quality control and quality assurance are essential. Scroggins is proud that sponsors can always rely on CTT data when they submit the results to the FDA for approval.

For her personally, the work is deeply satisfying: "I feel like we are making a difference for the future treatments for many diseases, and we are employing people, helping them to support their families. This last part has become so important to me."

Voted Top Workplace

As a young girl growing up in an oil-field town near Big Spring, young Kay loved basketball and hoped to someday become a coach. But then her father committed suicide when she was 11, and life changed overnight. A few years later she dropped out of high school to get married and have a child. Fortunately, after her daughter was born, the young mother earned her GED, went to college and later to nursing school. "I loved science and learning," she says. "Nursing is both scientific and helpful to people. You can do so much with a nursing degree."

“I am very open with the team regarding where we are as a company, and I also listen to their input and concerns. In addition, we believe that family comes first. It's important to take time to attend children's and family events (even during work hours). And we have excellent benefits.”

— Kay Scroggins

Her first jobs were with the Scott and White Memorial Hospital in Temple, including a year as a research assistant in nursing education. In 1986, the family — which by that time consisted of her second husband and two more children — moved to San Antonio, where her career took off, increasingly gravitating toward clinical research. She eventually became the director of clinical research at Preventive & Diagnostic Medicine, before launching CTT with herself as the sole employee.

Today, the company employs 60 people and has been named one of the Top Workplaces in San Antonio by the *Express-News* four times in a row. “That was so gratifying,” says the CEO in her rather understated way. “It reflects our core values. I am very open with the team regarding where we are as a company, and I also listen to their input and concerns. In addition, we believe that family comes first. It’s important to take time to attend children’s and family events (even during work hours). And we have excellent benefits.”

She is quick to credit all who helped along the way, including son Rick Greenfield, who joined in 2002 but left last year to run Real Time: CTMS, a new entity he and his mother co-founded. “He’s a visionary who has helped us grow beyond what I would have done on my own,” admits the CEO. She also praises two of her current “key decision makers” – Leisel Koerber and Lele Simmons, respectively, the administrative and development heads of the operation. The three of them are currently on a mission to take the company to the next level. In her spare time, Scroggins is also “a big child advocate” and a supporter of mental health services.

Listening to her, one begins to understand why she is so liked by her employees. She clearly cares for people and believes in giving credit where credit is due. No wonder her motto in life is “Be kind and fair to people, and be honest with yourself and others.”

At right: Kay Scroggins oversees Clinical Trials of Texas, a company that employs 60 people and has been named one of the Top Workplaces in San Antonio by the *Express News* four times in a row. Opposite: Scroggins enjoys a break with colleagues Leisel Koerber (left), site director, and Lele Simmons, business development manager.





ESTATE *on the* RANCH

Fay Pemberton enjoys her
Hill Country retreat

By ROBYN BARNES

Photography by AL RENDON

Cordillera Ranch, located on Highway 46 near Boerne, is a Hill Country gem. The community is the site of many beautiful homes, and Fay Pemberton's estate is no exception. Situated on 8-and-a-half acres, this Hill Country abode accommodates extended family and friends for holiday entertainment and weekend gatherings.

Fay's roots are in McAllen, Texas, where her father owned an oil company. After a merger with a larger corporation, Fay decided to move to a city with better opportunities for her children. After an extensive search, consisting of sardine-packed houses in cookie-cutter neighborhoods, she determined that acreage was the way to go. Her real estate agent showed her a home in Cordillera that met her needs. To Fay's surprise, her father bought the house, declaring it to be a suitable family "home away from home" for his daughters and their families.

Eventually her parents moved in full time, and Fay began looking around the neighborhood for acreage, soon finding it right next door. She contracted with Michael Hyden of Hyden Design Group for the architectural plans and Gary Hendry Homes, Inc., for construction of the 8,000-square-foot French Country home.

"I'm claustrophobic, so I wanted an open design," Fay says. "I knew I wanted a stone exterior and natural materials on the interior. I used a neutral color palette to please my dad, but after he passed away, I started to play with color in my rooms. I enjoy being surrounded by vibrant color."

Fay hired Tim Little and Alex Perez of Texas Luxury Interiors in San Antonio to help her choose the home's bright colors and accessories. Tim helped her select the flooring; it's all dark wood or tile throughout the home — very little carpet is used.



One very great room

Fay's love of open space led her to combine the living room, kitchen, dining and breakfast areas into one very large room. The high ceiling and windowed walls allow swaths of sunshine to light the space.

Originally the breakfast nook was planned for a windowed alcove near the room's entry. Fay decided it wasn't the best use of the space, so she turned it into a music alcove. A baby grand piano resides here, along with comfy seating and a curio cabinet housing a knife collection and Remington bronzes.

Across an aisle is the family's relaxation space. Several chairs, a large kidney-shaped sofa and a huge ottoman face the fireplace and the entertainment center. The fireplace's mantel is a cypress log rescued from a Guadalupe River flood. Over the mantle is a large painting of a flamenco dancer in a red dress. "People ask if that's me in the painting," Fay chuckles. "I did flamenco dancing in my youth, but that's not me."

The entertainment center is a custom-made cabinet tucked into an alcove. The metal inserts in the cabinet doors were specially made by Forge Imports, as was the fireplace screen.

The great room boasts two rectangular dining tables, each seating eight. Fay uses them as focal points for her holiday decorations. "Holidays are a passion for me," she says. "I love to decorate for each one." So much that she built a spacious storage room to house an amazing collection of accessories for her holiday themes.

Prep and cook

Cooking is another of Fay's passions. In previous homes, Fay found herself separated from guests while she cooked. "I didn't enjoy missing

Above: The great room is the focal point for holiday decorations. A cypress log rescued from a Guadalupe River flood forms the fireplace mantel. Below, the center of action in the kitchen.



out on the party," she said. "I wanted to be where the fun was."

In the great room, the kitchen is the center of the action. A semi-circular stone bar with a black granite countertop separates the seating area from the kitchen. The step-down countertop houses a sink and work space. To the right is an alcove where the Thermador gas range and oven are placed. At the right of this is what Fay calls the "food refrigerator." A microwave and warming oven complete the working kitchen.

But that's not the end of the workspace. Michael Hyden made a case for creating a "prep kitchen" away from the main party area. "The idea was to do all the food preparation work here," Fay says. "We chop vegetables, trim meat, stack and wash dirty dishes — all the messy stuff goes on back here. There's a refrigerator only for drinks in here and a full-size icemaker in the pantry. It is a great catering space."

Behind the oven range wall is a large pantry with elfa® shelving from The Container Store®. Skillets, pots and pans of all sizes hang from pot racks on the ceiling. Foodstuffs are stored in labeled drawers. Fay believes that organization is a good thing.



Jungle retreat

Fay's master suite is her jungle retreat. As a student of feng shui, it was important to her that doors, windows and furniture were placed correctly for a good night's sleep. Fay chose a tropical theme with jungle accents. Her aunt painted the ceiling with banana leaves and monkeys peeking from behind them. Teal-colored walls are accented by heavy black draperies embroidered with multicolored tropical birds; pulled aside, they reveal a French door leading to the back patio. The king-size bed is so far off the floor that Fay needs a set of steps to reach the top. Once she's there, the height provides a great view of the corner fireplace, the big-screen TV and backyard.

The master bath can be accessed by doors on either side of the bed. The slate floor stretches the length of the 12-foot lavatory with double sinks. The countertop is constructed of black granite, and the cabinets are handcrafted from stained alder wood. The bathroom walls are an eye-opening lime green. The infinity edge bathtub beneath a large set of windows creates a spa atmosphere. "The only time that tub gets used is when my nieces are here," Fay says. "It takes so much water to fill it."

The master closet is very large, wrapping around the back side of the shower. Windows offer natural light. Rods and built-ins organize Fay's clothes, so she can find anything she wants when she needs it.



The master bedroom creates a tropical oasis with teal-colored walls and palm branches painted on the ceiling. Below, off the master suite is the owners private outdoor living space.

Fay's dressing room is a model of organization. Necklaces of varying lengths are hung from bulletin boards, using pushpins. Bracelets are lined up along curtain rods. Fay purchased earring holders from the Container Store® to organize her earring collection. The surface of her vanity is covered with other kinds of jewelry receptacles. "I do not like pawing through boxes for jewelry to accessorize my outfits," she says. "This system allows me to choose my accessories with a minimal amount of time and fuss."



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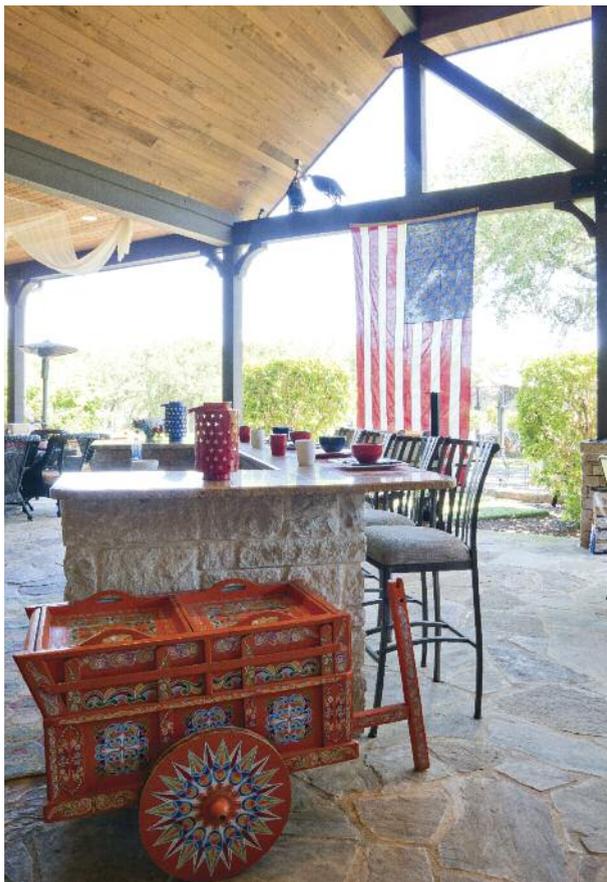
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Outdoor living

As a native South Texan, Fay's heart is in outdoor living. Her back patio is an extension of the great room. A glass-topped wicker dining table seats eight; across the room is a seating area arranged for television viewing. The outdoor kitchen sports a large gas grill, sink and refrigerator; the barbecue pit is close by.

The view from the porch offers several focal points. A working windmill spins to the right; it provides all the water for the estate. A colorful play set is entertaining for visiting children. A full-size tennis court gets lots of use, too.

There's an aviary, where Fay cares for a colorful macaw and several African grey parrots. Far across the expansive yard, beyond the putting green, is the pen for Fay's alpaca — named Roger — and another for her hunting dog. "I love animals," Fay says. "Can you tell?"

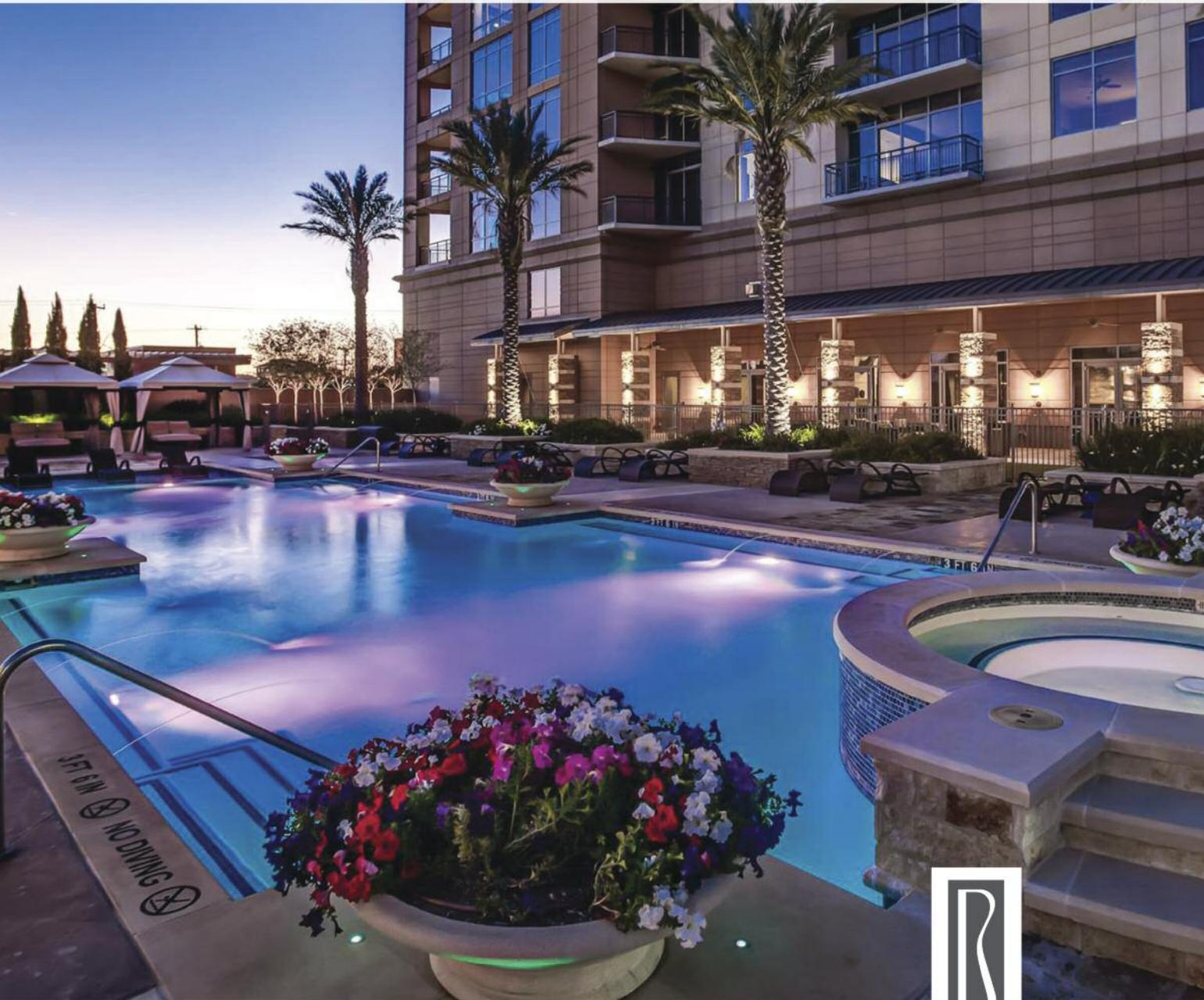
Beautiful barn

Behind the tennis courts is a rocky path that leads to Fay's equestrian center. Her father raised Azteca horses on his ranch; after he died, she brought the remnants of the herd to the estate. Five graceful horses live in comfort on acreage and in a gorgeous two-story barn.

The barn has its own entrance from the road. When a driver pulls in, the first impression is of a life-sized metal statue of a rearing stallion. Garage bay doors open to rooms that hold hay or feed.

The main entrance is on the side of the barn. A set of exterior stairs leads to Fay's exercise room, outfitted with a variety of aerobic and weight-lifting equipment and a full shower. A door at the opposite side of the room leads to her air-conditioned decorating storage room. A locked door leads to a spa-

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cious guest suite, complete with bedroom, bath, living area and kitchenette. The suite has a small patio and its own set of external stairs. “Sometimes I come up here to sit on the patio and look at the view,” Fay says. “I can see the mares and the countryside. It’s very peaceful.”

Downstairs are five beautiful stalls made of alder wood and wrought iron. There’s a tack room, a wash stall and a door to the feed room. A pair of doors in the middle of the building lead to a groom’s dream—a lodge with comfortable seating, a large screen TV and a kitchenette. Subway tiles cover the walls, and two refrigerators—one for wine and one for food—are close at hand. A wood-burning fireplace is the centerpiece of the far wall.

The lodge features its own special piece of furniture, a ceiling-height antique German spice rack. The drawer pulls are hand-labeled with the names of spices that once were stored there. Beside the rack are the remnants of two decorative Russian doors partially burned in a house fire. Fay intended to use them as the lodge doors, but they were the wrong size. Now they serve as reminders to handle flame with care.

No barn would be complete without a chandelier. This barn has a heavy rope chandelier hung from the cupola. At the top of the cupola is a winged Pegasus weathervane.

The Pemberton retreat

Fay says life is good at her retreat. “I have everything I need right here,” she says. “Other than trips to the grocery store or to take my son somewhere, I rarely leave. I find peace here in the countryside, with my family and my animals. What more do I need?”



Above: Highlight of the lodge is an antique German spice cabinet with hand-labeled drawer pulls displaying the names of spices once stored there.
 Below: Five horses that are housed on the Pemberton estate enjoying the warm Texas afternoon.



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STRIPES

Every Which Way

The year was 1846, and Queen Victoria dressed her 4-year-old son, Albert Edward, in a striped sailor suit to board the royal yacht. From that moment on, the public has been taken with stripes. Stripes went on to make their debut in ladies' swimwear, and by the mid-19th century, the striped shirt had become an institution. Mademoiselle Coco Chanel took a trip to the French Riviera in the beginning of the 20th century, and upon seeing the marina workers wearing their navy and white striped shirts, was inspired to launch a new nautical collection. This collection set off a chic fashion revolution that continues to this day. Our love affair with stripes extends from apparel and accessories to product packaging and home décor. When wearing stripes, opting for vertical is typically the best and most slimming option. Stripes are loads of fun to mix, but show caution when combining them by using two different-sized stripes and staying within the same color palette. All the rules can be broken when decorating with stripes – have some fun and mix it up every which way!



Clockwise from top center: Dolce & Gabbana Embroidered Stripe bag, Saks Fifth Avenue; Lili Alessandra Zebra Seafoam pillows, Lili Alessandra; Facelift in a Bottle, Chalet Cosmetics; Stripe Blouse, Saks Fifth Avenue; VC Signature by Vince Camuto-Bayron Heel, Julian Gold; Striped Embroidered handbag, Saks Fifth Avenue; Monolo Blahnik Striped Pump, Saks Fifth Avenue; Rails shirt - Mila block stripe, Julian Gold.



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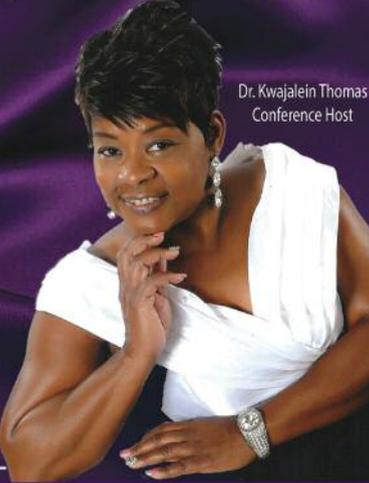
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SOCIETY CALENDAR

July 8 (Every Friday night all month)
 Balcones Heights Jazz Festival – Various Venues
 210-732-0055

July 21
 Ronald McDonald House 6th Annual CHAIR-ity
 Old San Francisco Steakhouse
 210-614-2554

July 22 (Every Friday night all month)
 Balcones Heights Jazz Festival – Various Venues
 210-732-0055

July 23 (4th Saturday of every month)
 The Ecumenical Center Art Heals Hearts
 210-616-0885

August 6
 Culinary Rambling Rosé Tasting
 Becker Vineyards
 210-822-1555

August 6
 Ford Canoe Challenge
 San Antonio River Walk
 210-227-4262

August 19
 San Antonio Stock Show & Rodeo
 Boots N' Shoot
 National Shooting Complex
 210-225-5851

August 19
 San Antonio Association of Hispanic
 Journalists Scholarship and Awards Gala
 Henry Guerra Lifetime Achievement Award:
 Maggie Rivas-Rodriguez
 Grand Hyatt
 210-250-3402

August 27 (4th Saturday of every month)
 The Ecumenical Center Art Heals Hearts
 210-616-0885

September 8
 Empowering Hearts Dinner
 Benefiting Children's Rehabilitation Institute
 St. Anthony Hotel
 210-257-6260

September 10
 Walk For PKD (Polycystic Kidney Disease)
 O.P. Schnabel Park – Graff Pavilion
 210-414-6614

September 15
 American Cancer Society
 Ranch Chic Fashion Show
 Rosenberg Sky Room at UIW
 210-595-0249

September 17
 Walk to End Alzheimer's
 Benefiting Alzheimer's Association
 AT&T Center
 210-822-6449

September 24
 Morgan's Wonderland Free to Soar Gala
 Morgan's Wonderland
 210-495-5888



FASHION CALENDAR

July 7

Neiman Marcus

Ways to Wear your Wardrobe
Meet the DII Buyer – Olivia Metzger

July 8

Saks Fifth Avenue

Emilio Pucci Pre-Fall Trunk Show

July 14-15

Julian Gold

Escada Fall/Winter 2016 Trunk Show

August 5

Saks Fifth Avenue

Akris Pre-Fall/Fall 2016 Trunk Show

August 10 and 17

Neiman Marcus

Trend Fashion Show

August 18-19

Julian Gold

Theory Fall 2016 Contemporary Trunk Show

August 24

Saks Fifth Avenue

Akris Punto Pre-Fall/Fall 2016 Trunk Show

August 25-26

Julian Gold

Evening Caravan Event featuring the Fall collections
from multiple designers

September 14

Take Note! Event

Citrine Home

September 15

Any Baby Can & Julian Gold

Style Show & Luncheon
Pearl Stable

September 30

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GET YOUR PRE-BABY BOD BACK

Both invasive and noninvasive approaches can help

By KRISTIN MEARS



We've all seen the celebrity moms — one minute they are flaunting their growing bump on the red carpet, and the next they are rockin' a toned tummy in a bikini on the cover of our favorite magazine, seemingly a few days later. How's that possible? you might ask. Achieving our pre-baby body immediately after giving birth isn't as easy as the celebrity moms make it appear to be.

Whether you hit the treadmill with a vengeance or even envision an instant fix like a "mommy makeover," there are surgical and nonsurgical ways to obtain that svelte, shapely pre-baby physique we crave after baby is born. Our experts — Kirsten Mengden, store manager at Fleet Feet Sports San Antonio, and Genevieve Mendoza, practice administrator at San Antonio Cosmetic Surgery (SACS) — share invasive and noninvasive approaches to fight the daunting battle of the postpartum body.

NONSURGICAL

THE RIGHT ATTIRE

"Eighty percent of women are in the wrong size bra," says Mengden of Fleet Feet. "You should be re-measured every year, especially after having a baby and/or nursing." When you're nursing, the flow of milk can stretch breast skin and tissue. This can leave women with an undesirable "stretched" look. Your breasts may or may not return to their previous shape. Some women's breasts remain large, and others shrink. "Breast tissue is held up by a ligament," says Mengden. "Once this is stretched, it does not bounce back, so wearing a properly fitted bra is crucial for both small- and large-busted women. Bra life is about six to 12 months when the garment is cared for properly. You do not need to wear two different bras. There are bras made for every bust size and acidity. Find the right one so you don't have to double up."

Choosing athletic wear after baby may be intimidating, but it's all about choosing pieces that make you feel comfortable, such as sweat-wicking tanks that don't cling to the stomach. "The right clothing can not only make your workout more pleasurable, but help you feel better too," says Mengden. "A new post-baby workout outfit can be a great motivational tool to get you back out and moving. Most of us don't feel too pretty in those old sweats and cotton T-shirts."

COOL SCULPTING

There are numerous surgical procedures to get rid of the stubborn belly fat and other problem areas we dread. Like many, you may be unsure or not ready to have a surgical procedure but don't want to struggle with trying to achieve the ideal figure. Cool Sculpting is an attractive option that can reduce areas of stubborn fat around the hips, abdomen and thighs without any need for surgery. "If you are looking to get fine-tuned, Cool Sculpting is a great option," says Mendoza. "There is no down time, it's easier and less expensive than surgery." During a treatment, the specialist will use a tool that delivers targeted cooling energy to the layer of fat beneath the skin. This energy doesn't harm your skin, but it causes the underlying fat cells to free and crystallize. The body will naturally eliminate these fat cells, resulting in a tighter, slimmer shape of the treated areas.

THE TUMMY TUCK

You've probably tried one time or another every ointment and cream to rid your midsection of those lovely stretch marks, and discouraged, you feel there is no way to get your body back. Well, a tummy tuck may be your answer. "A tummy tuck is a great option for getting rid of those beautiful stretch marks," says Mendoza. "The surgeon can actually take that skin away and leave a minimal scar lower than a C-section scar. Our office offers additional features with the tummy tuck where the surgeon will actually corset the muscles underneath the uterus that move after pregnancy and giving birth. With this technique you will lose inches in your waist."

Loose, sagging skin around the abdomen is a common problem after weight loss and pregnancy and a part of the natural aging process. A tummy tuck, or abdominoplasty, will achieve a slimmer contour of the midsection, tighten skin and remove excess fat. "We all want to look good in a bikini, and the tummy tuck will help with that," says Mendoza. "Mini, mid, and full options are offered when choosing the tummy tuck procedure."

BREASTS

Due to hormone fluctuations with pregnancy and size changes, the breasts are affected before, during and after pregnancy. These physical changes have many moms considering cosmetic surgery to perfect their imperfections. Whether it's enhancing breasts, restoring a youthful po-

sition or alleviating discomfort from large breasts, there are various options to achieving the body and shape we envision. "Everyone has a different definition to their breasts, and getting a standard implant might solve their issue," says Mendoza. "If the breasts are flaccid in shape, filling with an implant and positioning them symmetrically would be ideal and pleasing to the client."

A breast lift, or mastopexy, will change the shape of the breasts. "During a breast lift, excess skin is removed, and the areola is positioned in a more natural area," says Mendoza. The breasts will be reshaped to restore firmness and raise them. In many cases, women have discomfort or large breasts that are not proportionate to their body, and a breast reduction is ideal. "If there is too much breast tissue, a reduction can help ease complications and make the look of the breasts cosmetically appealing," explains Mendoza.

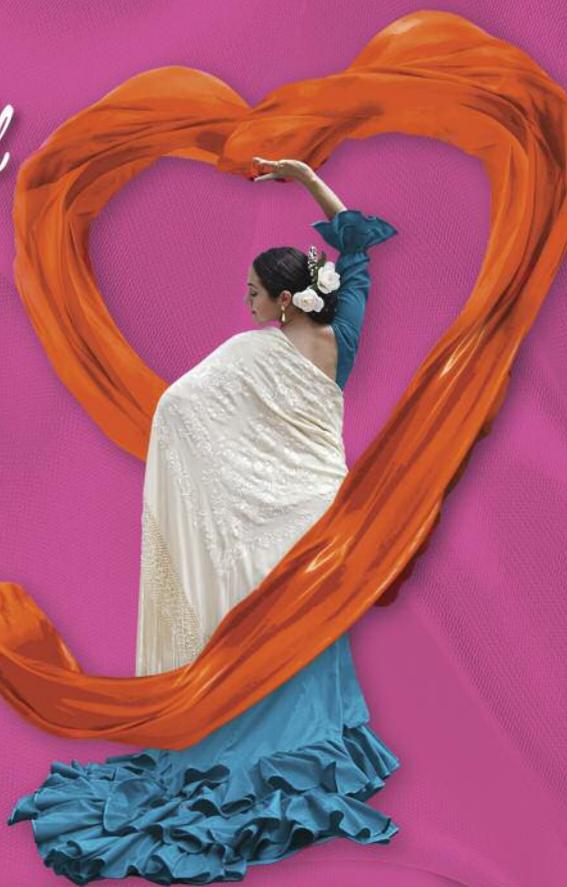
FAT TRANSFERS

Many of us are guilty of wishing we were plumper in certain areas and not so much in others. Fat transfer, or fat grafting, is a procedure that can grant this very wish. The fat transfer procedure moves fat from areas in which you have excess fat and injects it into areas that may be lacking in volume, like your breasts or buttocks. "The Brazilian butt lift is very common, but you can transfer fat to about anywhere, fat from your tummy to your breasts or buttocks," explains Mendoza. "Or even the rolls from your bra under the arm or on your back."

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Today's Teens –

NOT SO DRIVEN TO GET A LICENSE

BY JENNIFER BARTLETT



When I was a teenager, the ritual countdown to our 16th birthday meant most, if not all, of my friends got their driver's licenses on their birthdays, or soon after. And there were always the ensuing celebrations—joyrides in friends' new cars, the great feeling of liberty from the gaze and grip of parents, and the ritual trip to the nearest Baker's Square or Dunkin' Donuts to celebrate (it should be noted here that I grew up in the Midwest, and customs may have been slightly different down here in Texas). For the John Hughes generation, cars were a major part of any teenager's social life, and the idea of delaying getting a license was anathema.

Times are changing. What seemed like a surefire teenage rite of passage is becoming more of a slow roll to the finish line. More teenagers are delaying getting their driver's licenses for a variety of reasons, and more parents are on board with the decision.

The parents interviewed for this story were quick to acknowledge that determinations regarding when to get a license are personal family decisions. And they shared their own opinions on the trend in teens delaying getting their driver's licenses.



A natural step in growing up

Betsy Westerman, a mom with two teenage daughters, one already licensed and one a year away from licensure, chafes against the idea of delaying licensure for several reasons. She explains, "I advocate for kids getting their licenses ASAP because I think it is a natural step in growing up and gaining independence." She says that with her younger daughter, the necessity of having a third driver in the house isn't as urgent. Her licensed older daughter can drive her younger daughter around, which, she concedes, "is a little cooler than having me drive her." As far as her younger daughter is concerned, she says she may delay her a bit, but only for purely pragmatic reasons: "We have tons of construction where we live, and our neighborhood opens out to a two-way I-10 access road. We are waiting for them to take up the concrete barriers a bit more before we let her loose. However, we will be pushing her — not holding her back. That I know for sure."

A right and a responsibility

Angela Ruder, a mother of two boys who both got their driver's licenses within days of turning 16, agrees with Westerman that getting a license is an important step in growing up. According to Ruder, it is not only a privilege and a right of passage; but a life skill that shouldn't be underestimated. She says, "Preparing for the exam, going through the classes or, in some cases, driving with a parent or guardian in the car to accumulate the required hours, is actually a pretty enlightening experience for most kids. It's usually their first common interaction with the law where they are required to learn and understand the law in a way that is not hypothetical. When you are out there driving, you are accountable for your actions while behind that wheel. Kids who have gone through driver's training are made well aware of this. It's a precursor to adulthood."

While Ruder advocates that teenagers should get their licenses on time, she is sympathetic to the decision that some families make to delay. "You can't fault a family for not wanting to invest in another vehicle, insurance and gas, and a lot of families just don't have those financial resources or are doubling down as they prepare for college costs that lie ahead," she says.

Assessing readiness and willingness

Mother and daughter Debra and Sarah Morrow echo the current trends identified in the AAA survey to delay licensure. Debra says the decision to delay was Sarah's idea and emphasizes the importance of family communication in decisions as important as this one: "My husband, Dwight, and I did not take the lead on the decision to postpone getting Sarah's license. It was Sarah's idea. We talked about it extensively. Sarah completed the classroom portion of driver's education, practiced in our car and decided that she was not ready to pursue her license." The fact that Sarah drove the decision to delay licensure tallies with media reports that it is teens, not parents, who are more likely to request a delay. Debra continues, "I

would say that Sarah's reason to wait revolved around the fact that so much of her life is centered in our neighborhood. We live one block from her high school. Her friends live close by. There just wasn't a huge impetus to get her license at age 16."



The role of social media

As far as social media's effect on driving and licensure, Debra agrees that it has had an impact. "Sarah maintains close contact with friends through social media, and I do think it was less of a 'big deal' to get her driver's license." While access to social media does not preclude the necessity of face-to-face contact and certainly doesn't stand in for in-person time with friends, it seems to be the case for at least some teenagers that access to social media has made it seem less urgent for them to get out and start driving. Debra also underscores the individual personality of a kid as having relevance in determining whether or not to delay licensure. "Sarah is a person who tends to observe before diving into experiences. At age 16, driving a car seemed frightening to her. She was ready at age 18, after having watched friends navigate the world of driving. By age 18, she was able to make all the arrangements with DPS to take her test and obtain her license," explains Debra.

Safety is a major decision factor

Finally, Debra says that a major factor in delaying driver's licenses for teens has to do with safety. "I definitely worry about safety," she explains. "I want her to get as much experience as possible while living under our roof. But I had to balance my anxiety about safety and my wish for her to get more driving experience with her own assessment of her readiness." One important point Debra makes is that texting and driving is a new danger that parents have to deal



with these days. One way she has found to counteract the seeming ubiquitous practice among teens is to make it a point never to talk on the phone or text while driving. She models the behavior she wants to see in her teens.



Caution and comfort level are key

As parents, Dwight and Debra Morrow let their daughter discover her own comfort level with driving and licensure. Sarah echoed many of her parents' reflections on the experience and noted that the walkability of her neighborhood and her natural caution

were the paramount reasons she decided to delay. "When I turned 16, all of my friends immediately got their licenses, so I had a ride everywhere I needed to go. I think the overarching issue, though, was that I was extremely scared of driving. My parents are good drivers, sure, but other people aren't. Driving a huge rolling death machine was the last thing I wanted to do. Control tends to be important to me, and I felt that while I could control the car, I couldn't control other people's driving habits, and that was too scary to overcome for a while," she says.

Now that Sarah has her license, she reflects on what driving actually offers in terms of real costs and benefits. "I'm still kind of scared of driving. As a relatively new driver, I can't say I'm the best. I'm safe, but it's still a little nerve-wracking to be rolling along at 40 mph so close to other vehicles. At the same time, I love to drive. Driving is fun, I enjoy it, and the freedom is fantastic. I think that driving is a privilege that is earned when you get your license, and I'm thankful that I have such easy access to a car. I still walk to school, so for the most part, driving is extracurricular rather than a necessity." Asked what she thinks about the current licensing procedures for teens, she says, "I think the licensing process is just fine. I've heard lots of people complain that it is too strenuous, but I would rather have people jump through more hoops and put the safest drivers on the street than anything else."

Opting in for others to drive

Angela Ruder, though she feels that learning to drive is an important rite of passage, also noted that learning how to navigate public transportation can offer the same rights, responsibilities and lessons for teenagers that driving does, with the added benefits that taking public transportation is kinder to the environment, requires less of a financial commitment and helps teens learn to navigate the city. Ruder also notes that as ride-sharing services like Uber become more ubiquitous, teenagers will have transportation options that may be more attractive than driving themselves.

Whether teens choose to delay getting a license or not, thinking about the decision to drive is certainly something everyone should be doing. Open communication between parents and teens is key to ensuring that teens who get on the road are doing so only after careful consideration of the responsibilities and after the right training.

4 REASONS FOR THE DELAY

A series of surveys conducted in 2012 by AAA found that respondents indicated four main reasons for why they delayed getting a license:

1. **44 percent said they didn't have a car.**
2. **39 percent said they could get around without driving.**
3. **36 percent reported that gas was too expensive.**
4. **36 percent said that driving was too expensive.**

Source: (AAA 2012)

National Geographic revealed that access to cars, the cost of driving, and the busy lives of teenagers are all reasons that kids are delaying driving. (Lavelle, National Geographic, Dec.18, 2013).

The percentage of persons 19 years of age with a driver's license in 1983, 2008, and 2010 were 87.3 percent, 75.5 percent, and 69.5 percent respectively. Source: (Sivak, Schoettle, Traffic Injury Prevention, 341, Volume 13, Issue 4).

In an article published in The Atlantic about licensure delays among teens, Sivak and Schoettle wrote, "We can thank the Internet. While no single cause can be attributed to the delays in licensure for teenagers, the phenomenon is real. Access to social media, might very well be added to the basket of reasons teens have for waiting to make that date with the DMV."

The causes of delays in licensure for teens have been the source of much discussion, perhaps most interestingly presented in a 2012 study in the online journal Traffic Injury Prevention, which highlighted that the percentage of young persons with a driver's license has recently decreased substantially.



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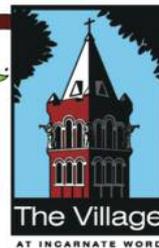
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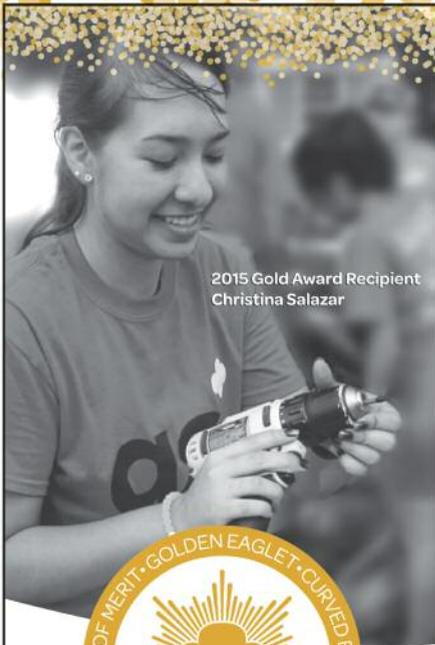
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Every year girls work tirelessly to earn the highest award in Girl Scouting, the Girl Scout Gold Award. Their work helps lead them to college scholarships and higher military rankings and connects them to people throughout their community. But the impact of their hard work doesn't stop there. Girl Scouts say that the lessons they learned in pursuing their Gold Award helped them in their lives far beyond anything they could have imagined as teenagers.

Mary Garr, CEO Army Residence Community, and a retired Army Colonel knows first-hand the value of the Girl Scout Gold Award. Garr earned her award, then called the First Class, in the mid-1970s.

"(The Gold Award) gives girls a sense of accomplishment and a sense of achievement at a high level." Garr said. "They know they've made a difference in their community."

Garr said her Girl Scout Leadership Experience helped form her leadership skills and so much more. "Girl Scouts gave me a sense of belonging," she said. "I was very shy growing up but being part of a group and part of a team, even the cookie program forces you to interact and learn skills.

Girl Scouts gives you a sense of belonging to a team bigger than yourself.

Garr was able to maintain her Girl Scout membership in troops around the world as she moved with her family from San Antonio, to Korea to Germany and says the experience helped shape who she has become.

"Girl Scouts can influence you in so many ways," she said. "It's interesting to see the women who were Girl Scouts and how they are successful leaders in business, academia and government. That's the kind of thing that Girl Scouting can prepare you for—to learn, grow and create a resilience that is there and can help you prepare for your future career path."



When Katie Pelton, Pelton Vice President of Business Development for PelRay International, began her Gold Award journey in 2006 she knew she wanted to pair one of her passions with her desire to improve the community. Spurred by her love of reading and inspired by reading programs at the local library she partnered with a low-income apartment complex to create the Reading Olympics. The 12-week program included weekly programs, art activities and culminated in children winning bronze, silver or gold awards for the number of books they read. Pelton also created a small lending library at the apartment complex clubhouse for children to check out books close to home.

"At its core value the impact the Gold Award has on a young woman is really paramount," Pelton said. "I don't think that changed from 100 years ago or will change 100 years in the future. There are so many life lessons that can be learned by doing these kind of projects and committing to the Gold Award." Pelton says she learned time management skills, project management and dealing with setbacks. Skills that helped her succeed in college and that she uses in her career.

Regardless of if it was a park bench being built or donating to the Army overseas, a Gold Award project is going to have a profound effect on a Girl Scout.

Pelton said the impact of the Gold Award has lasted far beyond the days when she was immersed in the project.

"It's something you can carry with you and be proud of for the rest of your life," she said. "No matter where I go when people ask me about Girl Scouting. They even recognize that I'm a Girl Scout by the way I carry myself. It comes from a sense of pride in what I accomplished in earning my Gold Award. I keep it on my resume to this day and always will."





San Antonio Academy



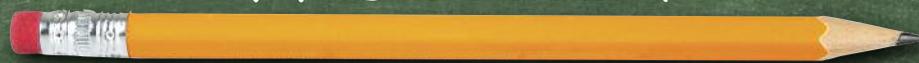
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PRIVATE SCHOOL

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Photo: Melanie Rush-Davis Photography



More local families consider **PRIVATE EDUCATION**

By Pamela Lutrell

Private school education continues to thrive in San Antonio. Enrollment numbers have grown, campuses are expanding, and new schools have opened with fresh opportunities for families in the area.

One reason for the growth is attributed to multiple concerns over the updated State of Texas Assessments of Academic Readiness (STAAR) test. Reports indicate the recent round of tests included many problems: 14,220 tests affected by a computer glitch, a test question with no right answer, tests delivered to wrong locations, superintendents protesting in large numbers, and families headed to the courtroom over the entire program.

This is a huge issue for families willing to investigate private education. The bottom line for most parents is one word — college. They desire opportunity for each child to attend top colleges that will open doors for career advancement in an ever-changing marketplace. If the STAAR test and larger classes are hindrances, parents are willing to leave publicly funded schools and pay for

environments where students will thrive.

There is no standardization in private education. All local schools have their own methods of testing students, and SAT/ACT results demonstrate this has not been a problem. SAT/ACT composite scores begin with 2100 (SAT) and 32 (ACT) at the top-tier schools in the San Antonio metro area. Graduates of local private education may be found at the nation's top colleges, including excellent post-graduate programs that lead to opportunities throughout the professional world.

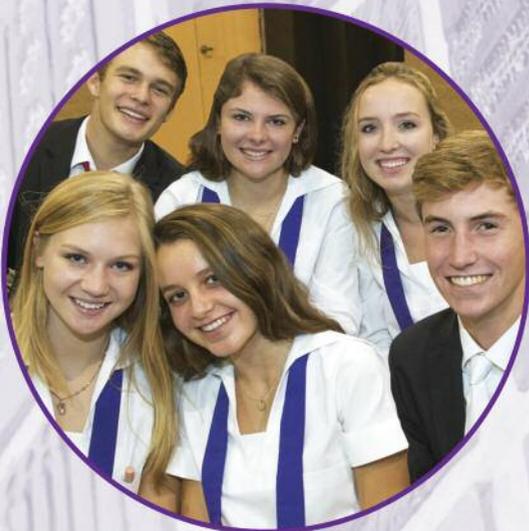
Eileen Pester is a local substitute teacher in public schools, but she placed her two children in private education. "It was worth every penny we spent for private school," she said. "Unfortunately, I see multiple behavioral issues in the public schools that



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can hinder other students' ability to learn." Pester does believe, however, there are many positives of public schools, including vocational classes offered for those not planning to attend college.

The Council for American Private Education (CAPE) reports there are 120 private schools in San Antonio and the surrounding area with 73 percent of these schools religiously affiliated. Most have an average student/teacher ratio of 12 to 1, and many families confirm smaller classes are a top reason they select private education. Minority enrollment averages at 84 percent in local private schools. Average tuition is around \$5,544 for elementary students and about \$7,307 for secondary schools. The average acceptance rate is 82 percent.

In the end, deciding where to send one's child to school is a personal decision requiring contemplation of the individual needs of a child and his family, as well as the child's learning style.

SMALL CLASSES MEAN MORE ATTENTION TO YOUR CHILD

The decision to send a child to a private school isn't always based on religious beliefs or personal values, but rather on the small class and campus size that private schools often provide. Students may get more one-on-one attention and find a better atmosphere for study in a small classroom. Schools that encourage teachers, administrators, parents and students to work together may be more in tune to students' needs and help them thrive academically.

CHOICE CURRICULUM

Because they are not tied to the minimum standard requirements of public schools, many private schools offer more diverse curriculum options and college preparatory classes for students. Several local schools such as Saint Mary's Hall offer philosophy music and art courses that public schools no longer offer.

CO-ED VS. SAME-SEX ENVIRONMENTS

Some studies have found that students study more, are less easily distracted and feel less self-conscious in schools and classrooms with children of their own gender. Some local private schools — Incarnate Word High School, Providence Catholic School, Central

Catholic High School, San Antonio Academy and others — offer all-girl or all-boy classes. Of course, some parents believe that a co-educational setting provides better socialization options, so many local private schools are co-educational. Parents must decide what environment best meets their child's educational needs.

THE IMPORTANCE OF SECOND-LANGUAGE LEARNING

The internet, travel and international business options are making the world seem smaller and bringing people together from across the globe, so foreign language instruction is now more important than ever and ensures students will find more career options in their future. Some private schools in San Antonio offer half- and full-day programs in languages other than English, such as Spanish, French, or even Mandarin. Using language immersion methods, students integrate language learning into their daily lives in a way that seems almost effortless and natural, just as first-language learning was when they were babies.



Tobin Fine Arts School at Saint Mary's Hall.
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Many local private schools claim outstanding records of college placement and even provide counseling and programs to assist students in acceptance at prestigious universities. Most offer college preparatory coursework, college-credit and dual-participation high school classes and SAT/ACT testing prep courses. Some sponsor after-school volunteer programs, mentoring programs and internships. Some schools offer travel opportunities with parents and teachers to see museums and sites in Washington, D.C., New York and even Europe. One group of fourth-graders from a private school in Los Angeles recently flew to their state capitol in Sacramento for a day of far-away field trips — something a public school class is unlikely to do. Many parents feel such opportunities may better prepare students for a university setting where diversity, openness to other cultures and languages and strong firsthand knowledge of geography and the global community are valued and advantageous.

PRIVATE SCHOOLS AND SPECIAL NEEDS

Since all children have different gifts, skills sets and learning challenges, private schools are a place where an individual student's needs may be considered. Whether a student has a physical, emotional or learning challenge, smaller private schools are often able to adapt to his specific needs. Often the small classroom size offers a setting where a child with special needs can get more individual attention and assistance.

PRIVATE SCHOOLS AND SPORTS

It is an oft-repeated fallacy that private schools don't offer

enough sports and other extracurricular activities. In truth, most private schools in our area offer football, basketball, soccer, softball and more and compete with other private schools' teams across the city and state. Drama, debate teams, service organizations and more are available in private schools, as well as cheerleading, 4-H, Scouts, band and choir. If you think a private school won't give your child an advantage in sports, consider this: In a small private school, a student is more likely to participate in games than he or she would be if they were enrolled in a large school where tens or hundreds of others could be vying with them for a place on the field.

MORE AFFORDABLE THAN YOU THINK

Some people believe private schools are exclusive places that only wealthy families can afford, but that's not true. Many local private schools offer tuition and textbook scholarships, grants and other financial aid. For instance, one popular parochial school in San Antonio offers just over \$1 million in financial aid to students. Many local private schools offer a discount to families who enroll more than one child in their schools, and some church-based schools have lower tuition rates for members of their church, synod, synagogue or parish. If you've always thought you couldn't afford private school, make an appointment with an admissions counselor at the private school you're interested in — you may be pleasantly surprised by the financial options that are available to your family. Many programs include scholarship opportunities.

San Antonio's educational community offers parents many quality selections throughout the city with great success stories for graduates. Summer is the perfect time to tour properties and hold lengthy discussions to have all questions answered.

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www.theacornschool.net

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(210) 222-0159
Contact: Christina Boswell
www.acasat.com

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(210) 344-9265
Contact: Gilbert Saenz
www.antonian.org

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Contact: Marie Mendez
www.atonementonline.com

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Contact: Alice Ashcraft
www.blessedhopeacademy.com

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Contact: Michael Fierro
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Contact: Judy Engberg
www.brackenchristian.com

Brighton Center

Special Needs School
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www.tsams.org

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www.cchs-satx.org

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www.childmontessori.org

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325 Castroville Rd.
San Antonio, TX 78207
(210) 436-2277 (Elementary)
(210) 431-7355 (High School)
Contact: Pam Payne
www.christianacademysa.org

The Circle School

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San Antonio, TX 78209
(210) 822-0461
Contact: Blanca Lee Luna
www.thecircleschool.org

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(210) 349-1092 Contact: Lisa Miele
www.colonialhills.info

Concordia Lutheran School

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Contact: Laura Sisk
www.clssatx.com

Converse Christian School and Learning Center

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www.sa-ccs.org

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mydiscoveryschool.com

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(210) 674-5703, ext. 35
Contact: Terri Williams
www.gw-school.org

Geneva School of Boerne

K – 12th
113 Cascade Caverns Rd.
Boerne, TX 78015
(830) 755-6101
Contact: Erin Barton
www.genevaschooltx.org

The George Gervin Academy

Pre-K - 12th
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San Antonio, TX 78218
(210) 568-8800
Contact: Jesse Villanueva
www.gervin-school.org

Grace Christian School

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Contact: Veronica Garza
www.gracechristianschool-sa.com

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www.hcmontessori.org

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www.holycross-sa.com

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www.incarnatewordhs.org

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Contact: Emily Lund
 www.montessorisa.org

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 www.nbchristianacademy.org

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www.nwhcs.org

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(210) 651-6811
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Contact: Pedro Garza
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 Contact: Mary Crow
 www.stceciliasa.com

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 Contact: Bonnie Babbitt
 www.saintdavidschool.net

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 San Antonio, TX 78213
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 Contact: Melissa Patterson
 www.saintgeorgeschool.org

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 (210) 342-0281
 Contact: Daniel Martinez
 www.stgregorys.net

St. James the Apostle Catholic School
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 Contact: Ignacia Carillo
 www.stjamesschools.org

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 www.stlukecatholic.org

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 Contact: William Daily
www.stmmsa.org

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 Contact: Alvin Caro
www.smcssa.org

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www.stpeterprince.org

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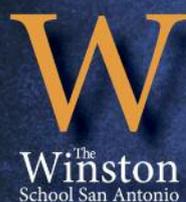
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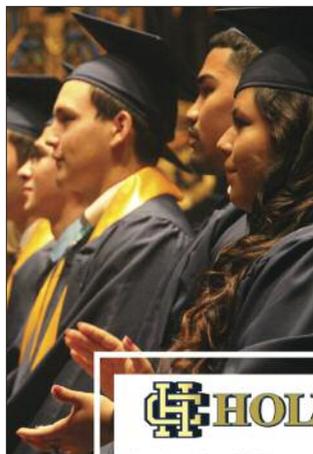


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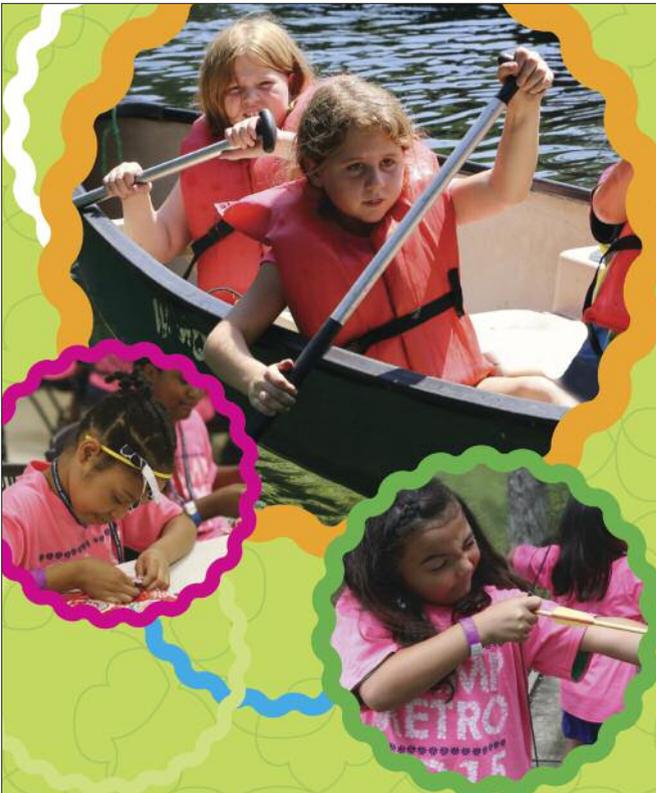
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Role Model

Elysia Etter

ARBORIST FOR ETTER TREE CARE

BY KRISTIN MEARS

PHOTOGRAPHY BY ELIZABETH WARBURTON

Not many San Antonians can say that they are “a steward of the earth,” but Elysia Etter, a certified arborist at Etter Tree Care Service, carries that title proudly alongside her family of entrepreneurs. “Every day I help educate people regarding their trees,” she says. “By educating people, it helps not only the trees themselves, but the environment as well.”

Having been raised in a household of parents/stepparents who were not only successful business leaders and hard workers but also devoted Christians, Etter was driven by those same aspirations to lead a faith-based life and follow the hallmarks of business and values her family instilled in her.

Etter's mother, Connie, and father, Edward, divorced when she was young and remarried when she was 8 years old. “I am blessed to say that I have maintained good relations throughout the years,” says Etter. “I gained two half-sisters, Rebecca and Emily, from my father and stepmother.” Etter attended Castle Hills First Baptist School from grade school through high school. She moved to Fort Worth after graduation to attend the Neeley School of Business at Texas Christian University. After graduating with her BA in marketing in 2006, she returned to San Antonio to start her career with the family business and pursue her love of the outdoors.

“When I first started working for my dad fresh out of college, with a newly minted diploma under my belt, my background was in business, so I had to learn about tree biology, identification, how to properly prune and maintain trees, etc,” says Etter. “Since my degree was not in a related field, I had to be in the field for a few years before I could be eligible to take the certified arborist exam.” Regardless of her obstacles, in 2011 Etter officially became a certified arborist. It was through her love for trees, plants and animals and spending a majority of her time outdoors that the family business became more than just a job to Etter, but a passion. Her affection for helping people with their trees and landscaping became enticing and holds true to the values and ethics of her family's locally owned and operated business.

A decade later, Etter has continuously served San Antonio and its surrounding areas as an arborist who loves meeting with clients and making recommendations on the needs of their trees. “I love seeing the end product,” she explains. “I love that I get to look at awesome

trees and landscapes every day. Once the work is done, I love that we make the trees healthier, safer and more beautiful.”

When Etter isn't sprucing up San Antonio's lush greenery, she can be found alongside her husband, Justin Hale, whom she married in April 2014. Etter is an avid volunteer for the International Society of Arboriculture Texas Tree Climbing Competition, and you can find her (more than likely) at this year's competition hosted at San Antonio's Brackenridge Park.

The last Friday in April is celebrated as National Arbor Day. In honor of all things “arbor,” SAN ANTONIO WOMAN asked Etter what she thinks is to come for San Antonio's mature trees. “I see a lot of new construction, and with construction some trees are preserved, and many are planted due to city regulations,” says Etter. “Oak wilt and drought have and are taking a heavy toll on the trees. Lastly, homeowners are building new homes or making additions to their current homes and need expert advice on how to preserve and work around their existing trees.”

Age: 32

Why she is a role model: With the support of her family of entrepreneurs and the faith they instilled in her at an early age to build a relationship with the Lord, Elysia Etter continued on her path by working hard, honestly and ethically in all of her endeavors. After a decade of working as a certified arborist for her family's business, Etter Tree Care, Elysia is impacting the community with her dedication, passion and integrity — one tree and one person at a time.

Her role models: “My parents! My mom, dad, stepdad and stepmom are all Christians, and since I was a little girl have stressed the importance of having a personal relationship with the Lord and walking in His ways. They also taught me to respect others and myself, to be timely, honest and to live with integrity.”

Words or phrases she lives by: “One who looks to be satisfied apart from God will live with futility regardless of his accumulations.”

“Don't let negative thoughts overtake you. Remember that every challenge is a new opportunity to improve.”

“Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.” Matthew 6:34



Last book read or favorite book: "I love to read. So that's a tough question, but if I had to guess my favorite book, it would be *Jane Eyre* by Charlotte Bronte."

Favorite band: "I guess the best way to answer that question is it depends on what I'm doing. If I'm driving, I usually prefer to listen to something upbeat like the Rolling Stones or some oldies. If I'm cooking, I love to listen to French music or Frank Sinatra. I'm also a big fan of classical music, like Beethoven, Bach and Rachmaninoff, and I'm a fan of country music too."

Favorite movie: "I love the classics — Audrey Hepburn, John Wayne and James Bond. Narrowing it down to my favorite would have to be *Lonesome Dove* or *The Man From Snowy River*."

Where she grew up: "I was born and raised in San Antonio."

Most memorable moment as a youth: "The day I got my own horse! I started riding horses when I was 8 years old and always wanted a horse of my own. My parents bought me a beautiful thoroughbred gelding named Marcus. He was the most amazing horse, and I loved him very, very much. He was a joy to ride and had the sweetest and most loving temperament. Absolutely a gorgeous animal!"

Favorite pastime in San Antonio: "I love to go for a walk or ride my bike at the park or gardening."

Describe a personal goal: "I would love to write a book and have it published."

Describe a professional goal: "Someday I hope to carry on my dad's company, Etter Tree Care. He started the company in 1976 and after 40 years of hard work, he now employs 13 individuals and serves San Antonio and the surrounding area."



GUYS TO KNOW, STARRING

David Holmes

CEO of SANTILOS ENTERTAINMENT

BY JASMINA WELLINGHOFF

PHOTOGRAPHY BY JANET ROGERS

David Holmes had just started working as the chief investment officer for the San Antonio Area Foundation in late 2014 when movie theater mogul John Santikos died, leaving \$605 million to the foundation. It was the largest single donation in San Antonio's history and one of the largest in the U.S. in 2015. Santikos also stipulated that all profits from his theaters and other assets should go to the foundation to support a range of charitable causes. Santikos Theatres soon became Santikos Entertainment, and the company's board asked Holmes to take the helm as CEO.

Holmes is a native San Antonian and Trinity University graduate who worked for 21 years in the real estate division at USAA. He describes himself as "a recovering CPA." His first involvement with the popular theater chain came in 2012 when he served as the interim CEO during John Santikos' illness. Between the two Santikos jobs, Holmes launched Consensus Development, his own real estate development and investment consulting firm.

In his present capacity, he oversees 10 theaters here and in Houston, an income-producing real estate portfolio of nearly a million square feet, and 300 acres of land in San Antonio and Houston. At the time of this interview he was looking forward to the opening of the Casa Blanca, the newest addition to the chain at Highway 151 and Alamo Ranch Parkway. With 16 screens, the latest technology and plenty of additional amenities, the megaplex is expected to be one of the top 20 theaters in the country.

Did you have a chance to speak to John Santikos about his intentions regarding his estate?

Yes, he spoke openly about wanting the San Antonio Area Foundation to be the steward of his legacy. He also indicated that he wanted the company to keep growing and stay the premier movie venue in San

Antonio and Houston and to continue to be a large employer of young people. He was very thoughtful in how he set up his legacy. He wanted the transfer of assets to the Area Foundation to be structured in such a way as to be minimally disruptive to the business. So as far as what we do as a company, both on the theater side and the real estate side, we remain very much a for-profit company. The key difference is that we are now the only theater exhibitor in the U.S. that is truly a social enterprise. We pay our expenses and we set money aside for future growth, and beyond that everything else goes back to the people of our community through the foundation to be distributed according to Mr. Santikos' trust.

I know he chose a number of causes, such as arts and culture, seniors, libraries and parks, medical research, etc., but did he specify any particular organization or group?

Only two – Doctors Without Borders and International Orthodox Christian Charities.

Let's talk about the theaters. How many people visit Santikos theaters annually? And which theater is the most popular?

It's over 8 million people per year, about 6 million in San Antonio. And you are sitting right now in the most popular theater (The Palladium). It is routinely in the top five grossing theaters in the United States. It is a unique venue. There was so much care given to the architectural appeal of the building. Also, Mr. Santikos was a pioneer in combining multiple entertainment venues under one roof. So you have a restaurant here, a video game arcade, a full-service bar, a live music venue and an incredible movie viewing experience. What he realized early in his career is that the movies he was showing are



the same movies everybody else was showing. He knew he had to differentiate himself. He made a deep commitment to service, and he also realized that his real competition was not the other movie theaters — it was the other family entertainment venues. That's why the newer venues have so many amenities and choices. In addition to 16 screens, the Casa Blanca has 16 lanes of regulation bowling, a full-service restaurant, a full-service bar, and four of the theaters have a full sit-down dining service. It's going to be the most spectacular family entertainment/movie theater in Texas. But what makes it really special is the technology investment that's above and beyond anything that exists in the U.S.

Tell us about the technology.

What we have at the Casa Blanca is called Barco Laser Digital Projection. It's like HDTV on steroids. The picture is three times brighter and clearer than any other projection system ... The second thing is the sound. We have partnered with the company that's the world's leader in sound technology. All the auditoriums have the new Dolby Atmos 12-channel system that produces an immersive sound experience, and all are equipped with top-quality Klipsch speaker systems.

How do you choose the movies to be shown?

We get the movie release schedule every week from all the studios, and those include the title of the film, the genre and the rating. The studios also give us projections regarding the size of the expected national audience for each movie. Once a week we have what's called the booking meeting where we decide how many prints of a particular movie we are going to show, at what theaters and at what times. It's a dynamic

process. We also have data that tell us that an action film, for instance, may do better in a certain theater, while a family movie for kids may do better in another location.

Are you a movie fan? Where do you go to see movies?

I usually end up either at the Palladium or the Embassy because they are close to my home. But I'll be honest with you — I primarily go to our competitors (laughs). I like to see how other people do things...

In a few weeks we are going to announce a major renovation of the Embassy Theater that is a crown jewel in our portfolio, but it needs a face-lift. That's the theater where I took my wife on our first date, and we saw the original *Back to the Future* film. Tomorrow we are celebrating 28 years of marriage, so I would say I've been going there for a while. But the theater that was the most popular when I was in high school was the Rialto, called the Galaxy back then. That was the place to be on Friday night!

What do you enjoy most about your job?

I have the best job in San Antonio. I have never before worked somewhere where everything that I do is for the sole benefit of the community that I live in and grew up in. It's a unique corporate mission. That's what I love about it.

Which movies would you recommend this summer?

The movie that I already have a date with my son to go see is the new Jason Bourne movie with Matt Damon. I am a big fan of the Jason Bourne series. I think it's coming out July 29.



Tessa Guerra
 CEO
 ROO & ME CHILDREN'S BOUTIQUE

What do you do? I am the owner of a children's boutique in The Pearl. I design children's wear, select all the merchandise for my store and work here as well.

Length of time at this job: My business has been up and running for four years.

What do you like best about your job? I love helping my customers find the perfect baby shower or birthday gift for a little one. I especially love it when they return to the store and tell me their gift was the hit of the shower or the little one's favorite!

Education/Major: I have both a BFA and MFA from the Academy of Art University in San Francisco.

What career path led you to where you are today? I specialized in children's wear design and textiles during my graduate work. This led to my next step — creating a children's store that is representative of my aesthetic.

Who were your mentors? I had two mentors while in school — my professors, Sarah K. and Bob Haven.

What did you want to be when you were growing up? I have always wanted to be a Broadway actress.

What person do you most admire? My cousin Michael is my very best friend and someone I truly admire deeply. She is someone I can talk to about anything and

everything, and she knows me best, better than anyone.

What are among your favorite social media apps? Instagram, Pinterest, Heads up and FIT Radio.

What do you enjoy doing on a day off? I love taking my dog for walks along the San Antonio River Walk, shopping at Target with my mom and spinning.

What is your favorite vacation? San Francisco, I left my heart there.

What do you like to do in your spare time? I love spinning, making healthy meals and hanging out with family and friends.

What book/books have you read lately? *Far From the Tree* by Andrew Solomon and *Vivienne Westwood* by Ian Kelly.

What is your all-time favorite book? *There's an Alligator Under My Bed*.

What's the best movie you have seen in the last year? *McFarland, USA*.

What is your all-time favorite movie? It's a toss-up — *Cabaret*, *Fiddler on the Roof* and *Toby Tyler*.

What type of music do you like? R&B, John Legend and Beyonce.

Who has been the biggest influence in your life personally and professionally?

My Mom and Dad.

What brought you to San Antonio? It was my store.

What do you like most about San Antonio? La Raza.

What community groups or not-for-profit groups are you involved with as a volunteer? Animal Rescue.

Do you have a favorite restaurant? Bliss.

Do you have a favorite dish? Arroz con Pollo.

How do you find balance in your life — career, community and home life? I'm still working on it!

What is your favorite relaxation strategy? It's spinning.

What is the best advice you have ever received? From my Dad: "I don't care what you do in life as long as what you do brings you happiness."

What are your goals? For myself, to live a happy and healthy life. For my store, to bring children's wear to the next level in San Antonio.

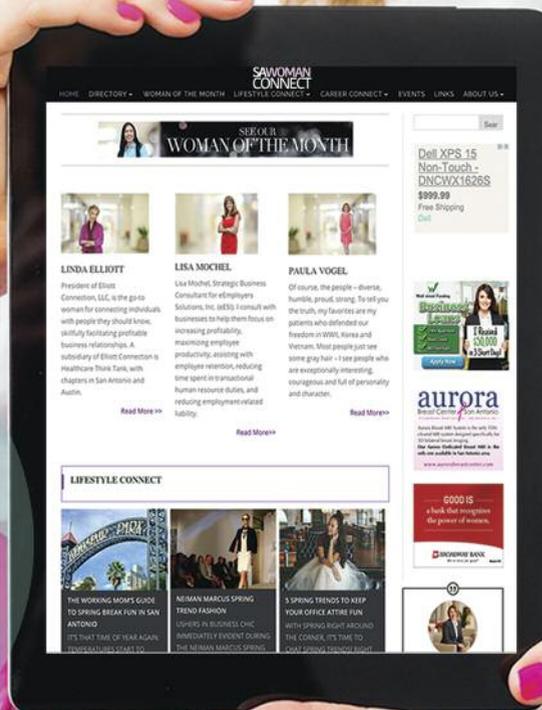
People would be surprised to know that I ... LOVE to put themed Lego sets together. I'm always helping my 6-year-old nephew.

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Kim is a certified public accountant and certified valuation analyst with over 30 years in small business consulting, tax and accounting, estate planning, business valuation, litigation and forensic accounting experience. She has a passion for managing and integrating diverse company financial scenarios to provide highly customized accounting solutions to meet both long and short-term client needs.

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Lisa Fullerton is President/CEO of A Novel Idea, dba as Auntie Anne's/Cinnabon. Since 2000, her business has grown from her original North Star location to employing over 80 people. Lisa has created a purposeful culture with charitable partners such as Clubhouse San Antonio and Alex's Lemonade.

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TURNING LEMONS INTO *Lemonade*

Success does not happen without enduring some anxious or embarrassing situations — and learning from them. It's often not pleasant revisiting those uncomfortable times, but perhaps you can do so and smile a bit. After all, you are alive and well now, so you clearly survived, likely a wiser person than you were. It's all about turning lemons into lemonade.

I reached out to three very successful executives whom I admire and asked them to share their stories. Let's have some fun and hear from them.

Katie Harvey, CEO of KGBTexas — “A pivotal point in my business journey began right after I started the company in 1994. I was approached by a large cheerleading supply company and national cheerleading event producer. I knew them through my previous employer. They were kind enough to give me a chance and asked me to fly out to meet with them. I will never forget how nervous I was in booking the trip and during my meeting with them. I knew that I had enough money in my checking account to get me there and back. But I also knew that if I didn't come back with the business, it was the end of the line. I would be out of money. They believed in me and my company enough to give me a chance. And we had a long and fruitful relationship. I have never forgotten the impact they had on me, my company and my future. Fast forward 20 years. I received a call from my contact at the company. His son was interested in advertising and public relations and wanted to know if he could intern with us. There was nothing more gratifying than being able to open up our doors to him for an internship and then to be able to tell him the story that if it hadn't been for his father, there might not have been a KGBTexas. Life is full circle. And being able to return the gifts makes the journey very sweet.”

Jeanie Wyatt, CEO and Chief Investment Officer of South Texas Money Management, LTD — “Lemons are my favorite. Forget lemonade, too sweet (fattening). Ha! Lemons are the real gems for business opportunities. Take them and squeeze them for the juicy outcomes. Perhaps a couple of examples would help. Everyone gets lemons. It's a fact of life. It's how you handle the lemons that sets you apart. A personal game that I play is finding the silver lining in each. Usually there is one. Recently we lost a prospective account to a competitor (I hate that). Taking the time to research the challenges of the situation provided some valuable insight to help in future competitive positioning. Lemons are great teachers. The toughest teachers were always the best. Remember? Seize the lemons that others are handed. When Hurricane Rita was headed to Houston, a reach out to a client there, offering temporary office sharing for their staff, was long remembered

and appreciated. Lemons can range from tiny to huge: delayed flight or an unanticipated illness or death of a family member or friend. Think of them as the signposts that say stop, be grateful, and reach out to others. There is nothing like focusing on others to take the tart sting out of the lemons. Make calls during the delayed flight that you have put off due to busy schedules. Randomly call a sister, mother or friend. My advice.”

Trudy Madan, founder and CEO of Synergyst Research and Discovery Clinical Trials — I first met Trudy when she worked at Humana as a senior executive. She's a person who knows what she wants and brings a sense of extreme optimism to all of her business endeavors. Trudy has learned what it takes to be successful. She's also found that her dogmatic attention to details and her determination to get the job done “on time” can be a bit daunting to others. She tells it like it is, oftentimes with unabashed candor. Of course, that is what I appreciate most about her. It is always great fun to watch Trudy in action. She may have ruffled a few feathers along the way, but in the end, Trudy always seems to leave a positive indelible mark on all she touches. Her close friends see the generous and more comfortably confident side to Trudy. What they all admire most, however, is the feistiness and unbridled energy she brings to her relationships. Her perseverance and commitment to excellence have earned her many awards, but more importantly, they have earned her the respect of those who have partnered in building her business. As for future goals, I'm sure she's already set her sights on ruffling some more feathers! When discussing lemons in our lives, she says, “Lemons are to be cherished. They provide us with wisdom, experience and, most importantly, garnish on a cocktail.”

And finally, a short tale on myself. A few months after moving to San Antonio, I was asked to speak at the annual installation banquet for Women in Mortgage Banking. I went, prepared to deliver my Gloria Steinem-ish “Women Climbing the Professional Ladder” speech. Naturally, I assumed I would be speaking to a roomful of women. Imagine my shock when I entered the room to find more men than women. My “male-bashing-women-rule” speech was totally inappropriate for this audience. Of course, I panicked and went into a state of apoplexy. There was no time to rewrite my speech. My brain literally ceased to function; I couldn't think! Though to this day the evening still remains a bit of a blur, I do remember that I chose to just be honest, apologizing in advance to the fine men in the audience. I delivered my talk, receiving regaling laughter and applause. The experience was mortifying, but male/female relationships that began that night proved invaluable.



San Antonio Women's Chamber of Commerce Constellation of Stars Awards Gala



On November 4, 2016, the SAWCC will honor women of our community who exhibit the following attributes of Advocating, Connecting, and Empowering women at our 5th Annual Constellation of Stars Awards Gala in the categories of Rising Star, Comet and North Star.

The SAWCC asks you to identify and nominate worthy women from organizations, businesses and/or local community entities for one of these prestigious awards. Please note that the Constellation of Stars Awards honors outstanding women at the various stages of their lives from up-and-comers to "seasoned" women in the community. Visit the SAWCC website at www.sawomenschamber.org for category definitions and nominations requirements.

NOMINATIONS BEING ACCEPTED JULY 1 – AUGUST 14



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When the gentle doorbell chimes at SLEW Wellness Center, the smiling and welcoming staff are ready to provide emotional and physical support for the client that has just arrived. Support Lending for Emotional Well-Being (SLEW), a non-profit agency, offers free services, to uninsured, under-insured and low-income women recovering from cancer treatment.

SLEW was founded in 2003 as an all volunteer agency by its executive director, who while through her journey with cancer, discovered disparities for low income women. SLEW now serves over 500 patients annually providing over 9000 services for underserved women.

This all-inclusive agency is the only one of its kind in Bexar County and operates as an integrative cancer care prevention and survivorship agency. SLEW is a holistic program that delivers essential services that improve a woman's emotional well-being, altered body image, self-esteem, physical pain and mobility limitations while empowering them with knowledge and skills to take charge of their healing and long-term survival. SLEW offers the most comprehensive program for cancer aftercare in Bexar County.

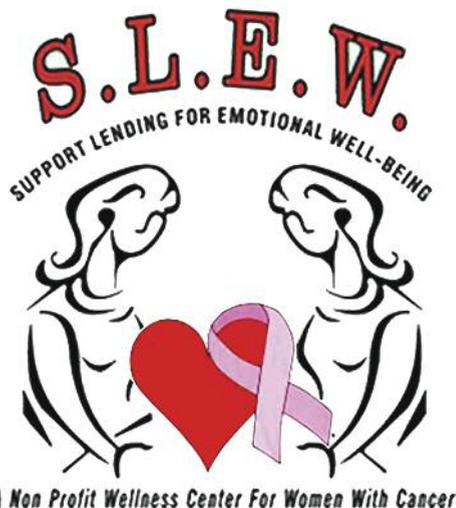
SLEW's services include wigs, mastectomy bras and prosthetic fittings, massage therapy, lymphatic drainage therapy, psychotherapy, case management, patient navigation, nutritional counseling and transportation. What makes this program so unique is that all services are offered at no cost to our clients under one roof. The agency was recognized in 2011, 2012 and 2013 by the National Cancer Institute, in collaboration with UT Health Science Center's Institute for Health Promotions Research (IHPR) as a model survivorship program.

At a recent small group meeting, facilitated by psychotherapist Ruby Torres, client Maria C. told the group she was scared. Her cancer had returned and she was scheduled for a port placement the next day. Maria wasn't sure she could handle the stress again. Another client, Dominique, reached out and held Maria's hand. "It's OK, we're here, SLEW is here, [and] God is with you. You'll be OK." It was words Maria needed to hear. Patient Navigator, Kathy Belmonte, accompanied Maria to her chemotherapy treatment, offering emotional support, and helping Maria understand what was happening.

"I have no family to lean on for support" said Gloria R. "I had gone through six surgeries and was feeling angry, but the women at SLEW kept me going! I am surrounded by people who I know really care about me."

This year plans are well underway to move to a larger facility, thanks in large part to a grant from Impact San Antonio. Our plan is to add an exercise program. Studies show that exercise can help prevent some forms of cancer and can help a current cancer patient improve their overall health and outcome.

"I felt like I had no purpose in life. I was losing my hair, I felt ugly, and I asked myself, why is God doing this to me? I wanted to die, and I tried to kill myself." But Amanda prayed and her doctor recommended SLEW Wellness Center. "This place saved my life. At SLEW, they know what I'm going through. The therapist here told me I was beautiful, and I was her for a reason." Amanda now feels she has a purpose and hope.



To learn more about SLEW Wellness Center, visit their website at www.slewellness.org.

Olga Young,
Founder and Executive Director

12521 Nacogdoches, #101
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What keeps you up at night?

"I think one of the reasons for a sleepless night is financial worries. People are often concerned about having their financial house in order for the future. And when unplanned events happen, such as divorce or other unexpected life changes, this can increase financial anxieties."

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In the face of Aristotle, five women find their passion in **LAW**

BY PAMELA LUTRELL

Aristotle is credited with saying, “The law is reason free from passion.” The five San Antonio attorneys featured in this issue would perhaps disagree with the classic philosopher, since they believe passion for the law keeps them serving clients at their highest level. In fact, they do not see how they could continue without it. Representing critical need areas of estate planning and probate, criminal defense, real estate, and family law, these powerhouse women recall the moments they received affirmation for their career choice and how their passion fuels a love for law and justice.

Meet some of our city’s best and brightest to understand why they perhaps would be willing to debate Aristotle, were he still around.



“ I enjoy probate because it’s an opportunity to walk with people through a very difficult time.”



PHOTO BY ELIZABETH WARBURTON

MAURINE SHIPP

Heinrichs and De Gennaro, P.C.

Maurine Shipp (best known as Mo) never planned to be an attorney. Both of her parents were attorneys, and there was a time she promised herself she would not follow their path or marry an attorney. However, this current partner of Heinrichs and De Gennaro, P.C., was glad she finally listened to counsel to consider another direction with her career.

“It wasn’t until working for several years after college that I started having conversations with people about the possibility of going to law school,” she said. “A wise counselor suggested it would be a good fit, and when I told her of my promises, she asked me if those were good reasons to not pursue something I was suited for.” Law school was definitely the right decision for Shipp, and she even married an attorney whom she now finds herself working alongside.

Shipp is board-certified in estate planning and probate, an area she thoroughly enjoys. “The estate planning is fun and interesting for me, because I get to work with people preparing for their future and the future of their family,” she said. “Let’s face it, not many people are eager to talk about estate planning. I work with families as they make really difficult decisions and enjoy counseling them through their options and finding the right fit for their family.” She believes there is no cookie-cutter approach to estate planning because every family dynamic is different, and each situation calls for its own set of solutions. She said, “I enjoy probate because it’s an opportunity to walk with people through a very difficult time. We are called attorneys and counselors at law, and the counseling aspect certainly comes in with probate.”

She clearly remembers one moment that affirmed her decision to follow this specialty. “It was a great moment toward helping a young man regain his confidence, independence, and life,” she said. Shipp’s practice represents individuals with regard to guardianships for incapacitated individuals. She said, “We had one case in which a young man suffered a major accident resulting in a traumatic brain injury. Because of that injury, he was unable to care for himself and required a guardian.” However, the young man improved after years of hard work, therapy and finding the right balance of medication, and he no longer required a guardian. “We were able to work with the family and have the Probate Court terminate guardianship,” she said. “It was certainly affirmation that, although there are tough days and many challenges along the way, ultimately we are providing important services to people.”

Shipp believes her passion for the work makes her a much better lawyer for her clients. “It allows me to listen and relate to my client. People come to me to address some of the most important and personal issues in their lives. I have to have both legal competence as well as compassion in conversations that are sometimes very difficult,” she said. “If I wasn’t passionate about what I do, I think it would come across in those conversations, and it would make fewer of them comfortable with me.” In fact, her firm markets itself as composed of attorneys with passion, professionalism, and perseverance.

She considers her first full-time job to be wife to her husband, Barrett, and mom to her two children, Foster and Hattie. “The majority of my time outside of the office is spent with them,” she said. Shipp also serves on the Planned Giving Council at the University of the Incarnate Word and has served as an adjunct professor at the University.

ROBBIE L. WARD

LaHood & Calfas, PLLC

To say attorney Robbie Ward is multifaceted is an understatement. On one hand, she is the mother of a small child who she drives to gymnastics, birthday parties, and schools. She possesses the warmth and smile associated with those like her who hail from West Texas and appears to be calm, cool, and collected behind the desk in her office.

However, on the wall behind that desk, looking over Ward's shoulder, hangs the head of a Texas wild boar complete with large, intimidating teeth. She doesn't hunt, but fellow employees at LaHood & Calfas insisted she receive the mounted head bagged by a firm partner. With a slight grin, Ward said, "I think they wanted me to have it, because I am like the boar — tough and a little scary."

As a junior in high school, Ward discovered she wanted to be a criminal defense attorney. At that time, in 1989, she began working part time for the top criminal defense attorney in Odessa, Robert Victor Garcia. It did not take long for Ward to be hooked on the profession, and Garcia became a mentor and friend. From that moment, she would begin a journey that took her eventually to St. Mary's Law School in San Antonio, and on to become one of the city's top criminal defense attorneys.

"Some of the best advice Robert Garcia gave me was to be a prosecutor first," she said. This is now an edge she offers her clients after serving as both a state and federal prosecutor. "I usually have some idea of how the prosecution is going to approach the case," she said. "I can see it from both sides of the spectrum." She has experience handling cases in family law, real estate, and personal injury, but her real passion lies in criminal defense. "It is never boring," Ward said. "The cases are always different and new and never monotonous."

She believes many people have been tainted by watching too many television shows about lawyers. "These are the people who find it hard to believe I enjoy my job," said Ward. "They will misrepresent criminal law and falsely state the attorney's main goal is just to get a criminal off." She believes her job is to fulfill a fundamental right of proper representation afforded someone accused of any crime who is innocent until proven guilty. "Those scoffers will think differently if they, or a family member, or a child happens to be accused," she said. "Then suddenly they are glad I am here."

Just last year Ward was approached by a client indicted on a murder charge. The crime was a cold case revisited by a detective. She quickly stuffed the case notes in a bag and headed to a continuing legal education seminar, where during some of the speeches she began to read over the notes. "I was stunned," she said. "I looked at all the evidence and was appalled he had been indicted. Deep inside,



PHOTO BY ELIZABETH WARBUJTON

"I usually have some idea of how the prosecution is going to approach the case. I can see it from both sides of the spectrum"

I knew he was innocent." She describes this man as one who had a rowdy younger life but who had turned things around with diligence and determination. He is now married with two young children. "I was at a complete loss as to why he had been charged and was able to get the district attorney's office to look over my points," she said. The moment Ward handed the couple the official dismissal from the DA, both began to cry. "I had one of those moments," she said. "The moment when you know, this is why I am here."

Ward does not believe someone can be a good defense attorney without passion for the job. After 15 years of trying cases, she still describes her excitement at the beginning of a trial as stomach-churning and butterflies. "If that feeling ever goes away," she said, "I need to look for something else to do."



“Law school opened up a whole new world and taught me how to think critically and analyze problems in a totally different way.”

CINDY HILL

Owner/Principal of Cynthia P. Hill

Business owner Cindy Hill does have a passion for something other than her role as a top real estate attorney — finding new varieties of coffee beans. “I am a coffee snob,” said Hill. She may be seen at any of the independent coffee houses throughout San Antonio, but she will be on the run. After all, she now oversees her own practice.

Her 20 years in law actually began while getting a master’s in school administration at the University of Texas in El Paso (UTEP). “My first career was teaching high school English and journalism for four years in El Paso,” said Hill. In those night graduate classes, she learned about laws and regulations affecting public schools and teacher contracts. She said, “One of my friends suggested if I did well on the GRE, I would probably do well on the LSAT and could go to law school. The idea that I could be in a position to help people, teachers specifically, as an attorney was very appealing to me.” It was the first time she was truly excited about her career life, and that excitement would be what carried her through the tough classes in law school. “Law school opened up a whole new world and taught me how to think critically and analyze problems and issues in a totally different way.”

After law school, Hill joined a small law firm in Corpus Christi that represented the local school district, and she worked there for two years. However, during a firm reorganization, Hill was asked to assist in the real estate department. “One of the first matters I was assigned was the acquisition of several convenience stores by a local Corpus

Christi family,” she said. “Then I was lucky enough to work on the purchase of two hotels by another local businessman, and I was hooked!” She enjoyed the intricacies of putting together the real estate transactions and discovering how all the pieces fit together — from surveys to site plans — then making certain the legal documents reflected the intent of all parties involved.

Before opening her own firm last January, Hill worked as in-house counsel for Valero Energy and for Susser Holdings. She truly gets excited over real estate transactions. “I get affirmation I am doing exactly what I was meant to do every time I close on a transaction, whether I represent a seller or a buyer,” said Hill. “After all the back and forth of contract negotiations, the preparation and revision of agreements, and the signing and recording of documents, there is a sense of accomplishment and finality that is very satisfying.”

Hill believes without this passion and purpose, she would just be a paper pusher. “I am always amazed at what my clients are working on, and helping them achieve this goal is what makes this fun,” she said. “This is a very detail-oriented practice, and without passion it would be very hard to stay focused.”

Besides her love for a unique brew, Hill enjoys travel and has been to Mexico, Central America, France, Germany, and China. She also enjoys listening to fiction novels. However, running a successful business keeps her on the go through clients’ offices and coffee shops around town.



PHOTO BY ALISON RUSSELL

RACHEL RUETER

Bandoske, Butler, & Rueter, PLLC

Family law is multifaceted and can involve issues around divorce, adoption, child custody, child support, military benefits, paternity, and many types of arbitration and mediation. Attorney Rachel Rueter enjoys oversight of each and every step. She graduated from law school in 1997 and has spent the majority of her career in San Antonio. “I have been partners with two fantastic women for over a year now,” said Rueter. “We have the same goals and work ethic. I trust and respect my partners completely. We are each other’s sounding boards and support, and all bring something unique to the partnership.”

Rueter cannot say she always wanted to be an attorney, but she knows the moment in law school she was assured of being in the right place. “I competed in my first mock trial during my second year of law school, and that was when I knew,” she said. “I immediately knew I wanted to be a litigator and fight for my clients.”

And fight she does, because family law requires it. “Family law is a different animal,” she said. “My clients are all going through an extremely emotional time in their lives. It is my job to be their advocate and their voice of reason. They need someone who can guide them through the difficult time and help them see there is a light at the end of the tunnel.”

It was during one of these emotional times that Rueter received affirmation that family law was where she belonged. “When I first started practicing, I was a personal injury attorney who took on a few family law cases,” she said. “I knew family law would be my focus when a young mother hired me to work for her.” Rueter describes the woman as young, lacking confidence, and completely under her husband’s control. She said, “She came to me, terrified her husband would take her child from her and leave her destitute — a message he sent her on a regular basis. I was able to stand up for her against her abuser and get her the results she deserved.” After that experience, Rueter knew she could make a difference in the lives of people through family law.

“We all know someone who has gone through a divorce or child custody matter,” Rueter said. “Clients are given so many conflicting opinions by family and friends, and they come to me confused and unsure. I listen to them and help them see what is important to them and best for their family.” She believes she can be compassionate, strong, and aggressive at the same time. “I also make

sure I am accessible and a voice of reason for each client.”

Rueter acknowledges that without passion for the job she would be miserable. She believes in order to be happy one must do something about which they care deeply. “Being an attorney is a tough job, and being a family law attorney is particularly stressful,” she said. “You have to be dedicated to helping your clients and understand you will have long days and long nights preparing for your cases. There are many nights I wake up at 3 a.m. thinking about my cases and going through the arguments for the next day’s hearing.”

A majority of her passion for family law derives from her feelings for her own family. “My family is the most important thing to me,” she said. “My daughter is my pride and joy and is the best part of

my husband and myself. As long as I am with them, I am enjoying myself. Whether we are strolling through the farmer’s market, hiking, traveling, swimming, or just hanging out and watching television.”

“My clients are all going through an extremely emotional time in their lives. It is my job to be their advocate and their voice of reason. They need someone who can guide them through the difficult time and help them see the light at the end of the tunnel.”

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“Once in a while, you get the opportunity to help someone who desperately needs your help. It feels good to be that person.”

PHOTO BY ELIZABETH WARBURTON

LEIGH CUTTER

Jean Brown Law

Out of the five attorneys profiled here, Leigh Cutter was the youngest when she became interested in law. “I would say it was around the age of 10 or 11,” she said. “I loved to read as a kid, and I would stay up all night and read one book after another. I would ask for suggested summer reading lists at the library and read everything on it one week into summer vacation.” She also grew up in a strict household where there was respect for and understanding of rules — and consequences if the rules were not followed. Cutter described herself as an overachiever, problem solver, and always ready to help others — qualities of top attorneys.

Diligence is also a quality of top attorneys, and she displayed her work ethic when it came time for law school. “I couldn’t afford to attend the day program and just focus on school, as most attorneys do,” she said. “I went at night and worked full time in the financial industry as a stock broker and financial advisor during the day. I spent many nights up late studying, working, and trying to figure out how to make everything work to fulfill my dream.” Her dream was fulfilled, and her attachment to law goes even deeper than the fundamentals upon which she was raised. Her husband, Andrew, is an attorney; her mother-in-law is an attorney in Dallas; and her father-in-law is a judge in Dallas. “Needless to say,” she said, “we all enjoy talking about case theories and the practice of law in general.”

Cutter is not certain if her specialty of criminal defense and family law found her or if she found it. “Prior to becoming a licensed attorney for Jean Brown Law, I clerked at one of the premier federal and state criminal defense firms in Texas, Brown and Norton. My extensive

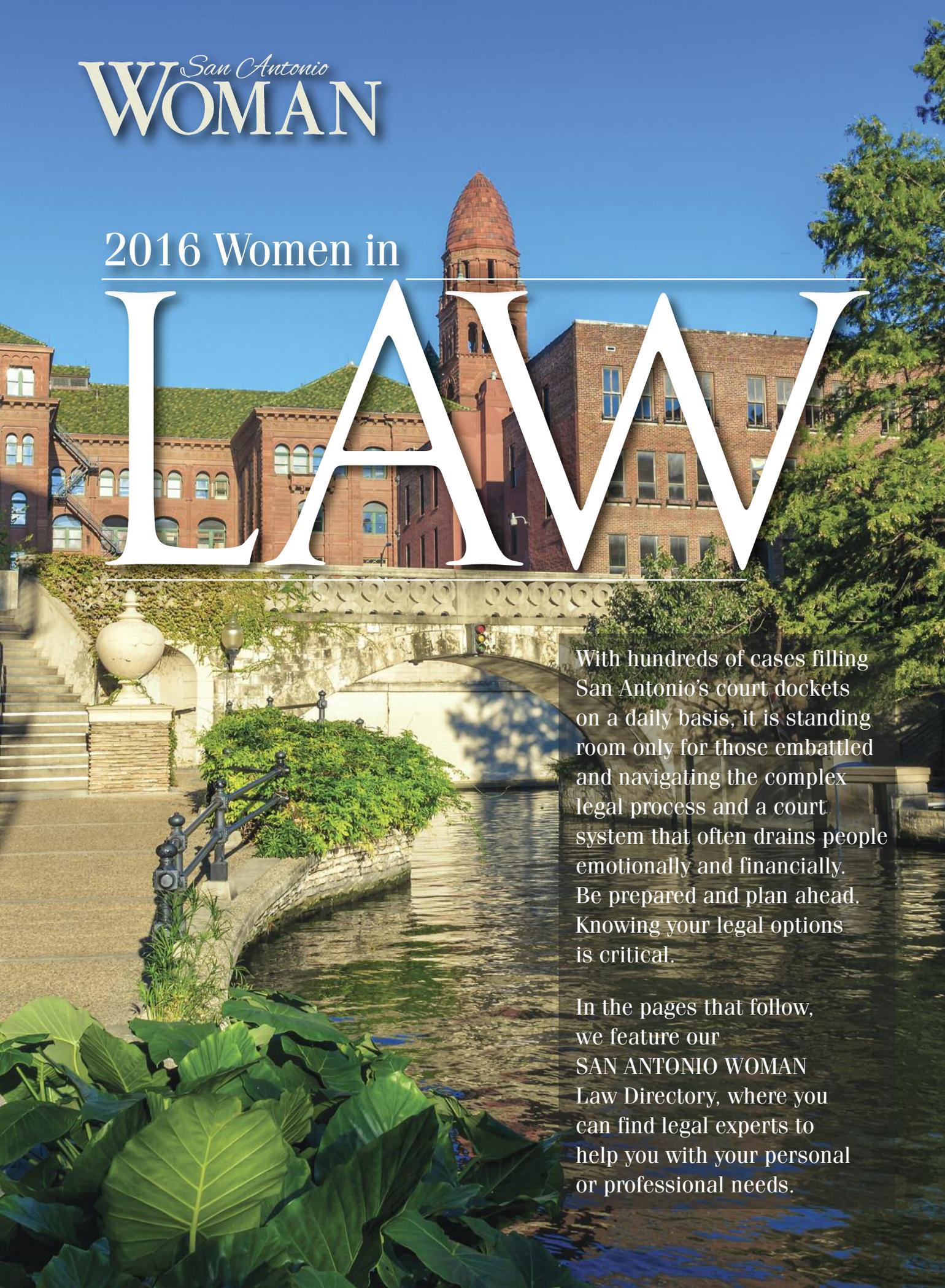
background in the financial industry gives me a competitive edge on both white-collar crimes and complex divorce litigation,” she said. “Our firm is known for our exceptional criminal defense representation involving assault, sexual assault, stalking, and substance abuse. These areas naturally intertwine with a number of family law cases, giving me a unique and successful approach to defending our clients.”

Cutter describes one moment when her chosen path was confirmed deep within her on more than one level. Last fall, when she was 39 weeks pregnant with her daughter, she tried a custody case. She said, “I represented the father of two beautiful children ages 5 and 7 years old.” Prior to this, the parents had 50/50 custody of the children, but the mother had remarried and moved to Corpus Christi.

She recalled, “I remember getting choked up during closing arguments because I knew in my heart that these children would suffer if the jury did not allow them to stay with their dad here in San Antonio. He was a great dad and would do anything for his kids.”

When the verdict came back and her client won, a moving moment happened between attorney and client. Her client placed his head down in his hands and began to sob with relief, while Cutter’s child began to squirm inside her belly. “It was almost like she was saying to me, ‘Good job, Mom, you really helped those kids,’” Cutter said. “Once in a while, you get the opportunity to help someone who desperately needs your help. It feels good to be that person.”

Cutter’s passion is for the system of law and justice America is founded upon. “If the attorney isn’t passionate, the client suffers. Every day, I am dealing with someone who could potentially lose their liberty and even their children,” she said. “I have to be passionate to get the job done.”



San Antonio WOMAN

2016 Women in

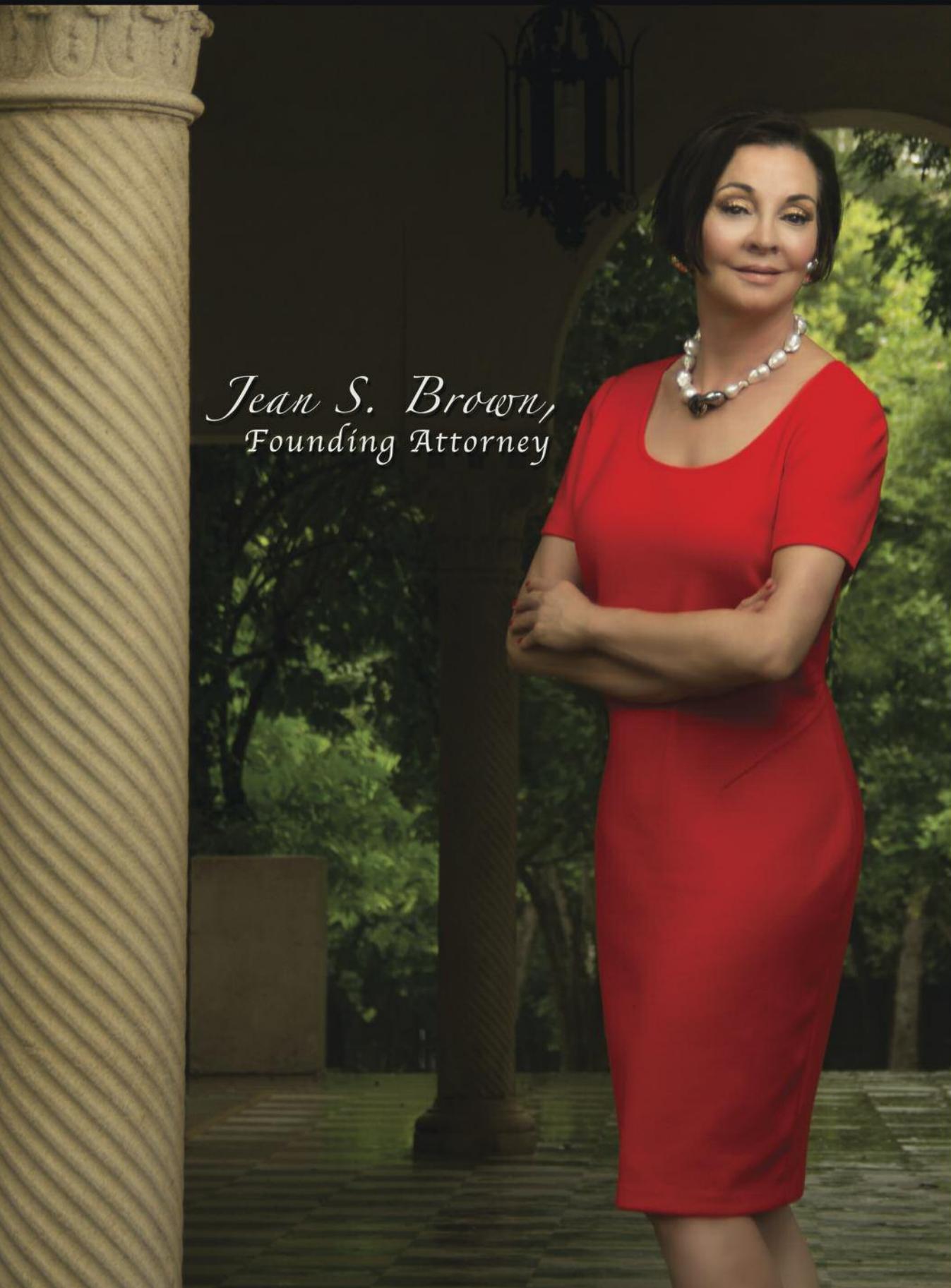
LAW

With hundreds of cases filling San Antonio's court dockets on a daily basis, it is standing room only for those embattled and navigating the complex legal process and a court system that often drains people emotionally and financially. Be prepared and plan ahead. Knowing your legal options is critical.

In the pages that follow, we feature our SAN ANTONIO WOMAN Law Directory, where you can find legal experts to help you with your personal or professional needs.

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Founding Attorney*



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Family Law



Jean S. Brown

- Family
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Jean Brown graduated from the University of Arkansas and moved to San Antonio, Texas in 1975. Ms. Brown won a prestige award for best sixty-second Spanish television production that same year. Later, Ms. Brown founded "The Anatomy Academy exercise study which she operated for ten years. Ms. Brown simultaneously starred on a live daily television show highlighting physical fitness for approximately six years. Subsequently, Ms. Brown traveled with retired NBA and NFL athlete doing substance abuse work in high schools across the nation.

Ms. Brown graduated from St. Mary's Law School Cum Laude in 1990. She is a member of Phi Kappa and the Order of the Coif, both organizations recognizing law school graduates with exceptional academic performance. Ms. Brown opened Jean Brown Law Firm in

1991. Ms. Brown excels in family law and criminal matters. Ms. Brown knows the value of settling cases and possesses the expertise to try complicated matters. Her experience in handling thousands of cases, enables Ms. Brown to best guide her client into making the best decisions in their individual situation.

Education:

**1990 Dr. Juris Prudence —
St. Mary's University
Magna Cum Laude**

Years in Practice in Texas: 26

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- Complex Financial Cases
- High Profile Divorce Cases

Leigh Cutter is an Associate Attorney with Jean Brown Law Firm in San Antonio, Texas where she specializes in the practice of Criminal Defense and Family Law. She works extensively in matters involving complex financial divisions and tracing and custody in the family law arena and has a number of cases involving sexual assault crimes on the criminal side.

Ms. Cutter is married to Andrew Skemp, a personal injury and medical malpractice lawyer in San Antonio, Texas. They have two children — Henry is 2 years old and Heidi is 8 months old.

Education:

**Jurors Doctorate — St. Mary's University
School of Law
Bachelor's Degree — Texas A&M University,
College Station**

Years in Practice in Texas: 2+

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JD - Texas Tech University School of Law**

Years in Practice in Texas:

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Sonia focuses her practice on the litigation, trial and appeal of civil cases, including wrongful death and personal injury claims. Sonia has committed her practice to representing clients with honesty, compassion and creativity. While her victories in the courtroom include a multi-million dollar jury verdict, success is often a quiet and confidential settlement that ensures her client is made whole for the wrongs committed by the negligence of another. Sonia's cases include:

automobile collisions | apartment complex premises negligence | product liability | work injury litigation
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Sonia has been rated as AV Preeminent® by the Martindale-Hubbell® Peer Review Ratings™. This reflects peer review ratings at the highest level for ethical standards and legal ability. She is an equity partner in her firm, which was originally founded as Branton & Hall, P.C., more than 30 years ago.

Sonia is a Sustaining Member of the Texas Trial Lawyers Association and a Past-President of the San Antonio Trial Lawyers Association. She served for 9 years as the Chairwoman of the Mayor's Commission on the Status of Women, having been appointed to the Commission by Mayor Phil Hardberger in 2005 and reappointed in 2009 by Mayor Julián Castro. In addition to numerous professional and community efforts, Sonia is Chairwoman of SA2020. Sonia also serves on the Board of Advisors of the San Antonio Young Women's Leadership Academy (YWLA). The YWLA is the first all-girls public school in San Antonio.

Sonia was born and raised in San Antonio. She is a product of San Antonio's public schools, including Burbank High School in the San Antonio Independent School District. Sonia received a B.A. in Political Science from the University of North Texas, the first in her family to graduate from college. Sonia received her law degree from St. Mary's University School of Law. She is licensed to practice in Texas; and in each of the federal district courts in Texas, as well as the Fifth Circuit of the United States. Sonia is also licensed to practice before the Supreme Court of the United States.



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Education:

St. Mary's University School of Law, San Antonio (J.D., 2005)
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Years of Practice: 11 years

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Sonia M. Rodriguez

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Sonia has committed her practice to representing clients with honesty, compassion and creativity. While her victories in the courtroom include a multi-million dollar jury verdict, success is often a quiet and confidential settlement that ensures her client is made whole for the wrongs committed by the negligence of another. She is licensed to practice in Texas; and in each of the federal district courts in Texas, as well as the Fifth Circuit of the United States. She is an equity partner in her firm, which was originally founded as Branton & Hall, P.C., more than 30 years ago.

Education:

B.A. in Political Science from the University of North Texas

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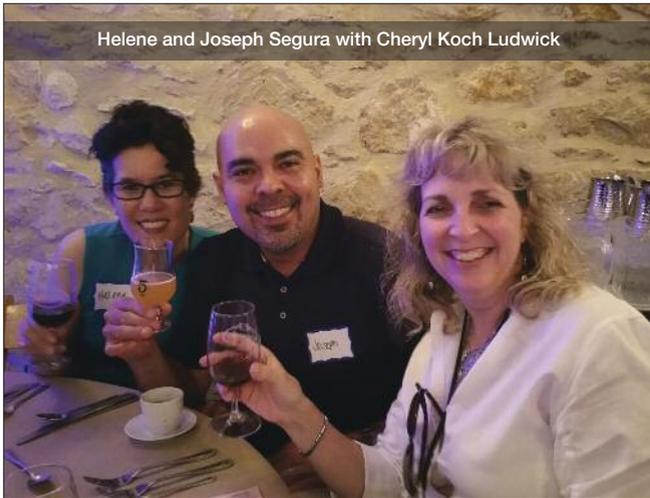


AROUND TOWN



An evening gala was hosted on March 19 to pay tribute to 17 iconic women who were inducted into the **San Antonio Women's Hall of Fame**. The event honored the many achievements of these leaders and raised more than \$139,000 for college scholarships for graduates of the Young Women's Leadership Academy.

1. *San Antonio Woman* Editor Emeritus Beverly Purcell Guerra & Sylvia Romo 2. Sheriff Susan Pamerleau & Susan Franklin
3. Janet Campbell & Angelina Salinas 4. Maria Cristina Rodriguez, Elaine Mendoza & Hope Andrade



Helene and Joseph Segura with Cheryl Koch Ludwick



Koch Ranches Gourmet Store pop-up courtyard cocktail hour



Koch Ranches' pop-up at the Southwest School of Art



Danielle Rodriguez with Tim the Brew Chef Schafer and Bret Koch

Koch Ranches Gourmet Store held a pop-up dinner on June 11th at the Southwest School of Art. The dinner featured food from Koch Ranches prepared by Tim "The Brew Chef" Schafer and Fresh Horizons Catering with beer and wine pairings provided by 5 Stones Craft Brewery and Messina Hof Vineyards.

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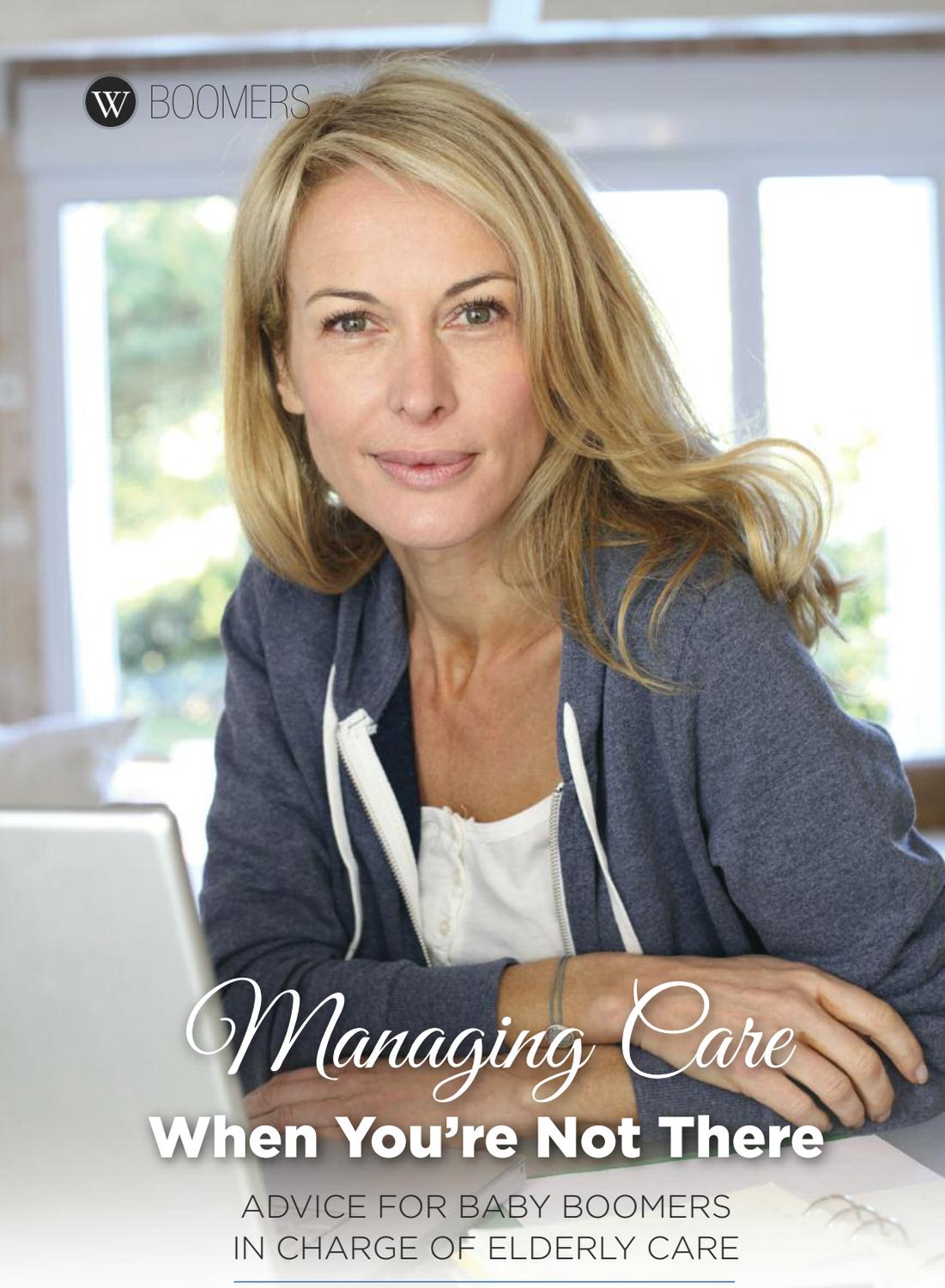
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Managing Care When You're Not There

ADVICE FOR BABY BOOMERS
IN CHARGE OF ELDERLY CARE

BY PAMELA LUTRELL

Only three short years ago, Kerry Rutledge was living her dream career. At 60, she represented a private line of high-end clothing; occasionally jetted off to New York for meetings and enjoyed her quality time with customers, friends and family. Yet in 2012, it all came to an end when her father experienced a heart attack in East Texas. Suddenly, Rutledge was plunged into the world of caregiving and became the overseer of five family members, including two sets of aging parents and one special-needs sibling. At the time, three were located out of town.

AFTER WORKING WITH family members who required care ranging from psychological needs to Alzheimer's disease to heart disease to a stroke and now to intense pain from bone disease, Rutledge offers these suggestions:

1

Understand the caregiver simply cannot carry it all. It helps to have a strong faith. "I have to allow God to be in control," she said.

2

Maintain as much flexibility as possible with your personal time, your preconceived ideas as to what caregiving should look like and your own emotions. "I do battle with asking myself what this will be in a few short years when it is my turn to need assistance," Rutledge confessed. Caregiving involves a roller coaster of emotions few boomers are ready to face. "A friend gave me a sobering but real world thought to accept," she said. "These burdens do not go away until they die." She also said to remember each family member's needs are different and cannot be treated the same.

3

Caregivers must make it a priority to do things they enjoy and count their own blessings each day. Recently, Rutledge could be spotted with her husband, two-stepping the night away at Midnight Cowboy. "I realized for the first time in years, I was smiling a genuine smile of joy," she said. "I must do that more often to avoid depression and keep a healthy mind." Another component of maintaining personal joy is to set boundaries with the aging family members and be clear about what is possible and what is not.

4

Accept hands-on help from those who offer it. Set pride aside.

“It has now become like a dark cloud that hovers overhead and never leaves,” she says. “Daily I live with fear of something happening to one of them, and I will not be there fast enough. Those thoughts are followed by guilt.”



Rutledge represents only one of the growing number of baby boomers faced with caregiving decisions that are increasingly made more difficult by the growth of health care costs and the addition of challenges presented by a debilitating disease called Alzheimer's.

Rutledge was fortunately able to quit work and put her problem-solving talents to use on the needs of all the family members. “It is a full-time job,” she says. “I am lucky to have worked early in life in the medical field, so the paperwork does not overwhelm me. But it is intense, and I live with the inner conflict of wondering with each decision if I am doing the right thing.”

This often includes deciding which doctors are the best, which treatments are applicable and the largest dilemma ... when to relocate to communities or facilities that will help and provide peace of mind. “I have discovered there is always someone to help and guide us through decisions,” she says. “The hospitals often have great staffs just for this purpose, and they can answer each and every question.”

It was necessary to approach a family friend for assistance with her own parents located five hours away. “I must have that assistance from someone nearby,” she says, “because I often cannot get there fast enough.” This was the case recently when her dad suffered a mild stroke and her mother fell just a few days later.

Rena McDaniel, 45, cares for her mother with Alzheimer's in her own home and is author of *The Diary of an Alzheimer's Caregiver*, www.thediaryofanalzheimerscaregiver.com. She confirms with Rutledge it is critical for caregivers to take time off for themselves and not become isolated from friends. She says, “Of course, my best advice is to appreciate the good, laugh at the crazy, and deal with the rest!”

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Perhaps the most difficult decision is the one that takes elderly adults from the homes they have known and loved.

Some of these factors include the ease or difficulty of everyday activities, the degree to which the senior feels isolated or lonely, transportation issues and the possibility that the need for more support from the family is increasing. It would be a lot easier for families if the decision point was crystal clear, but we all know that most of life's big choices are characterized with more gray than black and white."

Franklin has experienced these decisions firsthand as a boomer with a mother in her 90s who needed to be located from Florida to the family nearby. "At 92, my mother is still an independent woman. She is my dearest friend and mentor, and it is a delight to have her close to us in San Antonio at Franklin Park Sonterra. Before she

Susan Franklin, of Franklin Park Communities, says, "The decision to leave one's home can be difficult, both for the resident and the family. If possible, it is important for families to make the decision to move to a senior living community together. The conversations vary by family and personality, but we advise families to consider several factors when

made the move to Sonterra, we faced many of the same care issues with which so many families struggle. I think our experience not only as founders of Franklin Park, but also as consumers, gives us tremendous insight into the concerns and experiences of the families we serve. We understand the conversations, worries and practical considerations that go into caring for a loved one in a senior living community," says Franklin.

Luke Classen, president of Franklin Companies, says residents typically have a much better quality of life in a community setting than living alone. "Their diet is better; they become more socially active; they are more physically fit in a wellness program; and they have opportunities to stimulate their minds through mind games or by attending the arts and cultural events," he explains. Franklin's mother, Helen Cullen, said, "It makes me happy how Franklin Park takes care of me. I enjoy my friends and especially love the entertainment and sing-along; they know all our old songs."

Franklin agrees each situation and person is different, but there are plenty of places and ways to get help. She encourages boomers to reach out and receive help for their own state of mind. "There really are help and options for every person, need and income level," she said.

After 28 years working with caregivers and residents, Alma Cosme, community relations director at The Village at Incarnate Word, concurs

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there are many challenges. “The biggest areas of concern for baby boomers are the physical and emotional demands,” she said. Emotional demands place caregivers at risk for depression, stress, exhaustion and fatigue. Often this is brought on by the disruption to their own lifestyles and the decision-making pressure. “They can become isolated from family and friends and make great sacrifices,” she said.

Cosme said, “Our approach at The Village at Incarnate Word is to help educate baby boomers and their parents so that they can make an informed decision regarding senior living options. Years ago, parents of our current seniors experienced going to the ‘old age home’ or the ‘institution,’ thus instilling a fear of making a move to a senior living community. Today, our co-ministers offer gentle guidance in helping all to understand the many benefits of what is now available. There is often a sigh of relief once all involved learn to appreciate the options offered and the fact that residents can enjoy an active, independent lifestyle with the peace of mind of knowing services are available should the need arise.” The Village at the Incarnate Word has served the San Antonio community since 1988 and is home to over 300 residents.

The hardest part for Kerry Rutledge is watching her mother, her best friend, slip away. The lowest point has been receiving the brunt of her father’s anger after his stroke. The best part so far was her father-in-law’s recent memorial service following his death from



“There really are help and options for every person, need and income level.”

Susan Franklin of Franklin Park Communities

Alzheimer’s. “The service was so honoring, and we took time to remember the man we knew and loved,” she says. “It was a true legacy for my son.” Though Rutledge is going above and beyond with her choice to be the caregiver for her family, she will continue working diligently for those left behind, so there are no regrets and she can live with herself after each one says goodbye.



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BY JOSIE SEELIGSON

Extrême summers can plunge us all in a hot dusty wake of cracked earth, or alternatively, torrential downpours. During one severe drought several years ago, our rural nursery's water well declined and concentrated with salt, so much so that it poisoned container saplings and trees on its drip irrigation. While my husband and workers ditch-witched trenches in hard-baked earth for pipes to a better water source, my young daughter and I dragged hoses seemingly the length of football fields, heavy and cumbersome with water, in and around hundreds of container trees to individually hand-water them while the new system was built, which took a couple of weeks.

Drenched with sweat and sunscreen, coated with dust, mud, scrapes and bug bites, in soaring temperatures even in the morning and evening hours, I felt like a despondent character in a gray-tone dust bowl photo. Did I mention I was eight months pregnant? That was really not fun.

Years of lovely gardening memories dilute that, but extreme weather patterns are simply becoming the norm worldwide, in heat waves, blizzards, drought, flood, hurricanes, wind and hailstorms. The game of gardening guarantees nothing, which enhances joy when you do succeed with a productive, aesthetically pleasing garden. But to succeed, gardeners need a combination of luck and learned skills to play with the mother of all opponents, Mother Nature herself, and her extreme mood swings.



Some Texas-friendly varieties: Mexican bush sage with showy spikes of purple and white; heat tolerant okra; and butterfly deep pink pentas.

Extreme heat and drought

Texas' sweltering summer heat is no surprise to anyone who's survived here more than one summer. Harder to predict is whether moisture will accompany it. When lacking, water restrictions may kick in, so even beer gardens find themselves in dry counties.

Given a choice, always select drought-hardy or "water saver" plants. Flowers you love from that vacation to Martha's Vineyard will DIE here from heat alone, despite coddling. Go native, and even better, go Superstar plant selections adapted for Texas heat (texassuperstar.com), and use earth-kind gardening techniques, which focus on soil preparation and sustainable practices that ultimately make gardening easier and more successful (aggiehorticulture.tamu.edu/earthkind). Plant veggies adapted to heat like okra, cowpeas, squash, sweet potatoes and certain lettuces.

Preserve and use water efficiently. Mulch bare soil and install drip irrigation beneath to deliver moisture to roots, avoiding evaporation: many simple-assembly options are available online or at stores. Use nozzle or spray hoses that shut off as needed. Collect rainfall in containers for landscape use or container watering. Run sprinklers manually to best control how much is really needed and where. Water during the cooler morning/evening times, and avoid wind to reduce evaporation. Find more water-saving ideas at Howard Garrett's website, Dirtdoctor.com.

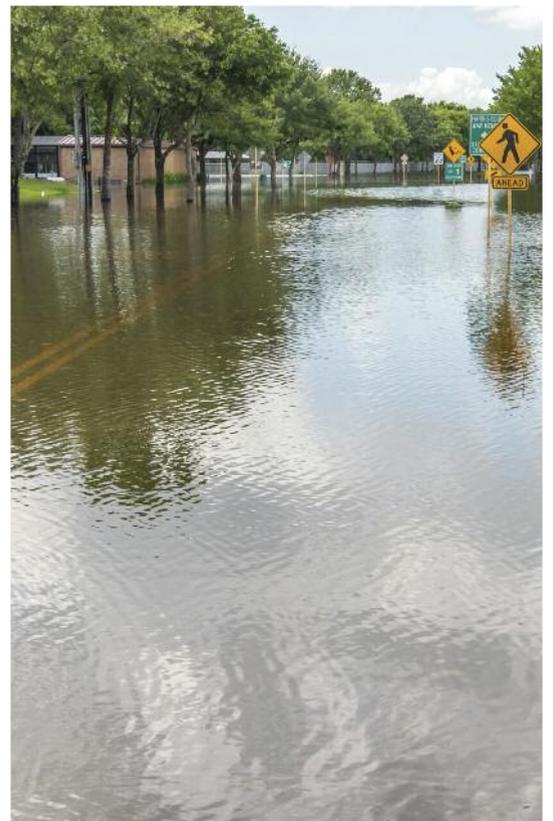
Heavy rains

Too much of anything isn't good. Heavy rains can cause erosion, fungus, spreading of fire ant mounds, emergence of snakes and tarantulas and root rot of prized plants. While rain lies beyond human control, some things can be done to help garden projects. Keep garden soil slightly moist at all times, so contrast lessens when heavy rains occur. If heavy rains are coming, pick tomatoes and other self-ripening fruits close to maturity and let them ripen inside. Apply beneficial nematodes, orange oil, molasses and compost tea to organically evict spreading fire ant mounds. Sprinkle cornmeal on garden soil, or spray a 1:10 mix of hydrogen peroxide: water on plants and trees to help control fungi.

Wind and hail

Hail is perhaps the most discouraging of all extreme weather because it's completely unpredictable and hard to prepare for. Arriving in spring or summer, hail starts when strong, warm updrafts lift drops of rain high in the atmosphere, turning them to ice, then mixing them with cold downdrafts traveling to warmer air layers where they partially melt, then rise again in an updraft to add another layer of ice. Once they are too heavy to remain afloat, these ice balls fall as hail, usually accompanied by severe thunderstorms. Weather forecasters can predict thunder and rainstorms, but can't always predict hail accurately. In most cases, people get a few hours' notice at the most.

Insurance might cover a shattered windshield but not garden plants, and the first glimpse of a garden after a hailstorm can be heartbreaking: flowers crushed and deadheaded, productive plants with broken stems or limbs stripped of produce





and pummeled, even tough agave and cacti riddled with pockmarks and holes.

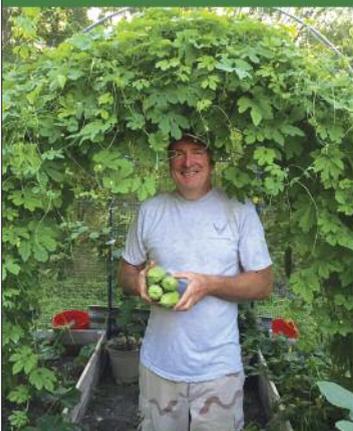
It can be hard to assess whether storm damage is permanent, so don't tear up the garden right away. Young plants with shredded leaves are probably goners, although older ones may sprout new growth within a week or two and return. After hail damage, fertilize plants with a diluted fish emulsion solution and spray leaves with seaweed extract foliar spray to stimulate growth hormones and promote healing. After a week, if new growth emerges, the plant will likely survive. Prune broken parts, remove casualties, and carry on.

Frosts

Frosts play fair in that they're usually predicted. Weather forecasters use terms "light frost" (32-38 degrees, tolerated by many plants), "heavy frost" and "hard freeze" (below 28 degrees, lethal to most). Move plants indoors if possible, or cover with linens or frost cloth light enough to "float" atop plants without damage. However, you may need to use weights or ties in stormy weather.

Highly evolved gardeners prepare or build frames of PVC pipe or such to cover plants or garden beds. These can be quickly covered with cloth or tarp for many varieties of extreme weather such as hail, frost, wind or even intense temperature/sun or pest problems.

Aurora Gardens



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AuroraGardens is supported by Aurora Breast Center, TreeGrace Farms and Aurora Foundation. Aurora Foundation is a DBA of Ho-Chou Family Foundation which is a 501(c)(3)



MY BIG BEAUTIFUL HILL COUNTRY *Wedding*

Brides suggest
their perfect
wedding day picks
for Texas venues
and vendors

BY JANIS TURK

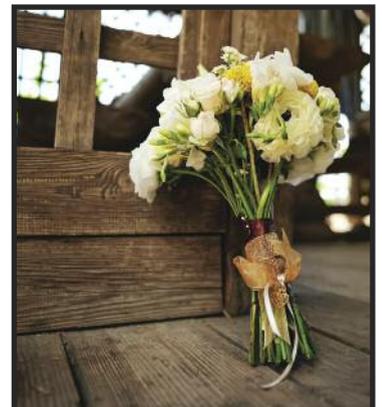
When planning a big beautiful Texas wedding—or even an intimate ceremony for two — many brides turn to the scenic Hill Country and South Central Texas for inspiration.

“We chose the Lady Bird Johnson Wildflower Center because we wanted an outdoor ceremony and reception, and the space was beautiful with blooming bluebonnets and a strong connection to Texas through the former first lady,” says bride Chloe Colby Stern.

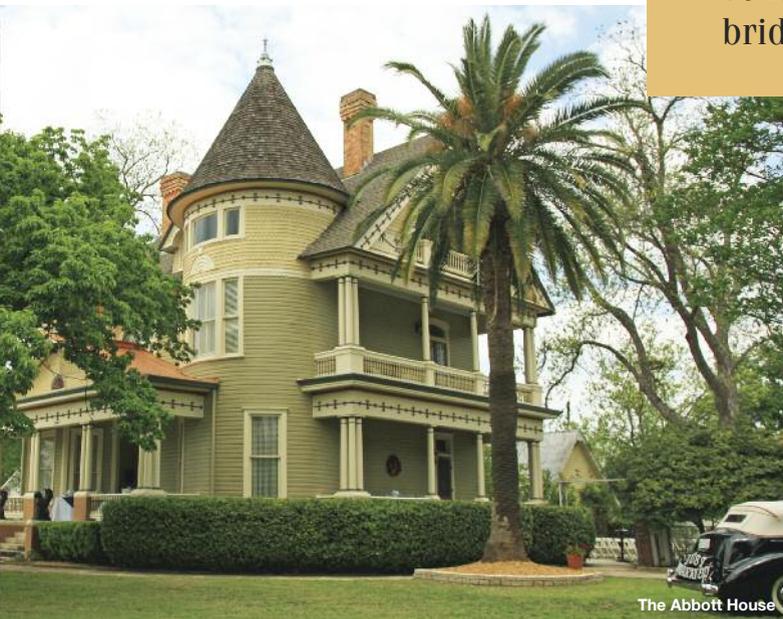
“When I was a child, I went to summer camp in LaGrange, and I’d sit at the Hillside Chapel at Lutherhill and think, ‘When I grow up, I’m going to get married here.’ We visited that outdoor chapel when we were planning the wedding, and a tingle went down our spines. It was meant to be,” says newlywed Carrie Daniels Lalley.

“Camp Lucy in Dripping Springs was the first and the last place we visited when deciding where to get married. It was everything I ever dreamed of... from the Hill Country vistas to the gorgeous Old World buildings, the site had just enough culture mixed in with a home-like feel,” says Stephanie LaFerrara Thomas who was married in Camp Lucy’s French Colonial Vietnamese chapel that was dismantled and moved to that sublime Hill Country spot.

ABOVE: Carrie and Sean Lalley say “I do” and seal it with a kiss at Lutherhill Camp and Retreat in LaGrange. Photo by Benjamin Garrett www.benjamin Garrettphoto.com.



Here are a few fabulous Texas wedding venues and vendors that San Antonio brides like best:



The Abbott House

AT LEFT: The Abbott House, Seguin, TX, photo by Janis Turk; a flower girl and ring bearer make a run for it at Camp Lucy in Dripping Springs. Photo by AzulOx Visuals, www.azulox.com. The Trois Estate at Enchanted Rock wedding chapel features an adjacent underground grotto. Photo courtesy Rebecca Trois.



Camp Lucy



The Abbott House

Just 35 miles from downtown San Antonio in Seguin, the Abbott House is a Victorian mansion with a large shaded backyard venue offering all that a bride needs for the perfect wedding, including tables, chairs, elegant décor options, a photo booth, gazebo, outdoor grill and more with affordable rates. 907 North Austin Street, Seguin, 830/998-8580, www.TheAbbottHouse.com.

Best local wedding gifts?

Gift & Gourmet, Seguin, 830/379-1242

Villa Antonia

An elegant Old World estate with Hill Country views in the lake country just above Austin (near Lago Vista), this sprawling Mediterranean-style villa with sweeping terraces, a lush rose garden, a little white chapel and dance hall and grotto dining room provides a romantic and memorable setting. 19039 Adrian Way, Jonestown, 512/689-2157.

Great florist in the area?

David Kurio Designs, Austin, 512/929-8807
www.davidkuriodesigns.com

Kendall Plantation

So close to San Antonio, so Old World in style, Kendall Plantation is an antebellum-style mansion on a private ranch outside Boerne surrounded by stands of shade-giving Texas oaks, with a sweeping central staircase. 20 Guthrie Road, Boerne, 830/229-5090.

Great cake creations?

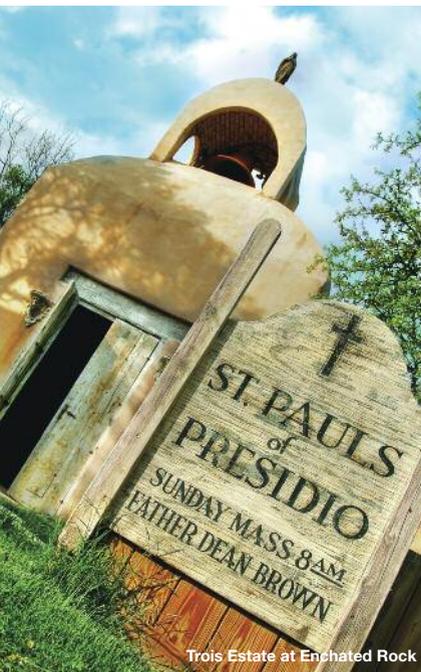
Bumdoodlers, Boerne 830/249-8826

Trois Estate at Enchanted Rock

This enchanting venue is a hand-built artistic village inspired by San Miguel de Allende and located in the Texas Hill Country just outside Fredericksburg. The Courtyard and Rooftop terrace seat a combined 200-plus guests for weddings year-round, and the Rooftop Veranda is tiled in an intricate mosaic design and overlooks the courtyard, offering breathtaking views of Enchanted Rock. 300 Trois Lane, Fredericksburg, 830/685-3415.
www.troisestate.net

Printing experts nearby?

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www.gutenco.com



Trois Estate at Enchanted Rock



Lady Bird Johnson Wildflower Center

AT LEFT: Kristina and Derek Even's wedding reception at Villa Antonia. Photo by Lisa Shepard, www.aimage.com.

ABOVE: Chloe and Ted Stern tiptoe through bluebonnets following their Lady Bird Johnson Wildflower Center wedding. Photo by Julie Cate. www.juliecate.com.

Camp Lucy

Near Dripping Springs, just outside Austin, this sublime Hill Country venue features a French Colonial chapel, a large events hall, a pavilion, great lawn and more, and its adjacent magical Sacred Oaks venue offers a shade-tree-canopied ceremony site, Great Hall and Bell Tower. 3509 Creek Rd., Dripping Springs, 512/894-4400, www.camp Lucy.com.

Good casual rehearsal dinner spot in area?

Pieous Pizza Dripping Springs, 512/394-7041



Villa Antonia

Lady Bird Johnson Wildflower Center

In South Austin, this venue makes the perfect spot, especially in spring, for a natural Texas wildflower-inspired wedding. With several indoor and outdoor ceremony, cocktail hour and reception spaces, the Wildflower Center is an attractive place to hold an unforgettable wedding and reception. 4801 La Crosse Ave., Austin.

www.wildflower.org

Horseshoe Bay Resort

Weddings are popular year-round at Horseshoe Bay Resort with its numerous scenic and versatile wedding and reception venues located throughout the large lake-front resort property. With support from the on-site wedding planning team, couples can plan their dream wedding at this waterfront resort only 45 minutes west of Austin overlooking Lake LBJ. Horseshoe Bay, 830/598-2511.

www.hsbresort.com

Camp Lutherhill and Retreat, LaGrange

This unique secluded property just outside La Grange is a summer camp site featuring several outdoor chapels and a large wedding and reception venue with outdoor decks surrounding towering glass and limestone walls overlooking a valley. Although it's mainly a summer camp and family retreat center, like many such properties, it is available in the fall, spring and winter for weddings, corporate retreats and family reunions. 3782 Lutherhill Rd., La Grange, 888/266-4613.

Great cakes?

The Best Little Cake Shop in Texas, LaGrange, 979/702-9126.

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See the Best of BIG D

Do Dallas in Style this Summer

BY JANIS TURK

Everything is bigger in Texas, and that's certainly true of Dallas, a sprawling city of big business and buildings, big hats and big hair, flashy corporate suits and hand-tooled cowboy boots. Of its sibling cities—Houston, San Antonio and Austin—Dallas is the fun and flirty one, unapologetically ostentatious, flaunting its oil money and cotton-crop wealth and Neiman-Marcus style. It's also a kingpin of commerce, technology, higher education, medical arts and more.

Still, Dallas is hardly an all-work-and-no-play place. For football fans, it's all about the next big game at the Dallas Cowboys' enormous AT&T Stadium (a fun place for the whole family to take a tour). For basketball lovers, it's all about the Mavericks; for baseball buffs, the Texas Rangers rock.

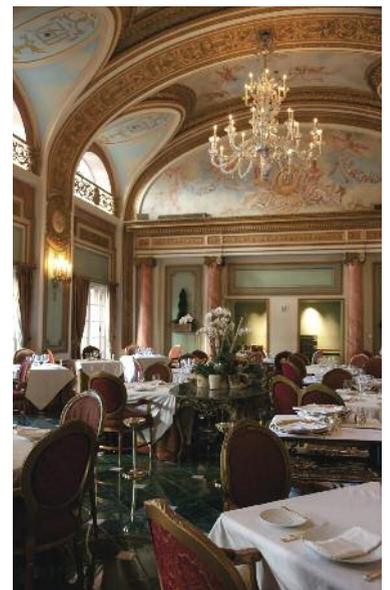
Dallas also boasts the largest arts district in the nation, spanning 68 acres and 19 contiguous blocks, and is home to outstanding performing arts centers. And with its world-class museums and the nation's second-largest presidential library, Big D could be called Texas' capital of culture. It's also a hub of fine restaurants and retail, live music, luxury hotels, happening clubs, theme parks, historic sites, verdant parks and sparkling lakes.

Yes, Dallas has it all.

Elegant Adolphus

To appreciate Dallas' old-school/old money allure, stay in one of its most beloved downtown hotels, the Adolphus, a 21-story baroque masterpiece that has been a legend among America's historic hotels since

1912, when St. Louis beer baron Adolphus Busch erected a luxury palace worthy of the Lone Star State. The best part of this recently renovated hotel is its surprisingly reasonable rates, especially considering the level of luxury offered. Each standard room there covers 500 square feet and has a large gleaming bathroom, fine beds and bedding and classic contemporary decor. Everything about this hotel feels so utterly "downtown": Its lobby is reminiscent of the Palm Courts of New York's Plaza Hotel, and the warm wood-paneled lobby bar looks like a members-only club. Splurge and reserve a stunning 19th-floor suite with vaulted ceilings and tall windows.



Want a casual evening in? Opt for hamburger and a beer in its Wild West-style Rodeo Bar. Prefer unforgettable elegance? Pop champagne and order a made-to-order soufflé dessert at the Adolphus' illustrious French Room, one of the most romantic restaurants in Big D, which is currently undergoing a renovation but will reopen in a few months.



Opposite Page: The Dallas skyline at night, photo by Matt Pasant; The French Room at the Adolphus, photo by Janis Turk.

This page: The Zodiac Room, photo by Janis Turk; Sheraton Dalls rooftop pool by Janis Turk; Cowboys Stadium photo by Janis Turk; Klyde Warren Park, photo courtesy of the Dallas Convention and Visitors Bureau.

The location there is perfect: just blocks from iconic Lone Star attractions such as the **Sixth Floor Museum**, **Dealey Plaza** and **Pioneer Plaza**, and the hotel is only 18 miles from the Dallas/Fort Worth International Airport (DFW), and 7 miles from Dallas Love Field Airport (DAL). One block away on Main Street, you'll find brew pubs, bars, coffee shops and even a drugstore.

For a budget-friendly stay, consider the **Sheraton Dallas Hotel**. With 1,840 rooms, this shiny downtown Sheraton stands in the heart of Dallas' Arts and Entertainment District, among shopping, restaurants and entertainment venues, not far from the **American Airlines Center**, **Fair Park**, the **Cotton Bowl** and the **Dallas Symphony**. With bright city views and 242 suites, this is the kind of hotel guests can always count on for clean, comfortable, convenient accommodations. Guests also receive complimentary health club access, and you'll also find a restaurant, sports bar and coffee shop, business center and gift shop. Book a room on the club level to enjoy drinks and snacks in a quiet private lounge. There's free Wi-Fi in all public spaces throughout the hotel. Traveling with Fido? Pets weighing fewer than 50 pounds are welcome with advance notice.

What to do in Big D? Check out the...

Perot Museum of Nature and Science. Open only since 2012, this \$185 million museum is a special favorite of children and parents. Architecturally arresting, this five-floor building, stands roughly 14 stories high and is located in the downtown Arts District. The Perot features 11 exhibit halls with interactive exhibits on the solar system, human life, fossils, robotics, weather and the science and engineering of oil and gas drilling.

The George W. Bush Presidential Library and Museum on the Southern Methodist University campus. Covering 207,000 square feet and opening in 2013, it is the second-largest presidential library in the United States. With state-of-the-art interactive exhibits, visitors are given an in-depth look at the eight-year term of an American president.

Klyde Warren Park. This 5.2-acre deck park was created as an urban green space built over the recessed Woodall Rodgers Freeway, anchoring the Dallas Arts District downtown. With everything from yoga to outdoor concerts and films, the park is a great place to play or enjoy a picnic.

Dealey Plaza and the Sixth Floor Museum. From history buffs to conspiracy theory enthusiasts, there's something for everyone interested in President John F. Kennedy. The Sixth Floor Museum, located in the former book depository where sniper Lee Harvey Oswald took aim from a window, features interesting and educational exhibits that bring this dark day in American history to life. Stand on the "grassy knoll" at Dealey Plaza, or drive down Elm Street, passing over two Xs on the street, marking the spots where JFK was shot.

Neiman-Marcus Zodiac Room. "Let's do lunch," say Dallas elite, meeting and dining at the Zodiac Room at Neiman-Marcus downtown, for more than 50 years.

Dallas Museum of Art and the Nasher Sculpture Center are just two must-stop spots in the Dallas Arts District.

It's all happening at the **Dallas Zoo**. Spy an enormous giraffe sculpture standing at the entrance, and take the kids on the Wilds of Africa Monorail Safari.



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W TRAVEL

Head uptown for margaritas, music and nightlife or to enjoy boutiques and restaurants. Where to go? Start with happy hour on the packed patio of **Mi Cocina** at Highland Park Village.

Exhale. Pamper yourself with a restorative spa treatment or a luscious facial at one of Dallas' premier award-winning spaces adjacent to the **Highland Hotel** on Mockingbird Lane.



Above: Left: Stampede 66 gumbo, photo by Janis Turk; Right: Pappas Bros Steakhouse dessert.

Prime Texas Eats

Besides being home to Tex-Mex cafes, Dallas also offers a wealth of world-class restaurants. Celebrated James Beard award-winning chef Stephan Pyles takes ordinary dishes to extraordinary heights at his new **Flora Street Café** at Hall Arts, in the heart of the Dallas Arts District, a formal dinner eatery offering what Pyles calls "sophisticated Texas cuisine: a combination of elevated Texas and Southwestern cuisine," including many menu items cooked over an open flame. For a casual meal in an urban cowboy setting, visit another popular Pyles eatery, **Stampede 66**. But don't leave Dallas without feasting on a fabulous USDA Prime cowboy-sized steak that's dry-aged in house at **Pappas Bros. Steakhouse**, a family-owned Dallas favorite. For a quick sopapilla treat (think puffy Mexican donuts) and a taste of local Tex-Mex, take the kids to **El Fenix**, a long-time Dallas tradition, next to the **Perot Museum**. For zestier fare try **Mia's Tex-Mex**, uptown.

Parlez-vous perfect? For elegant atmosphere and possibly the finest dining in Big D, the **French Room of the Adolphus** is romantic and reminiscent of Le Train Bleu in Paris or the Palace of Versailles. Dine by candlelight in this AAA 5-Diamond award-winning restaurant of Chef Marcos Segovia, which the *New York Times* called "a Louis XV fantasy ... indisputably the most striking and sumptuous restaurant in Dallas." The restaurant will soon reopen after renovation work is completed later this summer.

To learn more about Dallas, go to
www.visitDallas.com.



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Hope

FOR PARENTING AN ADDICT

What does and does not work

BY PAMELA LUTRELL PHOTOGRAPHY BY ALLISON RUSSELL

Maggie's story

"What I wish I had done better would have been to seek help much sooner. I thought that I could 'out parent' my son's problems. I thought that if I could be more vigilant, check his belongings better, monitor his phone closer, and control his whereabouts greater, then we could beat this. That isn't the case when your kids are abusing drugs. Quite often we learn that typical parenting doesn't work when your child is on drugs, and we must be open to different ways of doing things," says Maggie Odigie

Maggie's story is all too familiar in a world where drugs are easily obtained by local youth. "My son started experimenting with drugs and alcohol in seventh grade. Initially, it looked like idolizing drug culture," she said. "It was in his movies, music and television. While we didn't support it, we thought it would right itself and had to be a phase." But soon she was called to meet her son in the middle school principal's office for trying to pass baking soda off as cocaine. She requested the school administration just impose a warning. "Looking back, I can see this was the first of a series of significant events where he never felt the full consequences for his actions," she says regretfully.

Her son's problems soon escalated. "The hardest part about my child using drugs and alcohol was that I was filled with shame," Odigie said. "I felt like a failure as a mother. When my kids were doing well, I was doing well." She confessed the shame kept her isolated, and the problem wreaked havoc on her marriage and the time and attention spent parenting her younger children.

What Odigie believes she did well was find a community of people who were going through the same thing at Rise Recovery, home of the Palmer Drug Abuse Program (PDAP). "This community is made up of parents and family members who have a loved one suffering from substance abuse disorders," she said. "There I grew from



strength and hope for those family members and could see how far I had come. Together, we all saw our shared joys double and our shared sorrows halved."

The Odigie story is one of lessons learned that she now shares with other families as they come to Rise Recovery at 111 Dallas St. "Parents can be great rescuers and, unfortunately, great enablers. We can keep our children stuck in the problem and not allow them to get well," she said. "I remember thinking that Rise Recovery could be a quick fix. That wasn't the case. Recovery takes time — one day at a time."

She believes it is important not to blame oneself and to seek help immediately. "No one is immune from addiction," she said. "We parents carry the burden alone far too long. Seek help early and allow professionals to sort out the severity of the problem for you." She also encourages parents to care for themselves and find joy in each day. "I had to be very intentional about making time for myself. But through practice I was able to find peace and joy. Now when my loved one has a setback or isn't doing well, I no longer need to be on the roller coaster with him. I can love him and be there for him when he is ready, and I can enjoy my own life."

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David's story

David Cordrey, 31, knows exactly what it's like to begin a journey toward addiction as a preteen. "The disease of addiction knows no boundaries," he said. "It does not stop at certain ages or income levels or races or lifestyles." Cordrey's journey included small crime, suicide attempts, clinical depression and homelessness.

"You hold your breath and hope he'll grow out of it," said mom Nancilee Cordrey. She describes her son's youth as going from consequence to consequence and just coping with them one at a time. "I would listen to him say he had learned his lesson each time," she said, "and then turn around and he would be back with old friends drinking and smoking pot." She even moved to a new town and home-schooled her son, but he managed to find the same crowd in a new place.

She goes on to say, "We came to San Antonio when he was 19 years old. I found myself waiting for the next shoe to drop. He always wanted money and would use many excuses for what the money was for, but I knew it was for drugs and alcohol." She believed it was important that she just keep him alive long enough for something to click, make sense and help him change. "He wasn't going to die on my watch," she said. "Not if I had something to say about it."

Ultimately, she would lay down house rules for her adult son. If he followed those rules, he could live with her if he stayed clean, sober and working. David was not ready to change and found himself removed from his mother's home to the streets as a homeless adult. "The majority of homeless adults in San Antonio are addicts," he said. "The men who walk the corners and ask for money always use it for drugs or alcohol, and after they get the drug of choice, they purchase a nice hotel room for the night."

"I wanted to be fixed at that time," he said, "but I did not want to do the work it took to be fixed. I would sleep on the courtyard at Haven for Hope and reject doing what it took to go inside." His mother said there is only so much family can do. "The addict has to want help," she said. "If they don't, then you must be ready to walk away. Once they lose everything, there is a chance for recovery."

David and Nancilee both agree family interventions are more for the family members than for the addicts. "Nothing will change," he said, "until the addict is ready for help." Intervention is often to help the family that is struggling with shame and embarrassment. He said, "The best thing a family can do is get away from them, kick them



Nancilee Cordrey and her son David Cordrey.

out, cut them off. They need to back off and let the consequences hit full force."

David was eventually helped through Pay It Forward Ministries and a program that included detox, the 12 step program, and living in the sober dorm with other former addicts. "It is imperative the program include the 12 steps," he said. "I needed to face this myself. My family could not do it for me. I needed to admit I was powerless and had a huge hole in my heart that could only be filled by God." He and his mother now work for Pay it Forward at Haven for Hope helping others who suffer from addiction. He has observed all income levels in the program and reflects that wealth will not buy wellness.

Both believe society must accept addiction as a disease and stop treating it as an embarrassment. Maggie Odigie could not agree more: "Our culture wraps its arms around the family of a sick child. We bring meals, we start prayer chains, and we do fundraisers to alleviate financial burdens of the family with a sick child. But the same compassion isn't expressed so openly when your child is suffering from the disease of addiction. That is the only shame in addiction."

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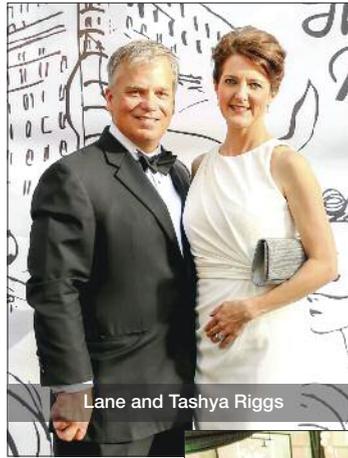
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Elizabeth Cox (Assistant Chair), Sara Walker (Chair), Amanda Bezner (Forum President), Jody Lutz (Co-Chair)



Texas BioMed Gala Party

The annual Texas BioMedical Forum Gala was hosted on May 8 at The Argyle. Men in tuxedos and women dressed in black and white gowns were adorned with masquerade masks. The theme, taken from Truman Capote's 1966 Black & White Gala, "The Party of the Century," mirrored Capote's historic party's aesthetic. This year's gala raised funds to be used as seed money for projects in the idea stage at the Texas BioMedical Research Institute.

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TOSA's Chief Retires after 19 Years of Service

"It has truly been a privilege to be part of this great organization and its cause and mission over the past nearly 20 years. I look forward to following TOSA's continued success and many contributions to the health of our community and beyond."

Patrick J. Giordano, Chief Executive Officer of Texas Organ Sharing Alliance since 1996, has led the organization through many changes resulting in the ongoing evolution of the federally designated organ procurement organization covering 56 counties and serving more than six million people in Central and South Texas. This includes San Antonio, Austin, the Rio Grande Valley, Laredo, Waco and San Angelo.

Giordano started out as a hospital volunteer in high school, then trained and worked as a respiratory therapist for eight years, including two years at Walter Reed Army Medical Center when he enlisted in the U.S. Army in the early 1970s. He earned a master's degree in hospital and health care administration at the University of Minnesota, followed by multiple executive roles in Southern and Northern California, Kansas City, Oklahoma City and St. Louis before coming to TOSA.

After his 19 years of service, focused upon the advancement of lifesaving efforts of TOSA and organ donation in Texas, Giordano has announced his retirement. Before his departure, Giordano discussed the changes, challenges and joys of his work.

What, in your tenure, has been the organization's greatest success?

Watching the organization's progress in working with hospitals to make donation a normal part of the continuum of care. The key part of this was developing protocols and processes to assure that potential donor cases are evaluated in a timely and appropriate manner. As a result of that success and with the excellent clinical and leadership staff we have assembled at TOSA, this allowed us to improve more processes and eventually become regarded as one of the most productive organizations of our kind in the nation. Many of our practices, how we developed our internal culture, the way we use metrics, and our quality improvement processes are shared in the field and have been cited by national organizations. The bottom line is more organs for more patients on the transplant waiting list.

How has working with donor families and recipient volunteers affected or influenced your work?

They are a blessing beyond description, and we could not do what we do without them. The emotions and life-changing nature of losing a loved one and then knowing they saved someone's life is an incredible life circumstance. Many people may want to move on after the death of a loved one, which is certainly understandable, but these donor families want to stay involved through the gift of life their loved one gave. They want to celebrate the life which was enabled through the life of their loved one. Together, with the special and lasting gratitude of organ recipients, the volunteers have stories of commitment, survival and the impact of that gift which are truly inspiring.

What message do you have for TOSA donor families and to the patients on the transplant waiting list in Central and South Texas?

That they are the reason why TOSA is here and why the people who work at TOSA are so committed to providing the best family care possible during such a difficult time for the donor families. We are eternally grateful for their support of their loved one's gift of life of organ donation.

The patients on the waiting list are the ultimate beneficiary of this gift, and we are working 24/7 to see that every potential donor opportunity results in donation. We never, ever stop, and we want to see them out of the hospital, healthy and with their families and living their lives. Life is time, and we want to play our part in extending their time here.

What would you say to those who are pondering the decision to register as an organ, eye and tissue donor?

It is as easy as ever to register with the Donate Life Texas donor registry. So please do register. In the event you are in a position to donate, you have done a great service to your family, clarifying your wishes with them during a difficult time, and you will save lives.



"Type 1 diabetes had basically destroyed my kidneys. I was surviving by enduring four-hour sessions of dialysis three times a week. My outlook was grim. I was on a transplant waiting list, but average waiting time in Texas for a kidney from a deceased donor is many years.

More than 25 wonderful people had volunteered to donate a kidney, but none of them were a match. Methodist Specialty and Transplant Hospital proved to be my saving grace. Because of their incredible Living Donor Exchange Program, I was able to receive a kidney from a matching unknown living donor and my friend became a living donor for someone who matched with her. Pretty amazing! To say my life has changed would be an epic understatement. I encourage anyone who has ever even thought of being a living kidney donor to check out the program. You will be giving the ultimate gift: life."

Amanda
San Antonio



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When it comes to hearts, our transplant program at **Methodist Heart Hospital** in San Antonio has traditionally ranked in the top 20% nationwide for number of heart transplants performed. Since the program's inception in 1986, our team has performed nearly 400 heart transplants and nearly 250 cardiac assist device implantations.

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*Source: UNOS.org **Source: SRTR.org



133
DONORS
419
LIVES SAVED

AT LEFT: Justin Bateman with his mother, J.K. Huey, and sister, Amy Gordon.

More than 400 Patients Receive “Second Chance at Life” Via Organ Donation

Eight out of 10 Central and South Texas families say ‘yes’ to donation

Texas Organ Sharing Alliance (TOSA), the organ procurement organization that provides organ donation and recovery services for families in Central and South Texas, supported 133 noble individuals and their families in offering 419 patients a second chance at life in 2015.

Data from last year shows that 35 percent of these donors made the decision to save lives by signing up with Donate Life Texas, the official registry for organ, eye and tissue donors in Texas. Over the past several years, TOSA has seen an increase in registered donors, easing the burden on families from having to make a difficult decision at a time of grief.

“The continuing increase of registered donors demonstrates the foresight so many individuals in our community possess, which is to help others in need,” said TOSA CEO Patrick Giordano.

Additionally, nearly 80 percent of families approached by TOSA consented to donation.

Headquartered in San Antonio, TOSA in 2015 celebrated 40 years of facilitating organ donation services for families and thoughtful individuals like Justin Bateman of San Antonio.

“The TOSA staff member was so pleasant and respectful,” said his mother, Janice Huey. “She shared the opportunity that Justin could help people. We all just looked at each other and said this is a no-brainer, this is something Justin would want to do. He always dropped everything just to help someone.”

Texans are encouraged to register at Texas Department of Public Safety, the Texas Department of Motor Vehicles or online at DonateLifeTexas.org. **For information on organ donation and community initiatives, contact TOSA at 866-685-0277 or visit txorgansharing.org.**



Texas Organ Sharing Alliance

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The Good Samaritan

It's a tragic scene no one wants to come upon: two SUVs collide, one wrecked beyond recognition. Passerby Justin Bateman is compelled to stop to try and help. He soon finds a 22-year-old woman fighting for her life. Bateman, whom family members describe as the "kind of guy always willing to help," jumped into action. While others looked on, he sat and held the young woman's hand, encouraging her until her final breath. As news of the horrific accident spread, so did the unofficial naming of Bateman as "The Good Samaritan."

Sadly, just one month later, Bateman himself was involved in a fatal motorcycle accident.

For J.K. Huey, Justin's mom, the events of that tragic day are still fresh in her mind over a year later. It was the morning of March 15, 2015, when Huey's phone rang. It was Justin's fiancé, Tiffany. She was worried because Justin, 28, had left his house the night before for a quick run to the store and still had not returned home. Huey decided to pick up Justin's 4-year-old daughter and take her to McDonald's and then her home. Shortly after arriving, the doorbell rang. As she approached the door, her stomach sank as she caught a peek of a policeman's sleeve patch through the window. She hoped deep down Justin had landed in jail, but the officer informed her Justin was in the intensive care unit (ICU) at San Antonio Military Medical Center (SAMMC).

The next few moments were a scramble as she called her husband, Justin's sister, and his dad, whom she divorced when Justin was a toddler.

Once at the hospital, they were greeted by the kind and comforting medical staff and learned Justin had lost control of his motorcycle and slammed into a retaining wall. He suffered massive head trauma, and a CAT scan would reveal her worst fears — no brain activity. All hope was gone.

The rest of the day was a flurry of friends and family. Huey recalls the heartache of Justin's father's last moments with his only son. But a visit that afternoon from a representative with Texas Organ Sharing Alliance (TOSA) would cause a turn of events. Justin had not registered as a donor, but now had the opportunity to give someone a second chance at life by donating his organs. The decision laid in his family's hands.

Once again, his humanity for others was revealed. Knowing Justin's desire to help others, his family said yes to the donation. "It was a no-brainer, we just looked at each other and knew this is what Justin would want to do," Huey said. Bateman saved four lives. Additionally, his corneas, bone and skin tissue went to help many other transplant patients. For his family, knowing his legacy would continue gave them strength to carry on.

Miles away in Austin was a man named Radu. He was in need of a heart, but his chances of receiving one were slim. He had seen the stories of the "Good Samaritan" who had passed



TOP: Justin Bateman and his daughter. BELOW: Justin's heart recipient, Radu and Justin's son Carter share a hug.

recently and when the call came that a heart was available, his mind pondered about his donor's family and if perhaps this hero's heart might be the same heart he would receive.

The transplant was a perfect match Radu recovered remarkably well and later recounted to Huey that the heart started right on its own once in his chest. Radu expressed his gratitude for his "Gift of Life" in a letter through TOSA's correspondence program. He soon would learn he indeed carried Justin's heart. In December 2015, seven months after Justin's passing, he met Huey and the



rest of the family.

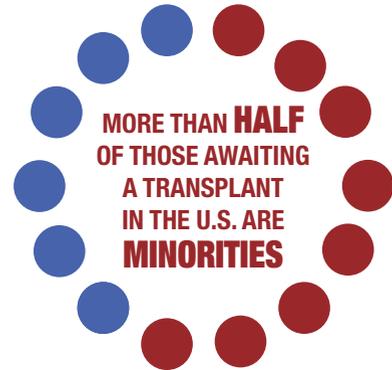
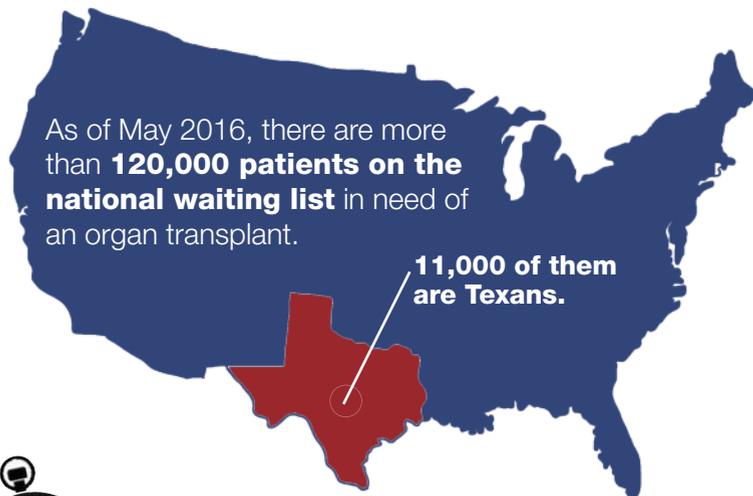
The meeting was full of tears, joy and hugs from all, including Justin's 1-year-old son, Carter. Huey remembers how surprised everyone was when Carter jumped into Radu's lap and hugged him as if he knew daddy's heart was inside. "The whole experience with Carter made me realize what I believed all along," Huey said. "Justin lives on, and his spirit remains around us."

Huey feels they could not have asked for a better transplant recipient and wears a bracelet from Radu in honor of her son's gift — two silver links held together by a golden heart.

Key Points about Organ Donation

There is a severe shortage of organ donors in this country.

22 PEOPLE DIE EACH DAY because there are NOT ENOUGH organs to transplant



A new name is added to the United Network for Organ Sharing waiting list **every 10 minutes.**



The organ allocation system is blind to wealth, celebrity and social status. Donated organs are placed in recipients based on best medical match and most critical need.

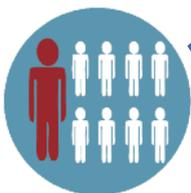
8.5 million Texans have registered their decision to **Donate Life!**

Of the **2.3 million people** who die in the U.S. every year, less than two percent are eligible to be organ donors. **Almost everyone, however, can be a tissue and cornea donor.**

Transplant success rates increase when organs are **matched between members of the same ethnic and racial group.** A patient is less likely to reject a kidney if it is donated by an individual who is genetically similar. **Therefore, a lack of organs donated by minorities can contribute to death and longer waiting periods for transplants for minorities.**



- **Few people are too old or too young to donate.** • Currently there are no age limits for donors.
- At the time of your death, medical professionals will determine whether your organs are transplantable.
- **Organs that can be transplanted are the heart, kidneys, pancreas, lungs, liver and intestine.**



1 PERSON CAN SAVE 8 LIVES



There is no major religion in the U.S. that is opposed to organ and tissue donation. In fact, many religions endorse organ and tissue donation as an act of charity.

- *Donation does not disfigure the body or prevent an open casket funeral.*
- *Donated organs are removed in a sterile, surgical procedure, similar to open heart surgery, in a hospital operating room by skilled surgeons.*
- *Organ and tissue donation is considered only after all efforts to save the patient's life have been exhausted and death has been legally declared.*
- *No costs directly related to organ or tissue donation are passed on to the donor's family or estate.*

Register your decision at www.DonateLifeTexas.org and please inform your family of your decision to donate.

Texas Organ Sharing Alliance • www.txorgansharing.org • 210-614-7030 • 1-866-685-0277



Donor Maria Yolanda Tarazon

“The power we have to help others is a privilege.”

Being a Hero at Any Age

Heroes on television and in movies may be portrayed as big, strong and young, but when it comes to being a true hero — a lifesaving organ donor — age is simply a number.

An unfortunate and common misconception in donation is the myth that an individual could be too old to save lives. However, just as there are opportunities for babies to be heroes for other children, adults of all ages have the opportunity to save lives, as well.

According to the Organ Procurement Transplant Network (OPTN), over 65 percent of the patients awaiting a transplant in the United States are over the age of 50. Yet in 2015, only 33 percent of the donors were in this age group.

The misunderstanding involves the health of an organ as an individual ages. But Texas Organ Sharing Alliance is tasked with ensuring that a donor is giving the healthiest gift possible, and all necessary testing is done in order to achieve this goal.

Maria Yolanda Tarazon of Laredo was 52 when she died after suffering a stroke. Her sister Maricela says she was in perfect health, and the family knew she could make a difference, no matter how old she was.

Likewise, there's an assumption that illnesses may leave an older potential donor unable to give the greatest gift of all. Individuals who have a history of cancer may be donors, and those with diabetes are also able to offer others a second chance at life.

“I knew this was an opportunity that not everyone has, to be able to donate her organs, so I started to ask the nurses if there was anyone in charge of organ donation,” Maricela said when her sister was transported to a Central Texas hospital and declared brain dead.

Maricela said she knew her sister – whom she described as a “beautiful, spontaneous hard worker” – would have agreed to donation. In fact, the sisters had discussed their decision to save lives in the past.

“She was always helping,” Maricela said of her sister, who saved five lives. “She lived to serve, and she died serving others even though they are strangers. It's very beautiful.”

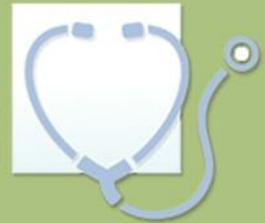
Don't count yourself out. Let the medical professionals decide which organs or tissues could help change lives. Likewise, remove the burden from your family for having to decide by registering as a lifesaving organ donor with Donate Life Texas.

“We have to be open minded and help others if we have the ability,” Maricela says of donation over the age of 50. “If there is a family in pain, and you can help them, what is the reason to not help? The power we have to help others is a privilege – it's beautiful. We need to change our culture.”

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Building a Culture of Donation

Texas Organ Sharing Alliance works closely with more than 120 hospitals in Central and South Texas to facilitate the organ donation process. A team of specially trained Hospital Development staff helps make this possible by nurturing professional relationships with hospital administration and staff members, forming donation councils and identifying and resolving barriers that may hinder donation.

“The hospital staff’s job is to save lives, and even though every life-saving effort is made, there are occasions when a patient passes away. It is then the hospital notifies Texas Organ Sharing Alliance about the opportunity for donation,” states senior director of quality and hospital development services Jessica Tootle. “We are then able to assess the patient for donation viability and speak with family members about the opportunity.”

In addition to making donation possible, the Hospital Development team encourages hospital partners to generate a culture of organ donation within their facilities. Some of those ways include honoring donors and their families with memorials and events in their hospitals.

Hospitals are also encouraged to participate in a special National Hospital Organ Donation campaign spearheaded by the Health Resources and Services Administration. The campaign challenges hospitals to educate staff and the community about organ, eye and tissue donation. Hospitals earn points for each awareness event and donor registration drive they have. In the past year, 40 hospitals in TOSA’s service have participated. Those facilities and their participation level are listed at right.



PLATINUM

- Baptist Medical Center
- Baylor Scott & White Hillcrest Medical Center
- Dell Children’s Medical Center of Central Texas
- Doctors Hospital at Renaissance
- Edinburg Regional Medical Center - Edinburg Children’s Hospital
- Knapp Medical Center
- Methodist Children’s Hospital
- Methodist Hospital
- Metroplex Adventist Hospital
- Mission Trail Baptist Hospital
- North Central Baptist Hospital
- Northeast Baptist Hospital
- Seton Medical Center Austin
- Seton Medical Center Williamson
- Shannon Medical Center
- South Texas Veterans Health Care System
- St. Luke’s Baptist Hospital
- University Health System - University Hospital
- University Medical Center Brackenridge
- Valley Baptist Medical Center – Brownsville
- Valley Baptist Medical Center – Harlingen
- Valley Regional Medical Center

GOLD

- Harlingen Medical Center
- McAllen Heart Hospital
- McAllen Medical Center
- Mission Regional Medical Center

SILVER

- CHRISTUS Santa Rosa Health System
- Lakeway Regional Medical Center
- Providence Hospital
- Resolute Healthcare
- Rio Grande Regional Hospital
- San Antonio Military Medical Center
- Seton Medical Center Hays
- St. David’s Medical Center
- St. David’s North Austin Medical Center
- The Children’s Hospital of San Antonio

BRONZE

- Solara Hospitals - McAllen and Edinburg
- St. David’s Georgetown Hospital
- St. David’s South Austin Medical Center
- Starr County Memorial Hospital

The Basic Path of Organ Donation

The donation process begins with a decision. You decide you want to help people with end-stage disease by donating your organs when you die. Your body, after all, is finished with them.

When your time comes, perhaps decades later, your organs may be used to save many lives. People most frequently become donors following a stroke, heart attack or severe head injury.

Even though cases vary, the following describes the basic steps in donation after an accident.

Transport



A specialized team of EMTs and paramedics begin lifesaving efforts at the scene. They also contact emergency-room doctors during transport.

Treatment



When the team arrives, ER doctors and nurses have advanced life-support equipment ready. They evaluate injuries and continue lifesaving measures, including a ventilator, IV fluid, blood replacement and drugs to help the heart keep beating.

Intensive Care



After vital signs stabilize, the patient is transferred to the ICU, where a doctor performs special tests to see how much damage has been done to the brain and organs. The medical team continues advanced life-support during the tests.

Consent Given



The doctor talks to the family about the patient's death. Then, someone from the OPO or specially trained hospital staff talks to the family about donation. The family is given time to think about it and ask questions before they decide.



The decision is easier if the patient is listed on the state donor registry, and if the family had previously discussed donation. Visit www.donatelife.net to register as an organ donor.

Evaluation



For registered donors, a specially trained nurse from the organ procurement organization (OPO) goes to the hospital to see if the patient is medically suitable to be a donor.

Brain Death Declared



Brain death is diagnosed as an irreversible loss of blood flow to the brain, causing the brain to die. After brain death, the donor's body is kept functioning by artificial means, such as ventilator support.

Placement



The donor's blood type, height, weight and the ZIP code of the hospital are entered into UNOS' national computer system—the beginning of organ allocation. Appropriate candidates are found for whom the donor's organs are the best match. Timing is especially important at this step and during recovery.

Organ Recovery



The donor is taken to an operating room, where organs are surgically removed by a transplant surgeon. After the organs are "recovered," they are taken to the transplant hospitals where the candidates are waiting.

Follow-Up



A few weeks later, the OPO sends a letter to the donor's family, explaining which organs were transplanted but keeping confidential recipients' names. Most OPOs continue to provide support to donor families, such as bereavement counseling and, later, memorial events.

Funeral



After donation, the donor is taken to a funeral home, and the OPO works with the funeral director to avoid delays in the funeral. Because organ donation is rarely disfiguring, the family can have an open casket.

www.unos.org

UNOS gratefully acknowledges Mid-America Transplant Services, whose "How Donation Works," provided the explanation upon which this poster is based.

Courtesy United Network for Organ Sharing (UNOS)

Beyond the Red, White and Blue: The Legacy Continues

For three San Antonio military veterans, one of the most heroic acts they witnessed was not on the battlefield, but on the home front, when a stranger gave them the “Gift of Life.”

Here are their inspiring stories...

A Soldier’s Heart

In 1982, Tom Morrissey was a 22-year-old man committed to making a difference by serving his country in the U.S. Army as part of the first Gulf War, liberating Kuwait City.

In 2005, Tom would face another battle — his own demise. Stationed in Germany as a First Sergeant in an Artillery Battery, Tom was given the grim news he was dying, and his one chance of survival was a heart transplant. “I was being treated for bronchitis, then tests showed I was suffering heart failure,” Tom said.

During Thanksgiving 2006, Tom received the precious heart of a young man named Marvin. Expressing his appreciation, Tom wrote to his donor’s mom for five years without a response. “Knowing how emotional her decision must have been, I was patient,” Tom remarked. “Then there it was! A letter from Rutha.”

In 2016, Tom delivered his heartfelt thanks in person. “The selfless gift that Marvin and his mom granted me changed my life. I’m alive! I am happy,” he said.



The “Gift of Life”

For Retired Army Nurse Corps Officer Debra Aparicio, Christmas 2004 was fast approaching, and she knew she was on borrowed time — given only three years to live if she didn’t receive a lung transplant. “The biggest pain in my heart was to leave my loved ones behind,” she said.

Back in 2001, the Lieutenant Colonel was ready to retire when a routine military fitness test led to a terrible diagnoses of idiopathic pulmonary fibrosis, or hardening of the lung.

By 2002, she struggled to breathe, making the need for her transplant urgent. She waited for two months before her Christmas miracle came. On December 22, 2004, Debra received a



left lung. “I remember waking up and taking deep breaths,” Debra recounted. Her hero, 16-year-old Kevin.

In 2008, Debra met Kevin’s parents. As a result of his precious gift, she has watched grandchildren grow, volunteered numerous hours with TOSA and Brooke Army Medical Center, traveled the world, and everyday she tells her husband and family how much she loves them.

“This soldier has a new mission in life,” Debra says, “Kevin’s legacy!”

Living for Three

In 1966, with war raging, joining the military was not for the faint of heart. Yet 17-year-old Earl Taylor was ready to serve. “I loved the military; we took care of each other,” said Earl.

Upon retirement, after serving 24 years, he became a deacon in his church and was enjoying life with his wife, Grace. But at 47 years old, a strong and healthy Earl started experiencing complications. “I couldn’t breathe. Walking across the room was impossible,” said Earl.

Most would have given up any hope, but Earl pressed forward when presented with the option for a heart transplant. “I can do all things through Christ, who strengthens me,” he said.

In 1997, his prayers were answered; a young donor named Joe gave Earl a new heart. “I was living for two, and receiving Joe’s heart changed my whole outlook on life,” Earl said. He would later meet Joe’s mom, whose one desire was to meet the man who had her son’s “good heart.”

For 17 years, Earl carried Joe’s heart while advocating for others on the waiting list and keeping a strict medical regimen. But in 2014, a severe illness attacked his body. Earl was now in his 60’s, in need of a new heart and a kidney. “I was sad, but thankful to Joe for giving me 17 more wonderful years of life,” Earl said.

To his surprise, his doctor said he qualified to be a candidate to receive again. After some time, a family in their time of grief had given him a second chance at life. Earl now lives for three. Simply put, “I am blessed,” Earl said.



Jui-Lien Chou, M.D.

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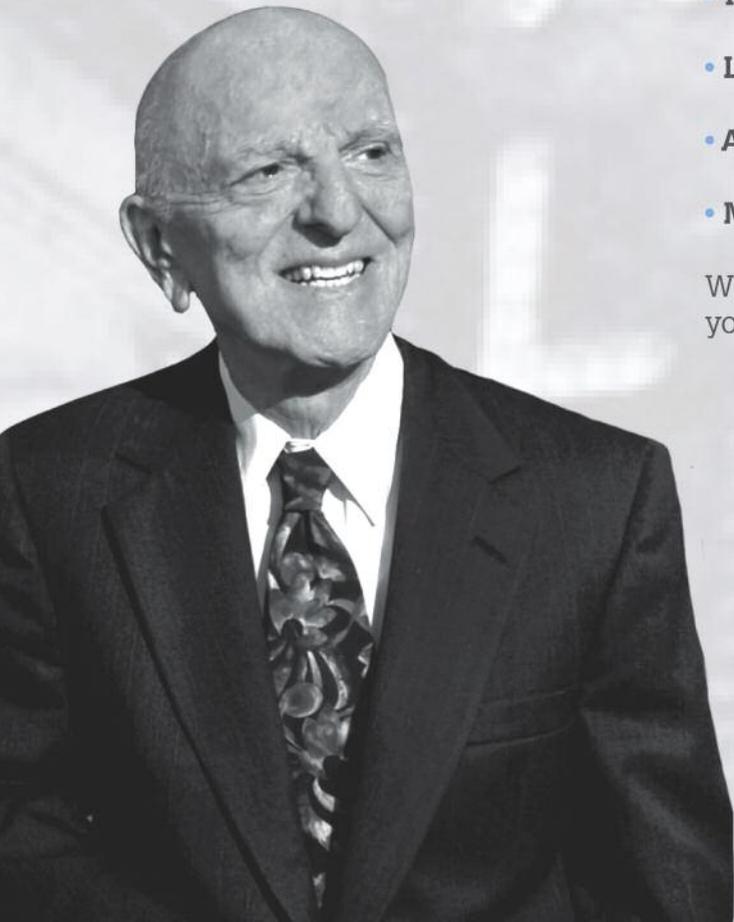
To him, these were more than just movie tickets.

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ART is what makes us human

KATIE LUBER GUIDES THE
SAN ANTONIO MUSEUM OF ART
IN THE RIGHT DIRECTION

BY JASMINA WELLINGHOFF
PHOTOGRAPHY BY JANET ROGERS



The roof was damaged by hail and the Cowden Gallery Pop Art exhibit had to be closed earlier than planned, but on this sunny day in May when I arrive to interview director Katherine “Katie” Luber, there’s a new excitement at the San Antonio Museum of Art.

Plans are already underway to install the next special exhibition, *Highest Heaven- Spanish and Portuguese Colonial Art from the Collection of Roberta and Richard Huber*, which will remain on view till Sept. 4. Though SAMA has a strong Latin American collection of its own, *Highest Heaven* focuses on countries such as Brazil, Bolivia, Peru and Argentina rather than Mexico and Central America.

The museum got a chance to show the collection thanks to Luber’s professional connections. Back in the 1990s, she worked as a curator of another Latin American show in Philadelphia that included works the Hubers had collected over many years. “We became friends and have stayed in touch,” she says. “So I asked them if they would let SAMA show their collection, and they agreed if we could turn it into a traveling exhibit. We did. It will go to Worcester, Mass., and Sacramento, Calif., after it closes here. For us, it’s a unique glimpse into South American art, which is very different from Mexican art. The study of this colonial art is in its infancy right now. The artists and artisans of South America saw the European Christian art but rendered it in their own visual language. That’s what thrills me about it.”

Indeed. One delightful 18th century painting shows the Virgin Mary washing Jesus’ diapers while Joseph holds the baby Jesus nearby. And several ivory sculptures of the Christ Child show baby Jesus like you have never seen him before. Other surprises abound — in the iconog-

raphy, background details and the juxtaposition of European and Andean elements. The wonderful catalog puts it all in historical and religious context. “It will be hugely popular,” predicts Luber.

But *Heaven* is not the only thing on the director’s mind. A bunch of other projects are underway, including the relocation of the heating/air conditioning equipment from the top of the museum building to a \$6.2 million facility that will be built across the street. It’s one of those essential but hardly glamorous things that need to be done to, among other things, maintain accreditation by the American Alliance of Museums. The money came from the city’s 2012 bond program and the fundraising efforts of the board, though it took some convincing. One trustee reportedly asked, “What, you want me to put my name on a boiler?” Yet it is an important “investment in the future,” notes Luber. Having boilers and old piping right above the art galleries is not a good setup.

Several other parts of the museum building will receive attention as well. Work on the renovation of the auditorium and the European art gallery is scheduled to start this summer, and a few utilitarian facilities will be improved, too. In addition, CPS is likely to “convey” part of its land on Jones Avenue to SAMA, opening up expansion opportunities.

This forward momentum fits perfectly with Luber’s vision for the still young institution, which opened its doors in 1981. “I was hired to raise the national profile of the museum,” she explains. “We have extraordinary collections — a comprehensive antiquities collection, a strong Asian one as well as a Latin American collection. We recently received a gift of 100 pieces of aboriginal art from Australia. We have



TITLE: "Rest on the Flight into Egypt"; 18th century Bolivian painting, included in "Highest Heaven" summer exhibit at SAMA.

European art and contemporary art. Our mission is to be encyclopedic in scope. This museum has to be the place where citizens can come to see the best art from around the world."

Under her leadership, SAMA has substantially extended its community outreach, added to the curatorial staff and in-

creased its membership by 218 percent since 2011. The variety of exhibitions has certainly played a key role, from *Glories of the Baroque* and samurai weaponry to Matisse, Picasso-inspired tapestries, Rodin and Pop Art

"I like the shared humanity of art," says the friendly director. "Art is the highest creation of the human spirit; it tells us about ourselves in a way that we cannot discern otherwise. It's what makes us human."

Good with People

One of Lubber's earliest memories is of her mother pushing her in a stroller while visiting the Houston Museum of Fine Art. Not surprisingly, as a preschooler, little Katie was already taking art classes, and by high school she was working part-time at a Houston gallery. "I mainly answered the phone, but it was fun," she recalls. Though she started college with pre-med ambitions, by her sophomore year she had switched her major to art history.

"Art history can be a portal to other disciplines. You can study history, religion, social mores, all through art," she observes. "It's a lens on so many other things." She eventually received a master's degree in art history from UT Austin, followed by a Ph.D. from Bryn Mawr College. A couple of museum internships and a year in art-rich Vienna rounded out her education. In 1993, the young scholar joined the Department of European Paintings at the Philadelphia Museum of Art as the curator of the John G. Johnson collection of old masters. During her 10-year tenure in Philadelphia, she curated a number of shows and supervised the installation of others while also overseeing

other aspects of the museum operation. In addition, she is the author of scholarly papers on Renaissance painting.

"Along the way, I learned that I was a good administrator and good with people, so I started thinking about getting an MBA," she says. A chance presented itself when her husband, Philip, an academic psychiatrist and currently a professor at UTHSC, accepted a teaching job in Baltimore. The couple had maintained a healthy marriage for six years while working in different cities – he in New York, she in Philadelphia for five of those years – but commuting from Baltimore for an indefinite period of time seemed too impractical. So Lubber decided to get that MBA and in 2005 started a spice business with a friend. "It was a lark," she says with a laugh, "but a fun lark." Spices were big in Baltimore, where the McCormick Corporation was headquartered for decades, and downtown smelled of cinnamon and oregano. Though the logistics of running a business appealed to her, SAMA's offer clearly proved more attractive.

Since her arrival, Lubber has put emphasis on customer service and implemented programs in which visitors and nonvisitors have expressed an interest. She is also known for her networking zeal and readiness to reach out to various constituencies. "That's part of my job. I like knowing people, knowing the community," she notes. Fundraising and cultivating collectors are also part of the game, given that 57 percent of the annual revenue in 2015 came from private contributions. In addition, she takes part "in 85 percent of events."

So, is there a spot in the beautiful museum where she retreats for a quiet time? Without hesitation, she mentions a couple: the West Courtyard and the Roman Gallery in the Ewing Halsell Wing, a serene place of cool marble statues and soft light filtering through the louvers. That's a perk many would envy.

Tricentennial Co-Chair

In barely five years, Lubber has become a well-known personality on the local cultural scene and is presently one of the co-chairs of the city's 300th anniversary celebration, in charge of the arts and culture part. She recently traveled to Spain with city officials to invite the king and queen to visit us in 2018 and to make other cultural and trade connections. In a note to me she wrote: "... 2018 promises to be the year when everyone will want to visit San Antonio. We hope they experience a thriving, welcoming and exciting city filled to the bursting with cultural opportunities."



CITYSCENE By JASMINA WELLINGHOFF

Museums are great places to visit in the summer

When was the last time you visited the Witte Museum?

If it has been more than a couple of years, you are in for a big surprise. The venerable San Antonio institution has been undergoing a \$100 million transformation that will ultimately more than double its space and substantially extend its footprint along Broadway. By the time the construction wraps up, the entire complex will look so different that it will truly be the New Witte, as the museum officials call it.

But don't wait until the last stone is put into place. Museums are great places to visit in the summer, and the Witte has brought to town an exciting traveling exhibition that explores the world of the ancient Maya, who have intrigued scholars and the public since the middle of the 19th century. That's when the ruins of their cities were first

discovered in the jungles of Central America. Thanks to a new understanding of Mayan hieroglyphs, knowledge about their way of life has taken a leap forward in recent decades.

Called *Maya: Hidden Worlds Revealed*, the exhibition is divided into a number of sections that tell different aspects of the Maya story, from Master Builders and Watching the Skies to Death and Rebirth, and Making a Living. There are more than 200 authentic artifacts; large sculptural replicas of architectural elements, such as a life-size frieze from a Belize pyramid and two imposing carved pillars called stelae; videos of archeologists, ethnographers and other scholars talking about their work; and interactive stations that are both educational and fun. You could try your hand at building the typical Maya arch, see what your name looks like written Maya style or use some tools to help you understand how ancient "dentists" drilled holes in their patients' teeth to insert precious stones.

Don't rush through the rooms. Read the various descriptions and listen to the recorded explanations. You could also get some guidance from Ixchel, the goddess of fertility and motherhood, who graciously offers her help. Before exiting, watch contemporary Maya talk about rediscovering their heritage.

It's all quite absorbing. Numerous programs and events are scheduled in conjunction with the exhibit, which runs through Sept.5. (www.witemuseum.org).

Just down the street from the Witte, the San Antonio Museum of



Courtesy Witte Museum - Photo by Kurtis Kronk

Art also has a wonderful treat for us this summer. The opulent exhibit *Highest Heaven: Spanish and Portuguese Colonial Art from the Collection of Roberta and Richard Huber* is a unique opportunity to see colonial art, furniture, silver and ivories from South American countries such as Brazil, Peru and Bolivia. Inspired and influenced by European Christian art, the South American artists nevertheless put their own stamp on the images of saints and the holy family in an endearing and often startling way. Thus, one painting portrays the Virgin Mary washing Jesus' diapers while Joseph holds baby Jesus and little angels play nearby. So far, I have only seen the catalog, but I feel comfortable saying: Don't miss this one! (www.samuseum.org; see ArtBeat in this issue).

For a very different experience, head to the McNay, where a more recent past is on display in *Coney Island: Visions of an American Dreamland, 1861-2008*. For New Yorkers, the very mention of Coney Island evokes memories of summer fun. One person was even nostalgic for the smell of the amusement parks. You'll have to imagine the smell while visiting the McNay galleries, but the show has a lot to see — more than 140 objects, including art and memorabilia. Not being an amusement park aficionado, I found the art far more interesting. Featured artists include William Merritt Chase, Joseph Stella, Diane Arbus, Yasuo Kuniyoshi, Reginald Marsh, Red Grooms and others. (www.mcnayart.org).

Our museums are cool, in every sense of the word.



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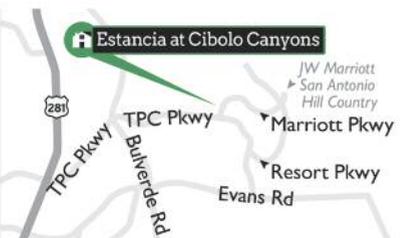
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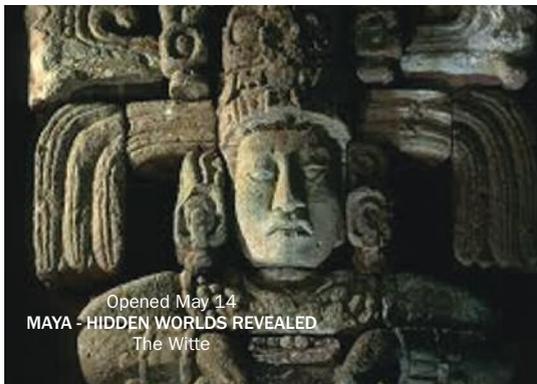




LEARN ABOUT
THE MAYA THIS
SUMMER
The Witte



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Opened May 14
MAYA - HIDDEN WORLDS REVEALED
The Witte

Through Sept 5 **MAYA - HIDDEN WORLDS REVEALED**

Presented at the new Mays Family Center at the Witte
This is the largest traveling exhibition about the Maya ever to tour the United States, and this is the Texas premiere of the exhibition. The exhibit uses a combination of authentic artifacts along with multimedia and interactive, hands-on activities to reveal our deep ties to this astonishing civilization. Experience the way Mayans lived, learn their calendars, mathematics, and cosmology through interactive opportunities. Please note: The exhibit is massive, the largest ever at the Witte, so we recommend scheduling a longer than average time to enjoy the exhibition, and its demonstrations and programs.
www.wittemuseum.org

Permanent Exhibit Now Open **THE BATTLE FOR TEXAS EXHIBIT**

*Alamo Plaza at Blum Street
Inside the Shops at Rivercenter*
Now open at the Rivercenter Mall on the River Walk, *The Battle For Texas* exhibit is a one-of-a-kind experience bringing visitors on an emotional journey through the 13 fateful days of battle that gave birth to The great state of Texas. The exhibit comprises an extraordinary collection of never-seen-before artifacts. See Davy Crockett's long knife, Santa Anna's captured sash pistol, sword and scabbard plus Juan Seguin's holster. Additional artifacts include flags, cannonballs and Mexican infantry uniforms and helmets.
www.battlefortexas.com



July 2
AMERICA
The Tobin Center

July and August **SUMMER DANCE HALL MUSIC SERIES**

The Pearl Brewery, Wednesday evenings
Dust off your dancing shoes and get ready to twirl your partner around the floor! In partnership with jazz legend Doc Watkins, we're proud to present a free Summer Dance Hall Music Series every Wednesday through July and August.
www.atpearl.com

July and August **MATHEMATICS AT THE DOSEUM**

The Doseum
The DoSeum welcomes its first-ever summer exhibit. Mathletics is part training center and part brain-boosting program. Visitors of all ages are invited to flex their math muscles in a playful, full-body exploration of ratios, proportions, and other fundamental math concepts. Kids can combat summer learning loss by participating in the Mathletics Summer Challenge, which is divided into five categories, each containing several challenges to be completed at home, around the neighborhood, around the city, and at The DoSeum. For each category completed, kids will receive a special medal. Once all categories have been completed, kids are invited to participate in the D'Olympics on August 13th, and are entered to win a birthday party at The DoSeum.
www.thedoseum.org

July 2 **AMERICA**

The Tobin Center, 8pm
This band harmonized their way to the top of the charts on the strength of their signature song *A Horse With No Name*. America became a global household name and paved the way with an impressive string of hits following the success of their first #1 single that included, *I Need You*, *Ventura Highway*, *Don't Cross The River*, *Tin Man*, *Lonely People*, and *Sister Golden Hair*. Forty-plus years later, these friends are still making music together, touring the world and thrilling audiences with their timeless sound.
www.thetobincenter.org



July 10
JIM GAFFIGAN
The Majestic Theater



July 10 **JIM GAFFIGAN FULLY DRESSED TOUR**

The Majestic Theatre, 7pm
Jim Gaffigan is a Grammy-nominated comedian, *New York Times* best-selling author, top touring performer, and multi-platinum-selling father of five. He recently wrapped the first season of his semi-fictional television show, *The Jim Gaffigan Show*, which TV Land picked up for a second season and premieres this summer. Join him for his stand-up act for one night only at the Majestic Theatre.
www.majesticempire.com

July 12 -14 **SUMMER TEACHER INSTITUTE: MODERN MASTERS**

The McNay, 10am-4pm
Educators study the artists of the avant-garde that defined and shaped modern art in the 19th and 20th centuries. By exploring the work and biographies of three artists—Auguste Rodin, Gabriele Münter, and Fernand Léger—

teachers gain insight into the complex relationships between student and teacher, important artist communities, and the effects of international conflicts. Over three days, hear from experts, experiment with materials, and study works of art in the McNay's permanent collection and upcoming exhibition from the Brooklyn Museum of Art.
www.mcnyart.org

July 14 **TED NUGENT**

The Tobin Center, 8pm
To millions of music lovers, Ted Nugent has carved a permanent place in rock and roll history as the guitar-shredding showman, selling more than 40 million albums, performing more than 6,400 high-octane concerts, and continuing to set attendance records at venues around the globe.
www.thetobincenter.org

July 15 **LORETTA LYNN**

The Majestic Theatre, 8pm
Loretta Lynn's instantly recognizable delivery makes for one of the greatest voices in music history. With hits such as *I'm a Honky Tonk Girl*, *Don't Come Home A-Drinkin'*, *Somebody Somewhere*, *You Ain't Woman Enough*, *Out of My Head and Back in My Bed*, *Success*, *I Lie*, *Coal Miner's Daughter* and *You're Lookin' at Country*, no songwriter has a

(EDITOR'S PICK)

July 22 and 23 **GARTH BROOKS WORLD TOUR**

The AT&T Center, 7pm
The electrifying return of America's most powerful concert force and No.1 selling solo artist in U.S. history! Garth Brooks makes his first appearance in San Antonio in 18 Years! Buy ONLY at the following: www.ticketmaster.com or ticketmaster.com/garthbrooks.
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more distinctive body of work. Loretta Lynn's life is still a work in progress. She's still out there on the road, still writing songs and still recording them as only she can.
www.majesticempire.com

**July 21
 BRIDAL OPEN HOUSE**

The McNay, 6-8pm
 Take this time to explore our beautiful venue and picture your wedding at the McNay! Meet our preferred vendors and approved caterers. Event staff will be on-site to answer any questions you may have. Door prizes for brides in attendance only.
www.mcnyart.org

**July 24
 THE STEVE MILLER BAND**

The Majestic Theatre, 7:30pm
 Steve Miller crafted a brand of rock 'n' roll music that was polished, exciting and irresistible, and that has dominated radio through today. Hit followed hit in an endless flow: *The Joker*, *Livin' in the USA*, *Take the Money and Run*, *Rock'n Me*, *Fly Like an Eagle*, *Jet Airliner*, *Jungle Love*, and *Abacadabra* among them.
www.majesticempire.com

**July 24
 AN EVENING WITH
 BILL MAHER**

The Majestic Theatre, 8pm
 Bill Maher set the boundaries of where political humor can go, first on his show *Politically Incorrect* and for the last 13 years on *HBO's Real Time with Bill Maher*. His combination of unflinching honesty and big laughs have garnered him 34 Emmy nominations. See him for a spectacular night of stand-up.
www.thetobincenter.org

**August 6
 THE FORD CANOE CHALLENGE**

The River Walk, 7-11am
 Local celebrities, corporate teams, the general public and Boy Scouts and Girl Scouts compete in timed heats through the downtown area of the River Walk. It is the only event that allows people to canoe the downtown River Walk. This event is fun to watch and even more fun to participate in!
www.thesanantonioriverwalk.com

**August 6-7
 DOG DAYS**

The San Antonio Botanical Garden
 A dog-friendly weekend at the Garden. Doggie treats and pools of water will be available for your pup as you stroll and enjoy the sights and sounds of nature. \$5 donation per dog (on a leash, please) will go toward local animal-friendly charities.
www.sabot.org

**August 10
 FRANKIE VALLI AND
 THE FOUR SEASONS**

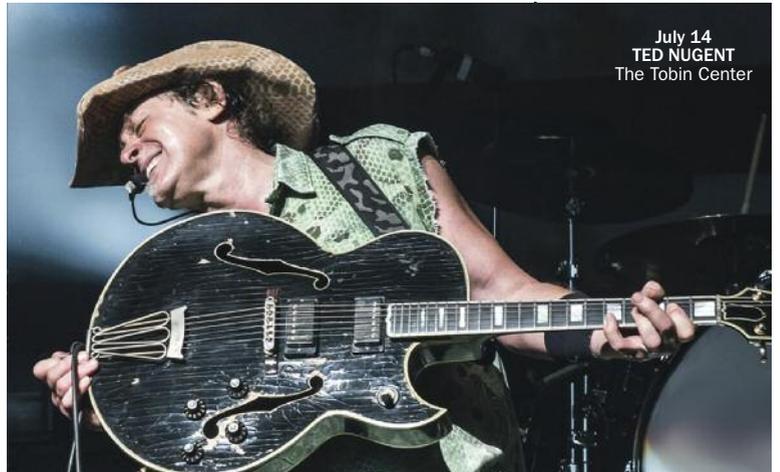
The Majestic Theatre, 8pm
 The original Jersey boy himself, Frankie Valli is a true American legend. His incredible career with the Four Seasons, as well as his solo success, has spawned countless hit singles like *Sherry*, *Grease Rag Doll*, *Can't Take My Eyes Off of You*, and more. His mega hit *Big Girl's Don't Cry* was inducted into the Grammy Hall of Fame in 2015. See him perform in front of thrilled fans from multiple generations.
www.majesticempire.com

**August 11
 BIG BAD
 VOODOO DADDY**

The Majestic Theatre, 8pm
 Forming in the early '90's and at the forefront of swing revival during midst of the grunge era, Big Bad Voodoo Daddy blended a vi-



August 11
BIG BAD VOODOO DADDY
 The Majestic Theatre



July 14
TED NUGENT
 The Tobin Center



August 4
CULTURE CLUB
 The Tobin Center

brant fusion of the classic American sounds of jazz, swing and Dixieland, with the energy and spirit of contemporary culture. Taking inspiration from the creators of this uniquely American art form, the band's original horn-infused music and legendary high energy show introduce the genre to a new and younger generation while remaining cognizant and respectful of the music's rich legacy.
www.majesticempire.com

drums and harmonica.
www.tobincenter.org

**August 13
 BILLY BOB THORNTON
 AND THE BOXMASTERS**

The Brauntex Theater, 8pm
 Oscar-winning actor Billy Bob Thornton and his band the Boxmasters will perform their unique brand of rockabilly in this wonderful, intimate theater.
www.brauntex.org

**August 11
 CLINT BLACK**

The Tobin Center, 8pm
 One of country music's biggest and brightest stars, Clint Black has sold over 20 million albums worldwide. While it's well-known that Black is an accomplished singer and guitarist, people may be surprised to learn that he is also proficient at other instruments, the

**August 20
 1964...
 THE TRIBUTE**

The Majestic Theatre, 8pm
 A great cover band that performs Beatles songs from their pre-Sgt. Pepper era. *1964* recreates an early '60's live Beatles concert complete with vintage instruments, costumes, hairstyles and hilarious onstage banter.
www.majesticempire.com



Hospitality with an Italian Accent EDERA IS ATTRACTING CROWDS

By LAUREN BROWNING
PHOTOGRAPHY BY JANET ROGERS

Edera Osteria-Enoteca opened earlier this year and is quickly gaining attention for delivering the details – in thought, word, and deed. A primary force in creating Edera and gathering a strong team of devoted staff is co-owner Cesar Amadore, considered one of the finest restaurant managers in the city. A sommelier friend put it simply, “I have already visited Edera five times, and I will keep going — because it’s Cesar; he is so highly regarded.”

For the industry conversant, Amadore formerly managed for Andrew Weissman and several other notable restaurateurs, earning a loyal following. Now that following is tracking him across Monte Vista’s border along San Pedro, minutes from downtown, I-10, and 281, where Edera is located.

I too, have been eager to explore the buzz surrounding this restaurant, also owned by Rep. Roland Gutierrez and his wife, Sarah. Yes, the talented chef Chris Carlson is cooking at Edera, formerly of Brigid and before that, The Sandbar – reasons to be curious, for sure. However, after a superb evening at Edera, followed by a captivating meeting with Amadore days later, my surface intrigue turned into genuine applause for the restaurant as a whole.

According to Amadore, “Edera was not created to be another faddish fine dining restaurant, but one built on the ideals of quality hospitality and a contemporary approachability.” With multiple rooms able to accommodate private parties and special events, including business meet-

ings requiring AV capacities, Edera is an accessible venue for any occasion. Whether for lunch or dinner, Edera’s difference is in the details.

The menu features classic Italian and Spanish dishes infused with fresh flair. The *gambas a la plancha* were tender and tasty and magnificent to behold – “jumbo prawns” meant jumbo. In a moment of hesitation, we almost did not order the *stracciatella di bufala* as our extra antipasti course. However, after hearing the server pose, “Do you not like gooey cheese and freshly made bread?” we quickly confirmed our order and later devoured it.

For our *primi* course, I could not resist trying their homemade *gnocchi*. There is an art to making it, as any *nonna* will attest, but both of Edera’s versions impressed, and we tasted the love. One was made with potato and one with semolina; both received much praise at our table. The *gnocchi di patate alla bava* came with an addictive sauce of fontina cheese, sage and butter — look for pillowy bliss. The *gnocchi di semolina* listed under the *contorni* (sides) part of the menu came with asparagus and béchamel — elegance and comfort on a plate.

I’m always ready for a creative salad, so in the *insalata di spinachi* it was a thrill to find passion fruit vinaigrette tossed in a delicious but healthful salad of spinach, kale, heirloom beets, cucumber, pickled onions and chèvre cheese. The balance of sweet, sour, salty and bitter worked beautifully. (It made such an impression, I am already thinking about requesting this salad with sautéed salmon on top when I visit for lunch soon.)



Insalata di Spinachi



Salmone Alla Griglia



Insalata di Spinachi



Salmone Alla Griglia

We ordered the *lubina a la sal* for our main course. When it arrived 25 minutes later (mental note), we felt like pure royalty as the whole fish came steaming out on a grand platter. The server gracefully removed the crust and properly deboned it tableside — a beautiful demonstration of true showmanship. The sea bass could not have been fresher. Delicate and moist, it was expertly cooked inside a carefully molded salt crust. The accompanying vegetables and lemon butter sauce complemented the fish luxuriously. There are many other tempting main courses, but none requires such lengthy cooking as this one.

Dessert is from the heart at Edera and should not be dismissed. Amadore's wife joins the team by making the desserts using several of her mother-in-law's prized recipes, including her exceptional *crema catalan*. We had a birthday in our group and without even making the news known to our server, out came a lovely treat from the kitchen: a decadent Valrhona chocolate mousse with a birthday candle.

The lunch menu is a modified version of the dinner with some new items added, including the popular beef tenderloin salad over mixed greens, avocado and sherry vinaigrette — dazzling on the plate and the palate.

The wine list is extensive but not overwhelming, filled with a stellar collection of more unusual wines from small distributors. Amadore, the full-fledged wine enthusiast and wine buyer, hosts weekly wine meetings for his staff to expand their wine knowledge. Our server was very well informed and guided us in discovering some lesser-

known Italian *vinifera* like Cortese in our Gavi di Gavi, pairing nicely with our sea bass.

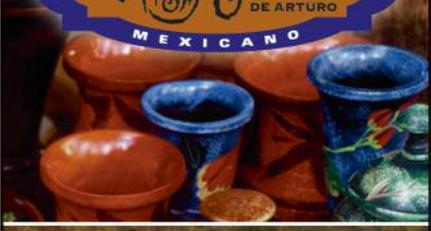
Thinking back on my meal at Edera, several of the special details brought our meal experience to life in a memorable way. One example occurred soon after we were seated. Instead of pouring water and taking drink orders, our server offered each of us a complimentary glass of prosecco "to welcome us," setting such a positive tone. Anyone who has traveled along the coastline of Spain or Italy and stopped into an inviting, family-run café tucked into one of the cliff-side villages or the hills just beyond, can understand the intentions behind Edera's mission to serve others as if they are guests in their own home.

Interestingly, Amadore grew up in Lugo, Spain, located in the northwest corner of Galicia. Perhaps the Old World high standards for hospitality are in his DNA. Maybe so, but it is his underlying delight in serving others that compels him each day. When I asked him to define "serving others," he replied, "It's showing others appreciation. It is also about helping others, which is part of everyday life, really."

Nationally acclaimed restaurateur Danny Meyer once said, "A great restaurant is one that just makes you feel like you're not sure whether you went out or you came home and confuses you. If it can do both of those things at the same time, you're hooked." Thanks to well-executed and approachable food, a comfortable atmosphere, compelling wines and personable service, Edera is well on its way. Bravo!

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J. ALEXANDER'S	555 E. Basse	824-0275
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ZEDRIC'S	5231 Broadway	824-6000

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FUJIYA	9030 Wurzbach	615-7553
GOLDEN WOK	8822 Wurzbach	615-8282
	8230 Marbach	674-2577
ILSONG GARDEN	6905 Blanco Rd.	366-4508
INDIA OVEN	1031 Patricia	366-1033
INDIA PALACE	8440 Fredericksburg	692-5262
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MENCIUS'S GOURMET	7959 Fredericksburg	615-1288
MON THAI BISTRO	4901 Broadway	822-3253
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	15900 La Cantera Pkwy	507-6500
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SUSHI ZUSHI	IH-10 W. and Wurzbach	691-3332

SUSHI ZUSHI	203 S. St. Mary's	472-2900
	999 E. Basse	826-8500
	18720 Stone Oak	545-6100
TAIPEI	2211 N.W. Military	366-3012
	18802 Stone Oak	403-3316
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	700 E. Sonterra Blvd.	798-5466
LÜKE	125 E. Houston	227-5853
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SAVEURS 209	209 Broadway	639-3165
WAXY O'CONNOR'S	234 River Walk	229-9299

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BIG'Z BURGER JOINT	2303 N. Loop 1604 W.	408-2029
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CHEESY JANE'S	4200 Broadway	826-0800
CHESTER'S HAMBURGERS	1006 N.E. Loop 410	805-8600
	9980 IH-10 W.	699-1222
	16609 San Pedro	494-3333
	621 Pat Booker	658-3000
FATTY'S	1624 E. Commerce	299-8110
FUDDRUCKERS	115 Alamo Plaza	223-9944
	8602 Botts Ln.	824-6703

GOURMET BURGER GRILL	18414 Hwy. 281 N.	545-3800
LONGHORN CAFE	17625 Blanco Rd.	492-0301
MO MAK'S	13838 Jones Maltsberger	481-3600
SAM'S BURGER JOINT	330 E. Grayson St.	223-2830
TEXAS HAMBURGER CO	9010 Huebner Rd.	699-1189
TIMBO'S	1639 Broadway	223-1028

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ALDINO AT THE VINEYARD	1203 N. Loop 1604 W.	340-0000
ALDO'S RISTORANTE	8539 Fredericksburg	696-2536
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LITTLE ITALY	824 Afterglow	349-2060
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	401 South Alamo	888-7030
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MILANO RISTORANTE	11802 Wurzbach	493-3611
PAESANDS	555 E. Basse	828-5191
	111 W. Crockett	227-2782
PIATTI	Loop 1604 at N.W. Military	493-1604
PIATTI EILAN	255 E. Basse	832-0300
PICCOLO'S	1701 La Cantera Pkwy., #7	251-3542
POMPEII ITALIAN GRILL	5703 Evers Rd.	647-5524
TRE TRATTORIA	16019 Nacogdoches	946-5518
	4003 Broadway	805-0333

MEDITERRANEAN

DEMO'S	7115 Blanco	342-2772
	2501 N. St. Mary's	732-7777
COPA WINE BAR	19141 Stone Oak Pkwy.	495-2672
GREEK TO ME	5440 Babcock Rd.	699-6688
JERUSALEM GRILL	3259 Wurzbach Rd.	680-8400
JOHN THE GREEK	16602 San Pedro	403-0565
MIMI & DIMI'S	7159 W US Hwy 90	674-3464
PAPOULI'S GRILL	8250 Agora Pkwy., #120	659-2244
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	11224 Huebner, #201	641-1313

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	20079 Stone Oak Pkwy.	494-0561
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BETO'S	8421 Broadway	930-9393
CIELITO LINDO	19141 Stone Oak Pkwy.	545-6965
EL CHAPARRAL	15103 Bandera	695-8302
	2838 N. Loop 1604	490-8302
EL MIRADOR	722 S. St. Mary's	225-9444
EL MIRASOL ALTA COCINA	13489 Blanco	479-8765
IRON CACTUS MEXICAN GRILL	200 River Walk	224-9835
LA FOGATA	2427 Vance Jackson	340-1337
LA FONDA ALAMO HEIGHTS	1633 Crownhill	824-4231
LA FONDA ON MAIN	2415 N. Main	733-0621
LA FONDA OAK HILLS	350 Northaven	342-8981
LA HACIENDA DE LOS BARRIOS	18747 Redland Rd.	497-8000
LA MARGARITA	120 Produce Row	227-7140
LOS BARRIOS	4223 Blanco	732-6017
MAMACITA'S	8030 IH-10 W.	341-5424
MI TIERRA CAFE AND BAKERY	218 Produce Row	225-1262

ORIGINAL MEXICAN	528 River Walk	224-9951
PALOMA BLANCA	5800 Broadway	822-6151
PALOMA RIVER WALK	215 Losoya	212-0566
PAPPASITO'S CANTINA	10501 IH-10 W.	691-8974
PERICO'S BAR AND GRILL	10820 Bandera	684-5376
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	11523 Bandera	558-6788
SAZO'S LATIN GRILL	101 Bowie	223-1000
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SILO TERRACE OYSTER BAR	22211 IH-10 West	698-2002
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FRANCESCA'S AT SUNSET	16641 La Cantera Pkwy.	558-6500
ORO RESTAURANT AND BAR	705 E. Houston	225-5100

STEAKS

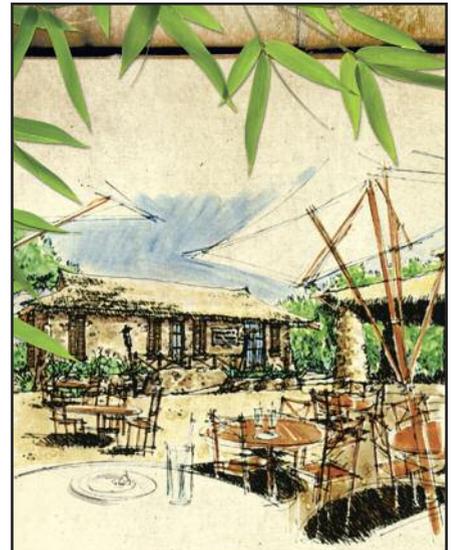
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GREY MOSS INN	10901 Scenic Loop	695-8301
KIRBY'S STEAKHOUSE	123 N. Loop 1604 E.	404-2221
LITTLE RHEIN STEAKHOUSE	231 S. Alamo	225-1212
MORTON'S STEAKHOUSE	849 E. Commerce	228-0700
MYRON'S STEAKHOUSE	10003 N.W. Military	493-3031
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W WOMEN ON THE MOVE



Julie Dahlberg

Julie Dahlberg is a first-time executive director, leading Pay It Forward Ministries, a San Antonio charity that helps keep recovering alcoholics and addicts from becoming or returning to homelessness due to addiction. Her background is in program development and fundraising while serving great local charities which address the needs of military members and families, homeless persons, and those with disabilities.



Alyssa Hartlage

Broadway Bank welcomes Alyssa Hartlage as senior vice president, commercial real estate lender in the Commercial Banking Division. She brings almost 13 years of commercial real estate lending and underwriting experience. Hartlage holds a Bachelor of Business Administration in finance from Texas A&M University and a Master of Business Administration from the University of Texas at San Antonio. She serves on the board of directors for Respite Care of San Antonio, is a member of the Real Estate Council of San Antonio and CREW (Commercial Real Estate Women) and the International Council of Shopping Centers.



Kelly Lovejoy

Kelly Lovejoy, eBanking supervisor, has been named assistant vice president at Broadway Bank. Lovejoy joined Broadway Bank in June 2009 as a customer service representative. She has a Bachelor of Arts in human resources from Concordia University.



Cindi Nellis

Cindi Nellis joined Clinical Trials of Texas, Inc. as marketing and community outreach manager in August 2015. She had previously worked as a consultant and as marketing manager of a startup telecom company. For more than 15 years she worked in the digital space, working for companies such as the New York Times and NBCUniversal. She has a degree in journalism from Abilene Christian University.



Wendy Rigby

Wendy Rigby is Texas Public Radios' (TPR) new bioscience and medicine reporter beginning June 27. Rigby has served as a television reporter for more than 20 years. The Emmy Award-winning journalist will devote her time to covering San Antonio's diverse mix of nationally-recognized healthcare systems, highly-regarded research institutions, health profession education programs, cutting-edge biotech companies and national corporations. Her pieces will air regularly on TPR stations.



Debra Watson

Debra Watson, deposit applications specialist, has been named assistant vice president in the information technology division. She began her career at Broadway Bank in 2008 as a help desk administrator and was promoted to a client support analyst in 2010. Watson holds a Bachelor in Business Administration - computer information systems from the University of Louisiana at Monroe.

Weddings



Mr. and Mrs. Daniel David Morrison
(Eleanora Maria Leeper)
March 5, 2016

David Sixt Photography



Mr. and Mrs. Michael Dominick Diserio
(Christa Aissa Acuna)
March 12, 2016

David Sixt Photography



Mr. and Mrs. Patrick Ballantyne
(Adria Gardner)
March 26, 2016

Jenna-Beth Lyde/Parish Photography



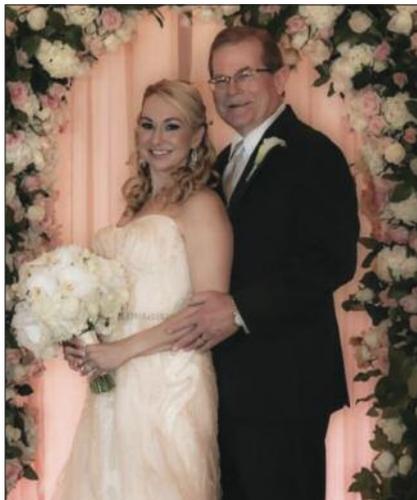
Mr. and Mrs. Christopher William Bennert
(Kaitlin Elizabeth McManus)
March 19, 2016

David Sixt Photography



Mr. and Mrs. Micah Zeke Deary
(Kelly Patricia Archer)
April 2, 2016

David Sixt Photography



Mr. and Mrs. Rusty Rush
(Jeni Rush)
April 16, 2016

Photo by Goen South

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